

1. Mazowiecki Mityng Ogólnopolski 2026

WARSZAWA (PODSKARBIŃSKA), 23 - 24.05.2026

MEŻCZYŹNI/MEN

100 m M

| FINAŁ A | +0.7 m/s | 18:39 | | |
|------------------------|---------------------------------|-------|-------|-----|
| 1 KOMAŃSKI Albert | 07.02.2000 CWKS Resovia Rzeszów | PK | 10.39 | SB |
| 2 BUCZYŃSKI Kacper | 07.04.2006 MKS Bank BS Płońsk | MZ | 10.48 | SB |
| 3 DYMIŃSKI Nikodem | 25.02.2008 BKL Bełchatów | LD | 10.54 | |
| 4 JASIŃSKI Łukasz | 18.02.2008 BKL Bełchatów | LD | 10.69 | SB |
| 5 SZYMCZYK Jakub | 10.02.2004 KS AZS AWF Warszawa | MZ | 10.90 | |
| 6 GIZICKI Jakub | 04.10.2007 RLTL GGG Radom | MZ | 10.92 | =PB |
| 7 BREJTFUS Maksymilian | 30.08.2008 OKS Skra Warszawa | MZ | 11.14 | |
| 8 KOZIK Mariusz | 17.06.2008 RLTL GGG Radom | MZ | 11.49 | |
| SUCHOROWSKI Jan | 21.10.2001 AKL Ursynów Warszawa | MZ | DNS | |
| JASKUŁKA Michał | 23.10.2007 KS AZS AWF Warszawa | MZ | DNS | |

| FINAŁ B | -0.4 m/s | 18:41 | | |
|-------------------------|-----------------------------------|-------|-------|----|
| 1 DEMSKI Sebastian | 02.11.1991 KS Sprintwarsaw | MZ | 11.36 | |
| 2 KARASEK Aleksander | 25.06.2008 SKS Feniks Siedlce | MZ | 11.38 | |
| 3 VIEUXMAIRE Aleksander | 04.07.2008 KS AZS AWF Warszawa | MZ | 11.42 | |
| 4 KOWALIK Daniel | 14.02.2003 SKSG Korona Szczecin | ZP | 11.49 | |
| 5 KRAKOWIAK Szymon | 28.05.2007 KS Czempion Warszawa | MZ | 11.50 | |
| 6 WRÓBLEWSKI Paweł | 13.07.2007 UKS Herkules Sulejówek | MZ | 11.57 | SB |
| 7 ZEMBRZUSKI Antoni | 22.09.2008 UKS LA Basket Warszawa | MZ | 11.63 | |
| 8 KŁOSOWSKI Filip | 01.07.2007 RLTL GGG Radom | MZ | 11.73 | |
| 9 SETA Sebastian | 25.12.2007 UKS Otrębusy | MZ | 11.75 | |
| MAZUR Jakub | 01.08.2004 KS AZS AWF Warszawa | MZ | DNS | |

| FINAŁ C | +0.7 m/s | 18:44 | | |
|-------------------------|---------------------------------|-------|-------|----|
| 1 TARASIUK Hubert | 12.02.2009 SKS Feniks Siedlce | MZ | 10.93 | |
| 2 CISAK Alan | 08.03.2010 SKS Feniks Siedlce | MZ | 11.01 | PB |
| 3 TYSZKA Maciej | 25.06.2009 MKS Pogoń Siedlce | MZ | 11.02 | PB |
| 4 WIECZORKIEWICZ Marcel | 10.07.2009 BKL Bełchatów | LD | 11.26 | |
| 5 BANASZEK Marcel | 10.05.2009 UKS Orzełki Warszawa | MZ | 11.33 | |
| 6 PIWOWARCZYK Igor | 16.09.2009 OKS Skra Warszawa | MZ | 11.34 | PB |
| 6 WOLANIN Maksymilian | 18.04.2010 KS AZS AWF Warszawa | MZ | 11.34 | |
| 8 GAJDA Piotr | 07.04.2010 UKS MTE Milanówek | MZ | 11.35 | |
| WALUKIEWICZ Jakub | 21.04.2010 LUKS Hańcza Suwałki | PD | DNS | |
| DOŁĘGA Szymon | 04.01.2009 SKS Feniks Siedlce | MZ | DNS | |

| FINAŁ D | +0.4 m/s | 18:47 | | |
|----------------------|-------------------------------------|-------|-------|--|
| 1 IZDEBSKI Piotr | 14.10.2012 LKS EkoSport Siedlce | MZ | 11.67 | |
| 2 LICZEWSKI Dawid | 25.04.2012 SKS Feniks Siedlce | MZ | 11.99 | |
| 2 CENDROWSKI Kacper | 23.06.2011 KS Zawkrze Mława | MZ | 11.99 | |
| 4 SENK Jan | 09.07.2011 KS LA Senk Team Warszawa | MZ | 12.32 | |
| 5 KWIATKOWSKI Kacper | 24.01.2011 UKS Clan Ostrołęka | MZ | 12.44 | |
| 6 CZERNECKI Filip | 27.04.2011 KS Czempion Warszawa | MZ | 12.45 | |
| 7 JASTRZĘBSKI Adam | 08.07.2011 SKS Feniks Siedlce | MZ | 12.51 | |
| 8 ZAMYŁKO Filip | 17.07.2012 LKS EkoSport Siedlce | MZ | 12.56 | |
| 9 PROKOP Emir | 23.02.2012 RK Athletics Warszawa | MZ | 12.79 | |
| MARCINKIEWICZ Jan | 12.04.2011 RK Athletics Warszawa | MZ | DNS | |

100 m M

| Bieg 1/ 10 | +1.5 m/s | 17:30 | | |
|-------------------------|---------------------------------|-------|-------|------|
| 1 KOMAŃSKI Albert | 07.02.2000 CWKS Resovia Rzeszów | PK | 10.46 | q |
| 2 BUCZYŃSKI Kacper | 07.04.2006 MKS Bank BS Płońsk | MZ | 10.50 | q |
| 3 DYMIŃSKI Nikodem | 25.02.2008 BKL Bełchatów | LD | 10.64 | q |
| 4 DOŁĘGA Szymon | 04.01.2009 SKS Feniks Siedlce | MZ | 10.71 | q |
| 5 JASIŃSKI Łukasz | 18.02.2008 BKL Bełchatów | LD | 10.76 | q |
| 6 SUCHOROWSKI Jan | 21.10.2001 AKL Ursynów Warszawa | MZ | 10.97 | qB |
| 7 WIECZORKIEWICZ Marcel | 10.07.2009 BKL Bełchatów | LD | 10.97 | q PB |
| 8 GIZICKI Jakub | 04.10.2007 RLTL GGG Radom | MZ | 11.01 | qB |
| 9 BREJTFUS Maksymilian | 30.08.2008 OKS Skra Warszawa | MZ | 11.15 | qB |
| 10 BIENKO Oskar | 06.12.1997 MKL Szczecin | ZP | 11.91 | |

| Bieg 2/ 10 | +2.4 m/s | 17:33 | | |
|-------------------|--------------------------------|-------|-------|----|
| 1 SZYMCZYK Jakub | 10.02.2004 KS AZS AWF Warszawa | MZ | 10.80 | q |
| 2 TARASIUK Hubert | 12.02.2009 SKS Feniks Siedlce | MZ | 10.91 | q |
| 3 CISAK Alan | 08.03.2010 SKS Feniks Siedlce | MZ | 11.03 | qB |
| 4 JASKUŁKA Michał | 23.10.2007 KS AZS AWF Warszawa | MZ | 11.07 | qB |
| 5 TYSZKA Maciej | 25.06.2009 MKS Pogoń Siedlce | MZ | 11.09 | qB |
| 6 KOZIK Mariusz | 17.06.2008 RLTL GGG Radom | MZ | 11.27 | qB |



Mazowsze.
serce Polski



| | | | | | | |
|----|------------------|------------|----------------------|----|-------|----|
| 7 | KRAKOWIAK Szymon | 28.05.2007 | KS Czempion Warszawa | MZ | 11.29 | qB |
| 8 | DEMSKI Sebastian | 02.11.1991 | KS Sprintwarsaw | MZ | 11.30 | qB |
| 9 | KOWALIK Daniel | 14.02.2003 | SKSG Korona Szczecin | ZP | 11.40 | qB |
| 10 | MAZUR Jakub | 01.08.2004 | KS AZS AWF Warszawa | MZ | 11.54 | qB |

Bieg 3/ 10

+1.6 m/s

17:37

| | | | | | | |
|----|-----------------------|------------|------------------------|----|-------|-------|
| 1 | GAJDA Piotr | 07.04.2010 | UKS MTE Milanówek | MZ | 11.31 | qB PB |
| 2 | BANASZEK Marcel | 10.05.2009 | UKS Orzełki Warszawa | MZ | 11.32 | qB PB |
| 3 | KARASEK Aleksander | 25.06.2008 | SKS Feniks Siedlce | MZ | 11.35 | qB PB |
| 4 | VIEUXMAIRE Aleksander | 04.07.2008 | KS AZS AWF Warszawa | MZ | 11.37 | qB PB |
| 5 | PIWOWARCZYK Igor | 16.09.2009 | OKS Skra Warszawa | MZ | 11.44 | qB |
| 6 | ZEMBRZUSKI Antoni | 22.09.2008 | UKS LA Basket Warszawa | MZ | 11.44 | qB SB |
| 7 | WRÓBLEWSKI Paweł | 13.07.2007 | UKS Herkules Sulejówek | MZ | 11.58 | qB |
| 8 | CZYŻ Jacek | 05.02.2010 | MKS Bank BS Płońsk | MZ | 11.78 | qB |
| 9 | MALANOWSKI Łukasz | 08.10.1996 | KS Sprintwarsaw | MZ | 11.79 | qB SB |
| 10 | SOBIECH Jakub | 02.03.1990 | KS Sprintwarsaw | MZ | 11.80 | qB |

Bieg 4/ 10

+0.8 m/s

17:41

| | | | | | | |
|---|----------------------|------------|------------------------|----|-------|-------|
| 1 | WOLANIN Maksymilian | 18.04.2010 | KS AZS AWF Warszawa | MZ | 11.26 | qB PB |
| 2 | WALUKIEWICZ Jakub | 21.04.2010 | LUKS Hańcza Suwałki | PD | 11.32 | qB PB |
| 3 | DEMBIŃSKI Aleksander | 04.07.2009 | KS AZS AWF Warszawa | MZ | 11.56 | qB PB |
| 4 | PROCNER Franciszek | 17.08.2009 | RK Athletics Warszawa | MZ | 11.61 | qB PB |
| 5 | KŁOSOWSKI Filip | 01.07.2007 | RLTL GGG Radom | MZ | 11.64 | qB |
| 6 | USZYŃSKI Piotr | 12.05.2009 | KS Ciecchan Ciecchanów | MZ | 11.67 | qB |
| 7 | KŁOSZEWSKI Oskar | 19.03.2009 | MKS Bank BS Płońsk | MZ | 11.91 | |
| 8 | ŚMIGIELSKI Szymon | 29.08.2007 | UKS Herkules Sulejówek | MZ | 11.92 | |
| 9 | MAŁOLEPSZY Wiktor | 18.01.2010 | UKS Otrębusy | MZ | 12.18 | |
| | LINEK Damian | 23.12.2011 | UKS Herkules Sulejówek | MZ | DQ | |

Bieg 5/ 10

+1.4 m/s

17:43

| | | | | | | |
|----|---------------------|------------|---------------------------|----|-------|-------|
| 1 | SETA Sebastian | 25.12.2007 | UKS Otrębusy | MZ | 11.48 | qB PB |
| 2 | MAŃKA Franciszek | 02.04.2009 | UKS Młodzik Warszawa | MZ | 11.57 | qB PB |
| 3 | STELMASZCZYK Tomasz | 17.11.2009 | KS Atak Agrykola Warszawa | MZ | 11.69 | qB PB |
| 4 | ZADRAĞ Karol | 13.06.2010 | OKS Skra Warszawa | MZ | 11.75 | qB PB |
| 5 | SVIATNYI Mychajło | 29.11.2007 | RK Athletics Warszawa | MZ | 11.76 | qB PB |
| 6 | STAŃCZYK Tomasz | 23.02.2010 | UKS Młodzik Warszawa | MZ | 11.98 | |
| 7 | GAŁCZYŃSKI Kacper | 16.01.2006 | MKS Bank BS Płońsk | MZ | 11.99 | |
| 8 | LEWICKI Witold | 07.10.2008 | UKS Melo Błonie | MZ | 12.00 | SB |
| 9 | HAZANCHIIAN Riza | 13.01.2010 | KS Czempion Warszawa | MZ | 12.03 | SB |
| 10 | SZYSZKOWSKI Damian | 23.10.1996 | SKSG Korona Szczecin | ZP | 12.26 | |

Bieg 6/ 10

+0.7 m/s

17:47

| | | | | | | |
|----|-----------------------|------------|-----------------------|----|-------|----|
| 1 | IZDEBSKI Piotr | 14.10.2012 | LKS EkoSport Siedlce | MZ | 11.86 | PB |
| 2 | OBCZYŃSKI Bartłomiej | 25.09.2009 | MUKS Płock | MZ | 11.88 | PB |
| 3 | SOWA Konrad | 31.10.2010 | GKS Wilga Garwolin | MZ | 11.92 | PB |
| 4 | OGÓREK Kamil | 06.06.2005 | OKS Skra Warszawa | MZ | 12.02 | PB |
| 5 | CENDROWSKI Kacper | 23.06.2011 | KS Zawkrze Mława | MZ | 12.08 | PB |
| 6 | PIOTRKOWICZ Krzysztof | 13.11.2008 | RKS Ursus Warszawa | MZ | 12.10 | PB |
| 7 | CHYLIŃSKI Mikołaj | 09.10.2007 | MUKS Płock | MZ | 12.11 | PB |
| 8 | DRAŹKIEWICZ Kacper | 03.07.2010 | MKS Bank BS Płońsk | MZ | 12.20 | PB |
| 9 | BŁASZCZYK Dominik | 12.08.2010 | KS Czempion Warszawa | MZ | 12.29 | |
| 10 | LEWANDOWSKI Norbert | 19.12.2008 | RK Athletics Warszawa | MZ | 12.65 | |

Bieg 7/ 10

+1.1 m/s

17:49

| | | | | | | |
|----|----------------------|------------|--------------------------|----|-------|----|
| 1 | TYBOROWSKI Antoni | 23.10.2008 | UKS Herkules Sulejówek | MZ | 11.87 | PB |
| 2 | LICZEWSKI Dawid | 25.04.2012 | SKS Feniks Siedlce | MZ | 11.98 | PB |
| 3 | ROKITA Bruno | 18.03.2010 | UKS Młodzik Warszawa | MZ | 12.05 | PB |
| 4 | PAROBCZYK Mikołaj | 28.10.2010 | KS AZS AWF Warszawa | MZ | 12.10 | PB |
| 5 | SENK Jan | 09.07.2011 | KS LA Senk Team Warszawa | MZ | 12.20 | PB |
| 6 | JASTRZĘBSKI Adam | 08.07.2011 | SKS Feniks Siedlce | MZ | 12.41 | PB |
| 7 | ZAMYŁKO Filip | 17.07.2012 | LKS EkoSport Siedlce | MZ | 12.50 | PB |
| 8 | PACHUTKO Paweł | 24.05.2012 | LUKS Hańcza Suwałki | PD | 12.90 | PB |
| 9 | SIEDLECKI Franciszek | 02.12.2012 | OKS Skra Warszawa | MZ | 12.96 | PB |
| 10 | DRABIK Ignacy | 29.09.2012 | UKS LA Basket Warszawa | MZ | 13.89 | |

Bieg 8/ 10

+0.4 m/s

17:53

| | | | | | | |
|---|-----------------------|------------|------------------------|----|-------|----|
| 1 | KWIATKOWSKI Kacper | 24.01.2011 | UKS Clan Ostrołęka | MZ | 12.39 | PB |
| 2 | CICHOSZ Piotr | 23.04.2008 | SKSG Korona Szczecin | ZP | 12.58 | PB |
| 3 | SZEWICZYK Tymon Jakub | 30.08.2011 | KS AZS AWF Warszawa | MZ | 12.96 | PB |
| 4 | JASIELON Sebastian | 20.07.2012 | LUKS Hańcza Suwałki | PD | 12.97 | PB |
| 5 | ZAJĄC Dawid | 19.05.2011 | OKS Skra Warszawa | MZ | 13.00 | PB |
| 6 | LETKIEWICZ Gabriel | 30.05.2011 | KS Ciecchan Ciecchanów | MZ | 13.00 | PB |
| 7 | MACKIEWICZ Jakub | 04.05.2012 | SKS Feniks Siedlce | MZ | 13.01 | PB |

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|-------------|-------------------------------------|--------------------------|--|----------|--------------|----|
| 8 | SIWIŁO Maciej | 07.09.2011 | KS LA Senk Team Warszawa | MZ | 13.04 | PB |
| 9 | ZIELIŃSKI Bartosz | 20.10.2012 | UKS Herkules Sulejówek | MZ | 13.51 | |
| Bieg 9/ 10 | | +2.1 m/s | | 17:56 | | |
| 1 | RASZYK Patryk | 23.11.2010 | RK Athletics Warszawa | MZ | 11.97 | |
| 2 | MARCINKIEWICZ Jan | 12.04.2011 | RK Athletics Warszawa | MZ | 12.50 | |
| 3 | GOLAŃSKI Jan | 18.08.2011 | KS Atak Agrykola Warszawa | MZ | 12.92 | |
| 4 | STRUPIŃSKI Dawid | 24.04.2004 | KS Sprintwarsaw | MZ | 13.46 | |
| 5 | KAMCZYCKI Jan | 30.10.2012 | LUKS Hańcza Suwałki | PD | 13.62 | |
| 6 | JARYNIUK Kacper | 01.03.2012 | UKS Diamond Athletics Białoleka | MZ | 14.76 | |
| 7 | ULATOWSKI Dominik | 09.11.2001 | Warszawska Akademia LA | MZ | 15.68 | |
| Bieg 10/ 10 | | +1.0 m/s | | 18:01 | | |
| 1 | ZEMBROWSKI Tomasz | 18.08.2005 | KS AZS AWF Warszawa | MZ | 11.95 | |
| 2 | MALALE Charles | 20.07.2009 | UKS Młodzik Warszawa | MZ | 12.29 | |
| 3 | CZERNECKI Filip | 27.04.2011 | KS Czempion Warszawa | MZ | 12.66 | |
| 4 | PROKOP Emir | 23.02.2012 | RK Athletics Warszawa | MZ | 12.69 | |
| 5 | DANILUK Filip | 07.12.2010 | KS AZS AWF Warszawa | MZ | 13.04 | |
| 6 | PUTKARADZE Jan | 16.12.2012 | RK Athletics Warszawa | MZ | 13.36 | |
| 7 | SIEKACZYŃSKI Seweryn | 10.11.2011 | OKS Start Otwock | MZ | 14.12 | |
| 8 | SKIBIŃSKI Bartłomiej | 19.03.2012 | OKS Skra Warszawa | MZ | 15.92 | |
| 400 m M | | | | | | |
| Bieg 1/ 7 | | 19:13 | | | | |
| 1 | SIEKACZYŃSKI | 15.07.2007 | OKS Start Otwock | MZ | 48.71 | PB |
| 2 | LIPSKI Adam | 07.03.2008 | KS Podlasie Białystok | PD | 49.52 | PB |
| 3 | ANTCZAK Kacper | 09.03.2007 | MKS Aleksandrów Łódzki | LD | 49.94 | PB |
| 4 | TARASIUK Hubert | 12.02.2009 | SKS Feniks Siedlce | MZ | 50.15 | PB |
| 5 | ROMANIUK Daniel | 10.10.2001 | MKS Polonia Warszawa | MZ | 50.77 | |
| 6 | PILICHOWSKI Szymon | 14.05.2007 | KM Aktywni Sochaczew | MZ | 51.40 | |
| 7 | ORZOŁ Jakub | 30.01.2010 | OKLA Elektro-Energetyka | MZ | 52.80 | |
| Bieg 2/ 7 | | 19:17 | | | | |
| 1 | CZACHOR Stanisław | 15.02.2009 | KS Lemiesz Team Warszawa | MZ | 50.96 | PB |
| 2 | WALUKIEWICZ Jakub | 21.04.2010 | LUKS Hańcza Suwałki | PD | 51.61 | PB |
| 3 | USZYŃSKI Piotr | 12.05.2009 | KS Ciecchan Ciecchanów | MZ | 51.81 | PB |
| 4 | LIS Mateusz | 09.10.2009 | OKS Start Otwock | MZ | 51.95 | PB |
| 5 | CHARDYKOW Nikolas | 16.02.2005 | KS Czempion Warszawa | MZ | 53.59 | |
| 6 | ALEKSIŃSKI Krzysztof | 29.04.2008 | KS Czempion Warszawa | MZ | 53.80 | |
| 7 | SZYSZKOWSKI Damian ANDERS Damian | 23.10.1996 02.08.2006 | SKSG Korona Szczecin KS Czempion Warszawa | ZP MZ | 57.79 DNF | |
| Bieg 3/ 7 | | 19:20 | | | | |
| 1 | KOPER Mikołaj | 10.02.2010 | MKS Bank BS Płońsk | MZ | 52.52 | PB |
| 2 | ŁYSONIEWSKI Marcel | 13.09.2009 | MLUKS Rawa - Rawa Mazowiecka | LD | 53.12 | PB |
| 3 | CZERNECKI Filip | 27.04.2011 | KS Czempion Warszawa | MZ | 54.94 | PB |
| 4 | GOLEC Jerzy | 15.05.2007 | RKS Ursus Warszawa | MZ | 55.01 | PB |
| 5 | MAGIERA Wiktor | 09.02.2009 | MLUKS Rawa - Rawa Mazowiecka | LD | 55.86 | PB |
| 6 | CYPARSKI Marcel | 23.06.2010 | MUKS Płock | MZ | 56.66 | |
| 7 | CHILIMONIUK Jakub | 14.10.2009 | KS Lemiesz Team Warszawa | MZ | 57.37 | PB |
| 8 | GAŁECKI Julian | 11.05.2006 | UKS Herkules Sulejówek | MZ | 58.53 | |
| Bieg 4/ 7 | | 19:22 | | | | |
| 1 | MARCINKIEWICZ Jan | 12.04.2011 | RK Athletics Warszawa | MZ | 57.50 | PB |
| 2 | ROKICKI Franciszek | 14.05.2012 | UKS Herkules Sulejówek | MZ | 58.59 | |
| 3 | SKOTNICKI Jakub | 27.07.1990 | Ducla Academy Warszawa | MZ | 58.70 | |
| 4 | PINKOWSKI Aleks | 05.07.2007 | RKS Ursus Warszawa | MZ | 1:00.00 | |
| 5 | NAMIĘTA Dawid | 15.11.2012 | LKS EkoSport Siedlce | MZ | 1:01.00 | |
| 6 | KAŹMIERCZAK Karol | 05.03.1981 | KS Lemiesz Team Warszawa | MZ | 1:12.93 | |
| 7 | ULATOWSKI Dominik | 09.11.2001 | Warszawska Akademia LA | MZ | 1:28.09 | |
| Bieg 5/ 7 | | 19:26 | | | | |
| 1 | LEWANDOWSKI Jakub | 25.04.2011 | MLUKS Rawa - Rawa Mazowiecka | LD | 56.13 | |
| 2 | CZEMERYŚ Jakub | 11.07.2011 | Legia Warszawa | MZ | 56.72 | |
| 3 | BISEK Józef | 03.12.2011 | KS Atak Agrykola Warszawa | MZ | 59.31 | |
| 4 | PYŁA Michał | 02.02.2009 | UKS Herkules Sulejówek | MZ | 59.51 | |
| 5 | PUTKARADZE Jan | 16.12.2012 | RK Athletics Warszawa | MZ | 1:00.53 | |
| 6 | PACHUTKO Paweł | 24.05.2012 | LUKS Hańcza Suwałki | PD | 1:01.90 | |
| Bieg 6/ 7 | | 19:29 | | | | |
| 1 | CHYŁEK Paweł | 22.02.2009 | AKL Ursynów Warszawa | MZ | 53.56 | |
| 2 | FILIPIUK Jakub | 06.06.2011 | MKS Pogoń Siedlce | MZ | 55.03 | |
| 3 | DMOCHOWSKI Piotr | 11.11.2008 | RKS Ursus Warszawa | MZ | 56.20 | |
| 4 | CICHOSZ Piotr | 23.04.2008 | SKSG Korona Szczecin | ZP | 58.93 | |
| 5 | SZWARC Maksymilian | 04.03.2010 | KS Czempion Warszawa | MZ | 59.29 | |

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|-----------------------|------------------------|------------|---------------------------|-------|---------|------|
| 6 | WOŹNICA Jakub | 24.07.2009 | OKS Start Otwock | MZ | 1:00.05 | |
| Bieg 7/7 | | | | 19:32 | | |
| 1 | KOPYT Kamil | 31.05.2010 | KS AZS AWF Warszawa | MZ | 53.39 | |
| 2 | PAWLAK Filip | 25.08.2011 | MKS Pogoń Siedlce | MZ | 55.37 | |
| 3 | KRAWCZYK Wojciech | 16.05.2012 | RKS Ursus Warszawa | MZ | 1:03.08 | |
| 4 | KAMCZYCKI Jan | 30.10.2012 | LUKS Hańcza Suwałki | PD | 1:04.33 | |
| 1500 m M | | | | | | |
| Bieg 1/2 | | | | 18:13 | | |
| 1 | NIJAKOWSKI Mateusz | 19.07.2007 | KS AZS AWF Warszawa | MZ | 4:00.27 | |
| 2 | CIŻYŃSKI Błażej | 15.04.2000 | KS Agros Zamość | LU | 4:02.97 | |
| 3 | CHROMIŃSKI Dawid | 16.11.2010 | MKS Pogoń Siedlce | MZ | 4:03.75 | |
| 4 | GRZEGRZÓŁKA Wojciech | 22.07.2007 | OKS Start Otwock | MZ | 4:03.88 | |
| 5 | KNAFLEWSKI Piotr | 08.07.2009 | KS AZS AWF Warszawa | MZ | 4:04.58 | PB |
| 6 | TYMUŁA Adrian | 15.08.2009 | LKS Stal Mielec | PK | 4:05.42 | PB |
| 7 | SUCHOCKI Bartłomiej | 12.10.2007 | MKS Polonia Warszawa | MZ | 4:06.24 | PB |
| 8 | BONDARUK Paweł | 27.03.2006 | KS Podlasie Białystok | PD | 4:07.15 | |
| 9 | SUSTOWSKI Szymon | 24.06.2009 | LUKS Hańcza Suwałki | PD | 4:10.71 | |
| 10 | JAKUBIEC Krzysztof | 12.07.2008 | UKS Orzełki Warszawa | MZ | 4:11.44 | PB |
| 11 | SZWAJKOWSKI Tomasz | 07.12.2009 | KKL Kielce | SK | 4:13.04 | PB |
| 12 | BORZYM Stanisław | 25.01.2009 | UKS Herkules Sulejówek | MZ | 4:15.35 | SB |
| 13 | NOWAKOWSKI Igor | 21.04.2005 | LKS Osuchów | MZ | 4:18.41 | |
| 14 | GRZYMSKI Franciszek | 04.01.2009 | KS AZS AWF Warszawa | MZ | 4:19.30 | |
| 15 | CHRAPEK Krzysztof | 16.02.2009 | KS AZS AWF Warszawa | MZ | 4:22.02 | |
| Bieg 2/2 | | | | 18:19 | | |
| 1 | CHROMIŃSKI Kacper | 22.03.2009 | LKS EkoSport Siedlce | MZ | 4:10.55 | |
| 2 | JANDUŁA Patryk | 14.03.2009 | RLTL GGG Radom | MZ | 4:10.68 | PB |
| 3 | SYGUŁA Kacper | 03.01.2011 | OKS Skra Warszawa | MZ | 4:13.28 | |
| 4 | KRÓLIKOWSKI Dominik | 19.08.2009 | RLTL GGG Radom | MZ | 4:13.76 | PB |
| 5 | CHOLEWA Piotr | 06.05.2010 | RLTL GGG Radom | MZ | 4:13.96 | |
| 6 | ZIEMKOWSKI Aleks | 23.08.2001 | Passion First Warszawa | MZ | 4:14.17 | PB |
| 7 | STEFAŃSKI Michał | 02.03.2009 | RK Athletics Warszawa | MZ | 4:17.40 | SB |
| 8 | KARDA Sebastian | 09.10.2009 | UKS LA Basket Warszawa | MZ | 4:25.19 | PB |
| 9 | ROLEWICZ Jakub | 20.12.2006 | KS Lemiesz Team Warszawa | MZ | 4:26.06 | PB |
| 10 | MAZIEWSKI Marcel | 08.08.2009 | LUKS Hańcza Suwałki | PD | 4:27.29 | PB |
| 11 | LEBIODA Jan Tomasz | 09.07.2010 | LUKS Hańcza Suwałki | PD | 4:33.64 | |
| 12 | CZUBAK Błażej | 04.02.2011 | MUKS Płock | MZ | 4:41.81 | |
| 13 | CHACHURSKI Mieszko | 29.12.2007 | AKL Ursynów Warszawa | MZ | 4:43.82 | PB |
| 14 | GAJDA Szymon | 10.04.2004 | KM Aktywni Sochaczew | MZ | 4:56.79 | |
| | DZICZEK Szymon | 07.05.1995 | Passion First Warszawa | MZ | DNF | |
| | KILEN Marcin | 14.12.2010 | KS Czempion Warszawa | MZ | DNF | |
| 110 m pł M U20 (99.1) | | | | | | |
| FINAŁ | | -0.4 m/s | | 16:26 | | |
| 1 | SAMUL Jan | 22.02.2008 | UKS LA Basket Warszawa | MZ | 13.97 | PB |
| 2 | HAEHNE Damian | 17.06.2007 | CWKS Resovia Rzeszów | PK | 14.25 | SB |
| | KUŚMIEREK Damian | 31.10.2007 | KS AZS AWF Warszawa | MZ | DNS | |
| | RZEPKA Szymon | 30.07.2008 | KS AZS AWF Warszawa | MZ | DNS | |
| 110 m pł M U18 (91.4) | | | | | | |
| FINAŁ | | -1.3 m/s | | 16:37 | | |
| 1 | BIENIEK Jakub | 06.06.2009 | UKS LA Basket Warszawa | MZ | 15.22 | |
| 2 | ANTOL Wiktor | 16.04.2010 | UKS LA Basket Warszawa | MZ | 15.26 | |
| 3 | STELMASZCZYK Tomasz | 17.11.2009 | KS Atak Agrykola Warszawa | MZ | 15.65 | |
| 4 | SZYDŁOWSKI Michał | 07.10.2009 | KS Atak Agrykola Warszawa | MZ | 16.10 | |
| 5 | GAMUS Jakub | 06.10.2010 | UKS LA Basket Warszawa | MZ | 16.20 | |
| 6 | MULTARZYŃSKI Krzysztof | 27.11.2009 | UKS LA Basket Warszawa | MZ | 17.16 | |
| | WIŚNIEWSKI Jędrzej | 25.06.2009 | KS AZS AWF Warszawa | MZ | DNS | |
| 110 m pł M U16 (91.4) | | | | | | |
| FINAŁ | | +0.7 m/s | | 16:44 | | |
| 1 | WAWRZAK Bartłomiej | 20.01.2011 | KKL Kielce | SK | 15.60 | |
| 2 | SENK Jan | 09.07.2011 | KS LA Senk Team Warszawa | MZ | 16.79 | |
| | WOLSKI Gabriel | 31.07.2012 | KS Atletka Warszawa | MZ | DNF | |
| | GRZEŚKOWICZ Tomasz | 30.09.2011 | SKS Feniks Siedlce | MZ | DNF | |
| 110 m pł M U20 (99.1) | | | | | | |
| Bieg 1/1 | | +1.5 m/s | | 15:29 | | |
| 1 | SAMUL Jan | 22.02.2008 | UKS LA Basket Warszawa | MZ | 13.98 | q PB |
| 2 | HAEHNE Damian | 17.06.2007 | CWKS Resovia Rzeszów | PK | 14.30 | q |
| 3 | KUŚMIEREK Damian | 31.10.2007 | KS AZS AWF Warszawa | MZ | 14.51 | q PB |
| 4 | RZEPKA Szymon | 30.07.2008 | KS AZS AWF Warszawa | MZ | 18.14 | q |

110 m pł M U18 (91.4)

| | | | | |
|-----------|------------------------|------------|---------------------------|---------------|
| Bieg 1/ 1 | +1.5 m/s | | 15:29 | |
| 1 | WIŚNIEWSKI Jędrzej | 25.06.2009 | KS AZS AWF Warszawa | MZ 14.94 q PB |
| 2 | BIENIEK Jakub | 06.06.2009 | UKS LA Basket Warszawa | MZ 15.12 q PB |
| 3 | SZYDŁOWSKI Michał | 07.10.2009 | KS Atak Agrykola Warszawa | MZ 15.63 q PB |
| 4 | STELMASZCZYK Tomasz | 17.11.2009 | KS Atak Agrykola Warszawa | MZ 15.94 q |
| 5 | GAMUS Jakub | 06.10.2010 | UKS LA Basket Warszawa | MZ 16.27 q PB |
| 6 | MULTARZYŃSKI Krzysztof | 27.11.2009 | UKS LA Basket Warszawa | MZ 16.37 q PB |
| 7 | ANTOL Wiktor | 16.04.2010 | UKS LA Basket Warszawa | MZ 16.41 q |

110 m pł M U16 (91.4)

| | | | | |
|-----------|--------------------|------------|--------------------------|---------------|
| Bieg 1/ 1 | +0.5 m/s | | 15:38 | |
| 1 | WAWRZAK Bartłomiej | 20.01.2011 | KKL Kielce | SK 15.57 q PB |
| 2 | SENK Jan | 09.07.2011 | KS LA Senk Team Warszawa | MZ 16.93 q PB |
| 3 | GRZEŚKOWICZ Tomasz | 30.09.2011 | SKS Feniks Siedlce | MZ 18.55 q PB |
| 4 | WOLSKI Gabriel | 31.07.2012 | KS Atletka Warszawa | MZ 18.81 q PB |

Pchnięcie kulą M (7.26kg)

| | | | | | | |
|----------------|----------------|------------|---------------------|----------|-------|----|
| FINAŁ | | | 15:25 | | | |
| 1 | KRUKOWSKI Igor | 25.06.2006 | MKL Jurand Szczytno | WN 14.42 | | |
| KRUKOWSKI Igor | I | II | III | IV | V | VI |
| | 14.23 | x | x | 14.42 | 14.06 | x |

Pchnięcie kulą M U20 (6kg)

| | | | | | | |
|--------------------|--------------------|------------|-----------------------|-------------|---|-------|
| FINAŁ | | | 15:25 | | | |
| 1 | PORADA Antoni | 14.07.2008 | KS AZS AWF Warszawa | MZ 15.15 | | |
| 2 | KARPIUK Franciszek | 23.07.2007 | KS AZS AWF Warszawa | MZ 14.46 | | |
| 3 | SAWICKI Mateusz | 13.06.2007 | KS AZS AWF Warszawa | MZ 14.25 PB | | |
| 4 | NAGÓRKA Alan | 14.10.2008 | KS Podlasie Białystok | PD 13.60 | | |
| 5 | PAROL Jakub | 28.07.2008 | KS AZS AWF Warszawa | MZ 12.58 | | |
| PORADA Antoni | I | II | III | IV | V | VI |
| | x | x | x | 15.15 | x | 14.79 |
| KARPIUK Franciszek | 13.81 | x | x | 14.46 | x | x |
| SAWICKI Mateusz | 13.36 | 14.25 | x | x | x | x |
| NAGÓRKA Alan | x | 13.42 | 13.37 | 13.60 | x | x |
| PAROL Jakub | x | 12.33 | 13.22 | 12.58 | x | 12.40 |

Pchnięcie kulą M U18 (5kg)

| | | | | | | |
|------------------------------|--|------------|-----------------------|-------------|-------|-------|
| FINAŁ | | | 16:35 | | | |
| 1 | RUCHENCHYN Roman | 19.01.2009 | KS AZS AWF Warszawa | MZ 15.31 | | |
| 2 | KARPOWICZ Bartłomiej | 14.08.2010 | KS Podlasie Białystok | PD 13.10 | | |
| 3 | MICHALEC Szymon | 20.06.2010 | GKS Wilga Garwolin | MZ 12.99 PB | | |
| 4 | DOMAGAŁA Dawid | 07.12.2010 | RLTL GGG Radom | MZ 12.71 PB | | |
| 5 | BOGUSŁAWSKI-MICHNIAK | 25.06.2010 | KS AZS AWF Warszawa | MZ 12.70 PB | | |
| 6 | ZAJDLER Krzysztof | 16.01.2010 | AKL Ursynów Warszawa | MZ 11.65 PB | | |
| 7 | PAWŁAK Cezary | 06.11.2010 | KS AZS AWF Warszawa | MZ 11.47 PB | | |
| 8 | YEMELYANAU-YANKOUSKI STRZEMIECZNY Antoni | 25.03.2010 | LUKS Hańcza Suwałki | PD 11.09 PB | | |
| | | 28.02.2009 | MKL Jurand Szczytno | WN NM | | |
| RUCHENCHYN Roman | I | II | III | IV | V | VI |
| | 14.40 | 15.31 | 14.88 | x | x | x |
| KARPOWICZ Bartłomiej | 13.10 | x | x | 12.09 | x | x |
| MICHALEC Szymon | 12.28 | 12.86 | 12.42 | 12.77 | 12.99 | 12.82 |
| DOMAGAŁA Dawid | x | 11.97 | 12.71 | x | x | x |
| BOGUSŁAWSKI-MICHNIAK Jan | 10.93 | 11.50 | 11.85 | x | 12.70 | 12.30 |
| ZAJDLER Krzysztof | 10.52 | 11.06 | x | 11.30 | 11.65 | 11.35 |
| PAWŁAK Cezary | 9.97 | 10.45 | 11.24 | 10.99 | 11.47 | 11.06 |
| YEMELYANAU-YANKOUSKI Siarhei | 9.31 | 10.81 | 10.58 | 11.09 | 10.21 | 10.38 |
| STRZEMIECZNY Antoni | x | x | x | | | |

Pchnięcie kulą M U16 (5kg)

FINAŁ

17:45

| | | | | | |
|----|--------------------|------------|---------------------------------|----|-------|
| 1 | CHOJNOWSKI Oliwier | 12.05.2011 | MKS Bank BS Płońsk | MZ | 13.47 |
| 2 | KAMCZYCKI Kacper | 13.02.2011 | LUKS Hańcza Suwałki | PD | 11.26 |
| 3 | RÓG Kamil | 17.07.2011 | GKS Wilga Garwolin | MZ | 11.00 |
| 4 | WĘGIEŁEK Piotr | 22.06.2011 | UKS LA Basket Warszawa | MZ | 9.82 |
| 5 | KWIATKOWSKI Kacper | 24.01.2011 | UKS Clan Ostrołęka | MZ | 9.68 |
| 6 | ŁUKASZUK Wojciech | 28.02.2012 | UKS Diamond Athletics Białoleka | MZ | 9.49 |
| 7 | LEWANDOWSKI Szymon | 18.04.2011 | MKS Bank BS Płońsk | MZ | 9.13 |
| 8 | LEŚNIK Kacper | 03.02.2012 | MKS Pułtusk | MZ | 9.02 |
| 9 | ŚWINIARSKI Piotr | 14.06.2011 | SKS Feniks Siedlce | MZ | 8.75 |
| 10 | ROMAŃCZUK Mateusz | 13.05.2013 | UKS Zielonka | MZ | 8.18 |
| 11 | SCHUETZ Jakub | 03.12.2012 | SKS Feniks Siedlce | MZ | 8.16 |
| 12 | DUŁO Karol | 06.06.2012 | SKS Feniks Siedlce | MZ | 7.66 |

| | I | II | III | IV | V | VI |
|------------------------------|-------|-------|-------|-------|-------|-------|
| CHOJNOWSKI Oliwier | x | 12.39 | 13.47 | 13.18 | 13.98 | 12.89 |
| KAMCZYCKI Kacper | 10.11 | 10.40 | 10.52 | x | 11.08 | 11.26 |
| RÓG Kamil | 10.19 | 10.81 | 10.12 | x | 11.00 | 10.54 |
| WĘGIEŁEK Piotr | 9.39 | 9.13 | 9.21 | 9.82 | 9.31 | x |
| KWIATKOWSKI Kacper | x | 9.14 | 9.68 | 9.00 | 9.36 | - |
| ŁUKASZUK Wojciech Przemysław | 8.86 | 9.49 | 9.05 | 8.89 | 9.07 | 8.75 |
| LEWANDOWSKI Szymon | 9.07 | x | 7.71 | 7.34 | 8.87 | 9.13 |
| LEŚNIK Kacper | x | 8.88 | 8.89 | 8.77 | 8.88 | 9.02 |
| ŚWINIARSKI Piotr | 8.74 | 8.57 | 8.75 | | | |
| ROMAŃCZUK Mateusz | 8.07 | 7.85 | 8.18 | | | |
| SCHUETZ Jakub | 8.16 | 7.43 | 7.27 | | | |
| DUŁO Karol | 7.18 | 7.64 | 7.66 | | | |

Rzut oszczepem M U16 (600)

FINAŁ

15:45

| | | | | | | |
|----|--------------------|------------|---------------------|----|-------|----|
| 1 | NASIŁOWSKI Jakub | 08.02.2011 | MKS Pogoń Siedlce | MZ | 37.73 | PB |
| 2 | MROZEK Łukasz | 19.09.2011 | SKS Feniks Siedlce | MZ | 35.70 | |
| 3 | KAMCZYCKI Kacper | 13.02.2011 | LUKS Hańcza Suwałki | PD | 33.09 | |
| 4 | ŚWINIARSKI Piotr | 14.06.2011 | SKS Feniks Siedlce | MZ | 33.01 | PB |
| 5 | RÓG Kamil | 17.07.2011 | GKS Wilga Garwolin | MZ | 32.61 | PB |
| 6 | KWIATKOWSKI Kacper | 24.01.2011 | UKS Clan Ostrołęka | MZ | 31.62 | |
| 7 | ROMAŃCZUK Mateusz | 13.05.2013 | UKS Zielonka | MZ | 30.30 | |
| 8 | DUŁO Karol | 06.06.2012 | SKS Feniks Siedlce | MZ | 28.41 | PB |
| 9 | SCHUETZ Jakub | 03.12.2012 | SKS Feniks Siedlce | MZ | 25.65 | |
| 10 | GRZEŚKOWICZ Tomasz | 30.09.2011 | SKS Feniks Siedlce | MZ | 25.06 | |
| 11 | OLSZEWSKI Wiktor | 25.02.2011 | SKS Feniks Siedlce | MZ | 21.96 | |

| | I | II | III | IV | V | VI |
|--------------------|-------|-------|-------|-------|-------|-------|
| NASIŁOWSKI Jakub | 37.26 | 34.95 | 34.57 | x | 37.12 | 37.73 |
| MROZEK Łukasz | 33.83 | 33.73 | 35.22 | 30.77 | 35.70 | 34.53 |
| KAMCZYCKI Kacper | 25.97 | 31.68 | 33.09 | x | x | x |
| ŚWINIARSKI Piotr | 29.26 | 33.01 | 28.51 | 31.51 | 27.64 | x |
| RÓG Kamil | x | 26.68 | 32.61 | 30.64 | 30.37 | x |
| KWIATKOWSKI Kacper | 29.52 | 31.62 | 28.56 | x | 26.98 | 30.92 |
| ROMAŃCZUK Mateusz | 29.40 | 30.30 | 28.34 | 28.09 | 28.07 | x |
| DUŁO Karol | 28.41 | 24.16 | 21.55 | 25.36 | 23.04 | 25.69 |
| SCHUETZ Jakub | 21.36 | 25.65 | 22.72 | | | |

GRZEŚKOWICZ Tomasz 22.55 25.06 x

OLSZEWSKI Wiktor x 21.96 x

Rzut oszczepem M (800)

FINAŁ

19:50

| | | | | | |
|---------------------------|------------|------------------------|----|-------|----|
| 1 KRUKOWSKI Marcin | 14.06.1992 | KS Warszawianka W-wa | MZ | 83.73 | SB |
| 2 KWAŚNIEWSKI Mateusz | 16.07.1995 | AZS UMCS Lublin | LU | 76.44 | SB |
| 3 KRUKOWSKI Roch | 20.07.2007 | KS Warszawianka W-wa | MZ | 74.08 | SB |
| 4 SUMIŃSKI Wojciech | 14.01.1994 | KS AZS AWF Warszawa | MZ | 60.86 | |
| 5 WILCZYŃSKI Kajetan | 01.05.2007 | RLTL GGG Radom | MZ | 55.89 | PB |
| 6 WESOŁOWSKI Przemysław | 17.12.2007 | MKS Aleksandrów Łódzki | LD | 52.93 | |
| 7 GAJDA Jakub | 25.05.2008 | RLTL GGG Radom | MZ | 51.89 | PB |
| 8 SKŁADANEK Jakub | 06.01.2008 | RLTL GGG Radom | MZ | 51.09 | PB |
| 9 KUŚMIEREK Damian | 31.10.2007 | KS AZS AWF Warszawa | MZ | 47.06 | PB |
| 10 KWIATKOWSKI Przemysław | 08.03.2008 | UKS Clan Ostrołęka | MZ | 41.91 | |
| 11 BIENIECKI Stefan | 11.04.2007 | KS AZS AWF Warszawa | MZ | 40.96 | |
| 12 WŁODARSKI Filip | 22.08.2002 | AKL Ursynów Warszawa | MZ | 40.78 | |

| | I | II | III | IV | V | VI |
|------------------------|-------|-------|-------|-------|-------|-------|
| KRUKOWSKI Marcin | 83.73 | 79.03 | x | r | | |
| KWAŚNIEWSKI Mateusz | 76.00 | 76.44 | x | 73.19 | 71.61 | x |
| KRUKOWSKI Roch | x | x | 74.08 | x | r | |
| SUMIŃSKI Wojciech | 60.86 | x | x | x | r | |
| WILCZYŃSKI Kajetan | 55.89 | 54.96 | x | 55.09 | 54.53 | x |
| WESOŁOWSKI Przemysław | 52.93 | x | x | x | x | |
| GAJDA Jakub | 48.71 | 47.65 | 46.04 | 49.23 | 50.42 | 51.89 |
| SKŁADANEK Jakub | 51.09 | x | x | x | x | 46.26 |
| KUŚMIEREK Damian | 47.06 | x | x | 46.43 | x | 44.04 |
| KWIATKOWSKI Przemysław | 38.54 | 41.91 | 41.58 | | | |
| BIENIECKI Stefan | 38.26 | x | x | x | 40.96 | x |
| WŁODARSKI Filip | 40.15 | 40.78 | x | | | |

Skok wzwyż M

FINAŁ

17:40

| | | | | | |
|-----------------------|------------|--------------------------|----|------|-----|
| 1 BOCZKOWSKI-LESIAK | 31.07.2007 | MKS Aleksandrów Łódzki | LD | 2.10 | PB |
| 2 ZDRAJKOWSKI Dominik | 11.03.2008 | MKS Aleksandrów Łódzki | LD | 2.05 | |
| 3 DUDKA Miłosz | 21.11.2009 | MKLA Łęczycza | LD | 1.95 | =PB |
| 4 DZIWIŚZEK Filip | 13.05.2009 | UKS Melo Błonie | MZ | 1.95 | PB |
| 5 BRZEZICKI Bartosz | 14.03.2003 | KL Iskra Białogard | ZP | 1.95 | |
| 6 OSTROWSKI Stanisław | 08.04.2006 | UKS Herkules Sulejówek | MZ | 1.90 | =SB |
| 7 KASPRZAK Andrzej | 07.11.1986 | KS Lemiesz Team Warszawa | MZ | 1.90 | |
| 8 ŁASIŃSKI Patryk | 25.08.2009 | MKS Pułtusk | MZ | 1.85 | =SB |
| 9 GAJDA Piotr | 07.04.2010 | UKS MTE Milanówek | MZ | 1.80 | |
| 9 OSTROWSKI Filip | 01.07.2010 | UKS Melo Błonie | MZ | 1.80 | SB |
| 11 BIENIECKI Stefan | 11.04.2007 | KS AZS AWF Warszawa | MZ | 1.75 | |
| 12 KARCZEWSKI Leszek | 13.08.2010 | UKS Melo Błonie | MZ | 1.55 | =SB |
| 13 ZALEWSKI Wiktor | 02.06.2010 | OKS Skra Warszawa | MZ | 1.55 | =PB |
| 14 DANILUK Filip | 07.12.2010 | KS AZS AWF Warszawa | MZ | 1.50 | |

Skok wzwyż M U16

FINAŁ

15:35

| | | | | | |
|--------------------------|------------|---------------------------------|----|------|----|
| 1 JEŻEWSKI Piotr | 10.03.2011 | UKS MTE Milanówek | MZ | 1.70 | |
| 2 BOCZKOWSKI-LESIAK | 30.03.2012 | MKLA Łęczycza | LD | 1.65 | PB |
| 3 LEŚNIK Kacper | 03.02.2012 | MKS Pułtusk | MZ | 1.60 | PB |
| 4 LELEŃ Antoni | 30.09.2012 | MKS Pułtusk | MZ | 1.50 | PB |
| 5 BRYCZYŃSKI Maksymilian | 21.03.2012 | UKS Diamond Athletics Białoleka | MZ | 1.40 | |
| 6 KOPACZ Krzysztof | 28.03.2012 | KS AZS AWF Warszawa | MZ | 1.40 | |



Skok w dal M U18

FINAŁ

16:00

| | | | | | | | |
|---------------------|---------------------|------------|----------------------|------|------|------|------|
| 1 | MAĆZYŃSKI Stanisław | 06.03.2009 | KS AZS AWF Warszawa | MZ | 7.34 | PB | -1.4 |
| 2 | BŁASZCZYK Dominik | 12.08.2010 | KS Czempion Warszawa | MZ | 5.77 | PB | 0.8 |
| 3 | PAROBCZYK Mikołaj | 28.10.2010 | KS AZS AWF Warszawa | MZ | 5.73 | PB | 0.6 |
| 4 | WRÓBEL Piotr | 02.05.2009 | MKS Bank BS Płońsk | MZ | 5.55 | | 0.1 |
| 5 | KIMONA Paweł | 18.06.2009 | KS Ciechan Ciechanów | MZ | 5.41 | PB | 0.2 |
| 6 | URBAŃSKI Mikołaj | 23.05.2010 | LUKS Hańcza Suwałki | PD | 5.26 | | 0.2 |
| 7 | DRAŹKIEWICZ Kacper | 03.07.2010 | MKS Bank BS Płońsk | MZ | 5.15 | | -0.2 |
| 8 | DANILUK Filip | 07.12.2010 | KS AZS AWF Warszawa | MZ | 4.65 | | 0.4 |
| | | I | II | III | IV | V | VI |
| MAĆZYŃSKI Stanisław | 6.79 | 6.68 | 7.18 | x | 7.26 | 7.34 | |
| | 1.7 | -0.3 | 1.3 | | -1.8 | -1.4 | |
| BŁASZCZYK Dominik | 5.57 | 5.01 | 5.77 | 5.02 | 5.43 | 4.53 | |
| | 0.4 | 1.8 | 0.8 | 2.9 | 0.5 | -0.4 | |
| PAROBCZYK Mikołaj | 5.52 | x | 5.54 | 5.42 | 5.30 | 5.73 | |
| | 0.6 | | 3.0 | 1.1 | -1.4 | 0.6 | |
| WRÓBEL Piotr | x | x | 5.55 | x | 5.49 | x | |
| | | | 0.1 | | 2.2 | | |
| KIMONA Paweł | 4.95 | 4.94 | 5.41 | 5.14 | 5.18 | x | |
| | 0.7 | 0.6 | 0.2 | -0.2 | -0.8 | | |
| URBAŃSKI Mikołaj | 5.26 | x | 4.98 | 4.97 | 4.92 | 5.22 | |
| | 0.2 | | 1.9 | 0.9 | 0.8 | 1.7 | |
| DRAŹKIEWICZ Kacper | 4.88 | 4.90 | 5.15 | 4.68 | r | | |
| | -1.5 | 0.3 | -0.2 | 0.4 | | | |
| DANILUK Filip | 4.65 | 4.47 | 4.58 | 4.47 | 4.50 | 4.57 | |
| | 0.4 | 1.0 | 1.0 | -1.1 | 0.3 | 1.8 | |

Skok w dal M

FINAŁ

17:00

| | | | | | | | |
|---------------------|---------------------|------------|----------------------|------|------|------|------|
| 1 | PRZYŻECKI Dominik | 17.01.2001 | AKL Ursynów Warszawa | MZ | 7.03 | | -0.4 |
| 2 | ROMANOWSKI Michał | 07.08.2008 | LUKS Hańcza Suwałki | PD | 6.45 | | 0.6 |
| 3 | SETA Sebastian | 25.12.2007 | UKS Otrębusy | MZ | 6.19 | | 1.3 |
| 4 | KORZENIOWSKI Łukasz | 04.06.2003 | MKS Bank BS Płońsk | MZ | 6.19 | | 2.4 |
| 5 | PIETRZYKOWSKI Rafał | 10.04.1995 | SKSG Korona Szczecin | ZP | 6.06 | | 2.1 |
| 6 | GOLEC Jerzy | 15.05.2007 | RKS Ursus Warszawa | MZ | 5.87 | | -0.3 |
| 7 | LEWICKI Witold | 07.10.2008 | UKS Melo Błonie | MZ | 5.70 | PB | 1.5 |
| 8 | PINKOWSKI Aleks | 05.07.2007 | RKS Ursus Warszawa | MZ | 5.31 | | 2.9 |
| | | I | II | III | IV | V | VI |
| PRZYŻECKI Dominik | 7.03 | 5.18 | 6.94 | x | 6.87 | 7.02 | |
| | -0.4 | 1.0 | 0.2 | | -0.9 | 0.6 | |
| ROMANOWSKI Michał | x | x | x | x | x | 6.45 | |
| | | | | | | 0.6 | |
| SETA Sebastian | 6.08 | 6.03 | 6.17 | 6.18 | 6.07 | 6.19 | |
| | -0.3 | -0.2 | -0.9 | 0.3 | 0.4 | 1.3 | |
| KORZENIOWSKI Łukasz | 5.96 | x | x | 6.19 | 4.53 | 6.16 | |
| | 0.2 | | | 2.4 | 1.1 | -2.3 | |
| PIETRZYKOWSKI Rafał | 5.81 | 6.05 | 5.64 | 6.00 | 6.06 | 5.85 | |
| | -1.2 | 1.2 | -2.0 | 0.8 | 2.1 | 1.2 | |
| GOLEC Jerzy | 5.86 | 5.77 | 5.61 | 5.87 | x | x | |
| | -0.8 | 2.3 | -2.5 | -0.3 | | | |
| LEWICKI Witold | 4.86 | 5.43 | 5.21 | 5.57 | 5.70 | 5.55 | |
| | -1.1 | 0.8 | -1.6 | 0.3 | 1.5 | 1.0 | |
| PINKOWSKI Aleks | 5.12 | x | 4.85 | 5.15 | 5.31 | 5.25 | |
| | 0.3 | | 1.2 | 1.2 | 2.9 | -1.3 | |

Skok w dal M U16

FINAŁ

15:45

| | | | | | | | |
|----------------------|----------------------|------------|---------------------------------|------|------|------|------|
| 1 | DĄBROWSKI Aleksander | 06.09.2011 | LUKS Hańcza Suwałki | PD | 5.52 | | 0.2 |
| 2 | LICZEWSKI Dawid | 25.04.2012 | SKS Feniks Siedlce | MZ | 5.52 | PB | -0.7 |
| 3 | SOSNOWSKI Mateusz | 23.10.2011 | RK Athletics Warszawa | MZ | 5.38 | | 0.5 |
| 4 | SZEWCZYK Tymon Jakub | 30.08.2011 | KS AZS AWF Warszawa | MZ | 5.35 | PB | 0.8 |
| 5 | ORCZYKOWSKI Mateusz | 28.02.2012 | UKS Diamond Athletics Białoleka | MZ | 5.04 | PB | -0.6 |
| 6 | JASIELON Sebastian | 20.07.2012 | LUKS Hańcza Suwałki | PD | 4.99 | PB | -0.2 |
| 7 | DRABIK Ignacy | 29.09.2012 | UKS LA Basket Warszawa | MZ | 4.94 | | -1.2 |
| | | I | II | III | IV | V | VI |
| DĄBROWSKI Aleksander | x | 5.52 | 5.40 | 3.77 | 5.44 | 5.40 | |
| | | 0.2 | -0.3 | 1.2 | 0.4 | 0.3 | |
| LICZEWSKI Dawid | x | 5.52 | x | 4.93 | 5.05 | r | |
| | | -0.7 | | 1.3 | 1.0 | | |
| SOSNOWSKI Mateusz | 5.29 | 5.38 | 5.13 | x | 4.88 | 4.80 | |
| | 1.3 | 0.5 | -0.5 | | 1.7 | -0.9 | |
| SZEWCZYK Tymon Jakub | 5.35 | 5.26 | 5.30 | 5.22 | 5.33 | x | |
| | 0.8 | 1.4 | 0.4 | 0.1 | 2.8 | | |

| | | | | | | |
|---------------------|------|------|------|------|------|------|
| ORCZYKOWSKI Mateusz | x | 4.96 | 5.00 | 5.04 | 4.91 | 5.04 |
| | | 0.6 | 0.2 | -0.6 | 2.0 | 2.8 |
| JASIELON Sebastian | 4.99 | x | x | x | x | x |
| | -0.2 | | | | | |
| DRABIK Ignacy | 4.94 | 3.22 | 3.20 | x | 4.36 | x |
| | -1.2 | 0.9 | 1.3 | | -0.5 | |

Rzut oszczepem M U18 (700)n

FINAŁ

19:00

| | | | | | |
|------------------------|------------|----------------------|----|-------|----|
| 1 LIPKA Jan | 08.05.2009 | RLTL GGG Radom | MZ | 52.65 | PB |
| 2 ROMAN Szymon | 14.05.2009 | SKS Feniks Siedlce | MZ | 45.36 | PB |
| 3 PAWLAK Cezary | 06.11.2010 | KS AZS AWF Warszawa | MZ | 42.09 | |
| 4 MICHALEC Szymon | 20.06.2010 | GKS Wilga Garwolin | MZ | 39.31 | |
| 5 WIŚNIEWSKI Jędrzej | 25.06.2009 | KS AZS AWF Warszawa | MZ | 38.76 | PB |
| 6 DEHNEL Antoni | 10.06.2009 | AKL Ursynów Warszawa | MZ | 33.66 | PB |
| 7 YEMELYANAU-YANKOUSKI | 25.03.2010 | LUKS Hańcza Suwałki | PD | 32.14 | PB |

| | | | | | | |
|------------------------------|-------|-------|-------|-------|-------|-------|
| LIPKA Jan | 52.30 | x | 52.65 | x | 51.25 | x |
| ROMAN Szymon | 45.36 | 44.21 | 41.29 | 43.23 | x | x |
| PAWLAK Cezary | x | 42.09 | 40.78 | 35.70 | 34.30 | 38.81 |
| MICHALEC Szymon | 38.18 | 39.18 | 39.31 | x | x | 37.63 |
| WIŚNIEWSKI Jędrzej | 37.51 | 38.76 | 36.52 | 38.04 | x | x |
| DEHNEL Antoni | x | 33.47 | 33.66 | x | 32.62 | x |
| YEMELYANAU-YANKOUSKI Sjarhei | 29.95 | 30.49 | x | 27.03 | 32.14 | 26.73 |

KOBIETY/WOMEN

100 m K

FINAŁ A

+0.2 m/s

18:27

| | | | | | |
|-----------------------|------------|-----------------------|----|-------|----|
| 1 HOROWSKA Nikola | 03.01.2001 | AZS UMCS Lublin | LU | 11.84 | SB |
| 2 WROTEK Hanna | 12.01.2008 | OKS Skra Warszawa | MZ | 12.14 | |
| 3 PIASECKA Karolina | 23.10.2007 | KS Podlasie Białystok | PD | 12.26 | PB |
| 4 CZAPLIŃSKA Ewelina | 09.07.2007 | UKS Młodzik Warszawa | MZ | 12.45 | PB |
| 5 BOKUN Magdalena | 29.05.1996 | KS AZS AWF Katowice | SL | 12.49 | SB |
| 6 SZYMCZUK Aleksandra | 18.10.2008 | AKL Ursynów Warszawa | MZ | 12.51 | |
| 7 RAYER Salomé | 19.09.2004 | KS AZS AWF Warszawa | MZ | 12.61 | |
| 8 KOWALSKA Justyna | 09.05.2004 | UKS Herkules Sulejów | MZ | 12.82 | |
| 9 KAŻMIERSKA Kaja | 09.07.2008 | UKS Gimnazjon Płońsk | MZ | 12.84 | |
| 10 ARCISZ Katarzyna | 27.08.2008 | KS Podlasie Białystok | PD | 12.88 | |

FINAŁ B

+0.2 m/s

18:30

| | | | | | |
|-----------------------|------------|--------------------------|----|-------|----|
| 1 BOGUSZEWICZ Martyna | 14.10.2005 | SKSG Korona Szczecin | ZP | 12.63 | SB |
| 2 SIROCKA Maria | 04.08.2002 | KS Sprinterzy.com Kraków | MA | 12.90 | |
| 3 JABŁONKOWSKA Amelia | 22.07.2008 | SRS Kondycja Piaseczno | MZ | 13.05 | |
| 4 OLCZAK Dominika | 31.10.2008 | KS AZS AWF Warszawa | MZ | 13.18 | |
| 5 MILEWSKA Patrycja | 11.04.2008 | KS Podlasie Białystok | PD | 13.30 | |
| 6 BŁAŻEJAK Lena | 22.06.2008 | AKL Ursynów Warszawa | MZ | 13.31 | |
| JAKOWIEC Pola | 29.11.2008 | UKS LA Basket Warszawa | MZ | DNS | |
| KAMIŃSKA Maria | 16.05.2008 | KS AZS AWF Warszawa | MZ | DNS | |
| NUÑEZ-KRAJEWSKA | 23.10.2008 | KS AZS AWF Warszawa | MZ | DNS | |

FINAŁ C

+0.2 m/s

18:33

| | | | | | |
|-----------------------|------------|------------------------|----|-------|----|
| 1 GALACH Antonina | 12.09.2009 | UKS LA Basket Warszawa | MZ | 12.85 | |
| 2 KRZYŚKÓW Klara | 15.03.2009 | KS Czempion Warszawa | MZ | 12.86 | |
| 3 PARZYCH Natalia | 13.07.2010 | KS AZS AWF Warszawa | MZ | 12.92 | |
| 4 BAŁ Julia | 18.07.2009 | LKS EkoSport Siedlce | MZ | 13.00 | |
| 5 GŹMAŃSKA Wiktoria | 02.03.2010 | MUKS Płock | MZ | 13.04 | |
| 6 JASIŃSKA Aleksandra | 29.03.2010 | BKL Bełchatów | LD | 13.06 | |
| 7 CYRANKOWSKA Klaudia | 02.01.2010 | OKS Skra Warszawa | MZ | 13.12 | PB |
| 8 GROCHOWSKA Pola | 05.05.2010 | KS AZS AWF Warszawa | MZ | 13.13 | |
| 9 GDAK Julia | 25.09.2009 | UKS Młodzik Warszawa | MZ | 13.37 | |
| ULIKOWSKA Sandra | 01.06.2009 | LUKS Hańcza Suwałki | PD | DNS | |

FINAŁ D

+0.1 m/s

18:36

| | | | | | |
|-------------------------|------------|------------------------|----|-------|--|
| 1 WRZESIEŃ Julia | 06.11.2011 | Warszawska Akademia LA | MZ | 12.89 | |
| 2 BALAS Lena | 27.03.2012 | OKS Start Otwock | MZ | 12.98 | |
| 3 PODOLSKA Maja | 15.03.2012 | OKS Start Otwock | MZ | 13.31 | |
| 4 SZAJKOWSKA Aleksandra | 22.06.2011 | KS AZS AWF Warszawa | MZ | 13.47 | |
| 5 KOMOROWSKA Klaudia | 21.05.2011 | Warszawska Akademia LA | MZ | 13.47 | |



| | | | | | | |
|---|-----------------------|------------|---------------------------------|----|-------|--|
| 6 | WOJCIECHOWSKA Barbara | 16.05.2012 | UKS Diamond Athletics Białoleka | MZ | 13.48 | |
| 7 | NAWOTCZYŃSKA Maja | 26.03.2011 | KS Zawkrze Mława | MZ | 13.50 | |
| | DUDEK Małgorzata | 24.12.2011 | RK Athletics Warszawa | MZ | DNS | |
| | BARYŁKA Nina | 01.07.2011 | OKS Skra Warszawa | MZ | DNS | |
| | JEŻEWSKA Natalia | 09.08.2012 | UKS MTE Milanówek | MZ | DNS | |

100 m K

| | | | | | |
|------------|-----------------------|------------|---------------------------------|-------|--------------|
| Bieg 1/ 11 | | +0.2 m/s | | 16:55 | |
| 1 | HOROWSKA Nikola | 03.01.2001 | AZS UMCS Lublin | LU | 11.97 q |
| 2 | WROTEK Hanna | 12.01.2008 | OKS Skra Warszawa | MZ | 12.25 q |
| 3 | PIASECKA Karolina | 23.10.2007 | KS Podlasie Białystok | PD | 12.34 q |
| 4 | ULIKOWSKA Sandra | 01.06.2009 | LUKS Hańcza Suwałki | PD | 12.45 q SB |
| 5 | BOKUN Magdalena | 29.05.1996 | KS AZS AWF Katowice | SL | 12.53 q |
| 6 | RAYER Salomé | 19.09.2004 | KS AZS AWF Warszawa | MZ | 12.57 qB |
| 7 | BARYŁKA Nina | 01.07.2011 | OKS Skra Warszawa | MZ | 12.78 qB |
| 8 | BOGUSZEWICZ Martyna | 14.10.2005 | SKSG Korona Szczecin | ZP | 12.85 qB SB |
| 9 | BAK Julia | 18.07.2009 | LKS EkoSport Siedlce | MZ | 12.95 qB |
| 10 | PARZYCH Natalia | 13.07.2010 | KS AZS AWF Warszawa | MZ | 13.02 qB |
| Bieg 2/ 11 | | +1.3 m/s | | 16:59 | |
| 1 | JEŻEWSKA Natalia | 09.08.2012 | UKS MTE Milanówek | MZ | 12.54 q PB |
| 2 | DUDEK Małgorzata | 24.12.2011 | RK Athletics Warszawa | MZ | 12.58 qB PB |
| 3 | KRZYŚKÓW Klara | 15.03.2009 | KS Czempion Warszawa | MZ | 12.66 qB PB |
| 4 | KAŻMIERSKA Kaja | 09.07.2008 | UKS Gimnazjon Płońsk | MZ | 12.69 qB |
| 5 | KOWALSKA Justyna | 09.05.2004 | UKS Herkules Sulejów | MZ | 12.72 qB PB |
| 6 | ARCISZ Katarzyna | 27.08.2008 | KS Podlasie Białystok | PD | 12.74 qB PB |
| 7 | GALACH Antonina | 12.09.2009 | UKS LA Basket Warszawa | MZ | 12.84 qB PB |
| 8 | JABŁONKOWSKA Amelia | 22.07.2008 | SRS Kondycja Piaseczno | MZ | 12.87 qB =SB |
| 9 | GUZMAŃSKA Wiktoria | 02.03.2010 | MUKS Płock | MZ | 12.99 qB SB |
| 10 | OLCZAK Dominika | 31.10.2008 | KS AZS AWF Warszawa | MZ | 13.09 qB |
| Bieg 3/ 11 | | +0.0 m/s | | 17:01 | |
| 1 | CZAPLIŃSKA Ewelina | 09.07.2007 | UKS Młodzik Warszawa | MZ | 12.52 q PB |
| 2 | SIROCKA Maria | 04.08.2002 | KS Sprinterzy.com Kraków | MA | 12.88 qB PB |
| 3 | WRZESIEŃ Julia | 06.11.2011 | Warszawska Akademia LA | MZ | 12.95 qB |
| 4 | JASIŃSKA Aleksandra | 29.03.2010 | BKL Bełchatów | LD | 12.99 qB |
| 5 | GROCHOWSKA Pola | 05.05.2010 | KS AZS AWF Warszawa | MZ | 13.04 qB PB |
| 6 | CYRANKOWSKA Klaudia | 02.01.2010 | OKS Skra Warszawa | MZ | 13.13 qB PB |
| 7 | MILEWSKA Patrycja | 11.04.2008 | KS Podlasie Białystok | PD | 13.18 qB |
| 8 | BĘDKOWSKA Kinga | 18.06.2010 | AZS Łódź | LD | 13.36 qB |
| 9 | SADEK Lena | 31.03.2012 | UKS Otrębusy | MZ | 14.18 |
| Bieg 4/ 11 | | +2.2 m/s | | 17:04 | |
| 1 | BŁAŻEJAK Lena | 22.06.2008 | AKL Ursynów Warszawa | MZ | 13.21 qB |
| 2 | GDAK Julia | 25.09.2009 | UKS Młodzik Warszawa | MZ | 13.22 qB |
| | WOJCIECHOWSKA Barbara | 16.05.2012 | UKS Diamond Athletics Białoleka | MZ | 13.22 qB |
| 4 | KOMOROWSKA Klaudia | 21.05.2011 | Warszawska Akademia LA | MZ | 13.23 qB |
| 5 | SZAJKOWSKA Aleksandra | 22.06.2011 | KS AZS AWF Warszawa | MZ | 13.26 qB |
| 6 | MATULEWICZ Maria | 16.12.2009 | KS AZS AWF Warszawa | MZ | 13.27 qB |
| 7 | ZYCH Hanna | 06.07.2012 | KS LA Senk Team Warszawa | MZ | 13.39 qB |
| 8 | NEJFERT Aleksandra | 27.05.2010 | LUKS Hańcza Suwałki | PD | 13.41 |
| 9 | NUÑEZ-KRAJEWSKA | 23.10.2008 | KS AZS AWF Warszawa | MZ | 13.42 |
| 10 | KOZYRA Helena | 12.07.2011 | OKS Skra Warszawa | MZ | 13.52 |
| Bieg 5/ 11 | | +2.4 m/s | | 17:08 | |
| 1 | SZYMCZUK Aleksandra | 18.10.2008 | AKL Ursynów Warszawa | MZ | 12.49 q |
| 2 | NAWOTCZYŃSKA Maja | 26.03.2011 | KS Zawkrze Mława | MZ | 13.37 qB |
| 3 | PRZESMYCKA Gabriela | 30.10.2011 | UKS LA Basket Warszawa | MZ | 13.58 |
| 4 | MOSZUMAŃSKA Agata | 22.07.2012 | Warszawska Akademia LA | MZ | 13.67 |
| 5 | SZCZEPANIK Anna | 10.12.2010 | KS AZS AWF Warszawa | MZ | 13.74 |
| 6 | CHMURA Dominika | 24.03.2011 | Warszawska Akademia LA | MZ | 13.79 |
| 7 | WATRAS Zuzanna | 24.10.2011 | UKS Diamond Athletics Białoleka | MZ | 13.86 |
| 8 | JACKOWSKA Weronika | 10.04.2010 | KS AZS AWF Warszawa | MZ | 13.91 |
| 9 | BORZYM Gabriela | 22.09.2011 | KS Zawkrze Mława | MZ | 13.99 |
| Bieg 6/ 11 | | +0.1 m/s | | 17:11 | |
| 1 | ŚLIWIŃSKA Hanna | 18.07.2012 | KS AZS AWF Warszawa | MZ | 13.37 qB PB |
| 2 | MARKOWSKA Zuzanna | 21.06.2012 | MUKS Płock | MZ | 13.48 PB |
| 3 | KOWALCZYK Alicja | 08.09.2011 | OKS Start Otwock | MZ | 13.63 PB |
| 4 | SZCZEPAŃSKA Joanna | 08.08.2011 | AKL Ursynów Warszawa | MZ | 13.83 PB |
| 5 | WYRZYKOWSKA Zofia | 17.03.2010 | KS AZS AWF Warszawa | MZ | 13.90 |
| 6 | ŻYNIĘWICZ Patrycja | 24.09.2011 | Warszawska Akademia LA | MZ | 13.95 |
| 7 | JARZĘBOWICZ Julia | 28.09.2012 | AKL Ursynów Warszawa | MZ | 13.96 |
| 8 | PIETRZAK Pola | 25.02.2012 | OKS Skra Warszawa | MZ | 14.00 |
| 9 | TRACZYK Nina | 05.08.2010 | KS AZS AWF Warszawa | MZ | 14.02 |
| 10 | ZAJĄC Gabriela | 20.11.2012 | OKS Skra Warszawa | MZ | 14.09 |

| | | | | |
|-----------------------|-------------------------------------|-------|-------|--|
| Bieg 7/ 11 | -2.2 m/s | 17:14 | | |
| 1 CZAJKOWSKA Oliwia | 13.03.2012 UKS LA Basket Warszawa | MZ | 13.66 | |
| 2 GAŚSIOROWSKA Helena | 09.06.2011 RK Athletics Warszawa | MZ | 13.72 | |
| 3 KAMIŃSKA Maria | 16.05.2008 KS AZS AWF Warszawa | MZ | 13.79 | |
| 4 JAKOWIEC Pola | 29.11.2008 UKS LA Basket Warszawa | MZ | 14.22 | |
| 5 GAS Liliana | 08.05.2010 UKS LA Basket Warszawa | MZ | 14.31 | |
| 6 PEŁCZERZEWSKA Agata | 30.11.2011 MUKS Płock | MZ | 14.33 | |
| 7 PIOTROWSKA Anita | 13.12.2012 KS LA Senk Team Warszawa | MZ | 14.52 | |
| 8 SADOWSKA Karolina | 23.06.2012 LUKS Hańcza Suwałki | PD | 14.53 | |
| 9 KOWALSKA Ida | 25.02.2012 SKS Feniks Siedlce | MZ | 14.92 | |
| JALOCHA Michalina | 02.07.2011 GKS Wilga Garwolin | MZ | DQ | |

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|-----------------------|--------------------------------------|-------|-------|----|
| Bieg 8/ 11 | +0.6 m/s | 17:19 | | |
| 1 KOŁACIN Karolina | 07.11.2012 Warszawska Akademia LA | MZ | 13.71 | PB |
| 2 OZIMKIEWICZ Iga | 29.03.2012 UKS Herkules Sulejówek | MZ | 13.71 | PB |
| 3 MICHALAK Patrycja | 13.07.2009 KS AZS AWF Warszawa | MZ | 14.04 | PB |
| 4 MYTYCH Antonina | 09.05.2012 KS Atak Agrykola Warszawa | MZ | 14.15 | PB |
| 5 DRABIK Julia | 30.01.2010 UKS LA Basket Warszawa | MZ | 14.15 | PB |
| 6 ZIÓŁKOWSKA Kamila | 03.08.2011 UKS LA Basket Warszawa | MZ | 14.26 | PB |
| 7 PUSZ-GAJOS Lilianna | 16.03.2012 OKS Start Otwock | MZ | 14.39 | PB |
| 8 KACHNIARZ Zofia | 23.01.2012 KS LA Senk Team Warszawa | MZ | 14.47 | PB |
| 9 CZAJKA Zofia | 21.05.2010 AKL Ursynów Warszawa | MZ | 14.51 | |
| KRAJEWSKA Michalina | 08.02.2011 KS Zawkrze Mława | MZ | DQ | |

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|----------------------|--------------------------------------|-------|-------|----|
| Bieg 9/ 11 | +1.5 m/s | 17:21 | | |
| 1 PROCNER Nina | 04.02.2011 RK Athletics Warszawa | MZ | 14.08 | PB |
| 2 WOJCIECHOWSKA | 12.09.2010 UKS Młodzik Warszawa | MZ | 14.22 | PB |
| 3 PASIECZNA Oliwia | 31.08.2011 UKS Herkules Sulejówek | MZ | 14.24 | PB |
| 4 CYGANIEK Julia | 04.04.2011 UKS SMS KAPRY Pruszków | MZ | 14.36 | PB |
| 5 PAWIKOWSKA Matylda | 20.09.2011 Warszawska Akademia LA | MZ | 14.64 | |
| 5 SADOWSKA Liwia | 17.09.2010 RLTL GGG Radom | MZ | 14.64 | PB |
| 7 SNOPEK Aleksandra | 03.07.2012 UKS LA Basket Warszawa | MZ | 14.88 | PB |
| 8 MIKINA Tamara | 20.02.2012 KS Atak Agrykola Warszawa | MZ | 14.91 | PB |
| 9 KUSKA Kinga | 28.03.2011 UKS Otrębusy | MZ | 15.00 | PB |
| SOCIŃSKA Dominika | 01.02.2012 LUKS Hańcza Suwałki | PD | DQ | |

| | | | | |
|-------------------------|-------------------------------------|-------|-------|----|
| Bieg 10/ 11 | +1.8 m/s | 17:24 | | |
| 1 PODOLSKA Maja | 15.03.2012 OKS Start Otwock | MZ | 13.00 | qB |
| 2 MAZUR Antonina | 13.04.2012 UKS Herkules Sulejówek | MZ | 13.49 | |
| 3 UCHMAŃSKA Anna | 28.09.2011 UKS LA Basket Warszawa | MZ | 14.19 | |
| 4 KRAMARSKA Zuzanna | 07.06.2012 OKS Skra Warszawa | MZ | 14.47 | PB |
| 5 NOWAK Julia | 05.06.2012 OKS Start Otwock | MZ | 14.53 | |
| 6 SZCZECHOWSKA Wiktoria | 22.07.2011 Warszawska Akademia LA | MZ | 14.57 | PB |
| 7 SIKORA Kalina | 18.09.2012 OKS Skra Warszawa | MZ | 15.16 | |
| 8 KUCHARSKA Kinga | 27.07.2011 KS LA Senk Team Warszawa | MZ | 15.49 | |

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|-----------------------|--------------------------------------|-------|-------|----|
| Bieg 11/ 11 | +0.7 m/s | 17:27 | | |
| 1 BALAS Lena | 27.03.2012 OKS Start Otwock | MZ | 12.89 | qB |
| 2 BARAN Ewa | 10.09.2012 OKS Start Otwock | MZ | 13.83 | |
| 3 MACKIEWICZ Dominika | 21.03.2009 RKS Ursus Warszawa | MZ | 13.86 | |
| 4 BUŁAWA Natalia | 02.09.2011 UKS LA Basket Warszawa | MZ | 14.07 | |
| 5 KOZŁOWSKA Wiktoria | 15.06.2010 UKS LA Basket Warszawa | MZ | 14.15 | |
| 6 KEPIŃSKA Aleksandra | 07.08.2012 OKS Start Otwock | MZ | 15.21 | |
| 7 MAROSZ Zofia | 12.08.2012 KS Atak Agrykola Warszawa | MZ | 15.64 | |

400 m K

| | | | | |
|-------------------------|-------------------------------------|-------|---------|----|
| Bieg 1/ 5 | | 18:55 | | |
| 1 MACHAŁA Martyna | 19.05.2010 LKS Stal Mielec | PK | 55.04 | PB |
| 2 BARDJAN Nadia | 08.12.2009 CWKS Resovia Rzeszów | PK | 56.01 | PB |
| 3 ŚWIĄTKOWSKA Zofia | 26.01.1998 KS Lemiesz Team Warszawa | MZ | 56.92 | PB |
| 4 GAJDA Sylwana | 10.11.1999 KS AZS AWF Warszawa | MZ | 56.96 | |
| 5 WOJEŃSKA Aleksandra | 14.05.2008 KS AZS UWM Olsztyn | WN | 57.06 | SB |
| 6 ZIELIŃSKA Alicja | 25.07.2007 UKS Herkules Sulejówek | MZ | 58.63 | |
| 7 CZACHOROWSKA Antonina | 16.09.2008 MUKS Park Zduńska Wola | LD | 58.68 | SB |
| 8 ULIKOWSKA Sandra | 01.06.2009 LUKS Hańcza Suwałki | PD | 1:01.46 | |

| | | | | |
|----------------------|---|-------|---------|----|
| Bieg 2/ 5 | | 18:58 | | |
| 1 BŁUŚ Hanna | 27.06.2008 KS AZS AWF Warszawa | MZ | 58.56 | PB |
| 2 MILEWSKA Daria | 15.01.2010 KS AZS UWM Olsztyn | WN | 59.56 | PB |
| 3 ŁACZMAŃSKA Natalia | 16.06.2009 UKS Herkules Sulejówek | MZ | 59.87 | |
| 4 GRÓŃSKA Kornelia | 26.02.2007 AZS UMCS Lublin | LU | 1:00.28 | |
| 5 BOGUSŁAWSKA Julia | 21.07.2003 KS AZS AWF Warszawa | MZ | 1:00.37 | |
| 6 MISZTAL Justyna | 08.08.2006 KS Lemiesz Team Warszawa | MZ | 1:01.12 | |
| 7 HOYER Natalia | 02.05.2008 KS AZS AWF Warszawa | MZ | 1:01.26 | |
| 8 SMYCZEK Nadia | 05.05.2009 MLUKS Rawa - Rawa Mazowiecka | LD | 1:01.94 | |

Bieg 3/ 5

19:01

| | | | | | | |
|---|---------------------|------------|----------------------------------|----|---------|----|
| 1 | GÓRA Julia | 27.07.2010 | KLKS Juventa-Cerrad Starachowice | SK | 58.84 | PB |
| 2 | BILSKA Zuzanna | 21.08.2011 | KLKS Juventa-Cerrad Starachowice | SK | 1:00.87 | |
| 3 | JADACHOWSKA Liliana | 30.07.2009 | KS AZS AWF Warszawa | MZ | 1:01.15 | |
| 4 | MALINOWSKA Pola | 02.05.2007 | MKS Unia Hrubieszów | LU | 1:01.68 | |
| 5 | RANDZIO Oliwia | 07.06.2009 | KS AZS UWM Olsztyn | WN | 1:02.38 | |
| 6 | PRZESMYCKA Gabriela | 30.10.2011 | UKS LA Basket Warszawa | MZ | 1:02.54 | |
| 7 | TYMOSZCZUK Maja | 09.07.2008 | KS AZS AWF Warszawa | MZ | 1:05.61 | |
| 8 | KARBOWIAK Dominika | 04.05.2008 | KM Aktywni Sochaczew | MZ | 1:05.85 | |

Bieg 4/ 5

19:05

| | | | | | | |
|---|---------------------|------------|---------------------------|----|---------|--|
| 1 | CHŁOPIK Magdalena | 10.10.2012 | UKS MTE Milanówek | MZ | 1:03.11 | |
| 2 | SOROKO Maja | 14.06.2012 | Ducla Academy Warszawa | MZ | 1:03.70 | |
| 3 | WOJTYLAK Wiktoria | 21.06.2010 | UKS Herkules Sulejówek | MZ | 1:05.12 | |
| 4 | SAWELIEWA Anastazja | 28.01.2012 | UKS Herkules Sulejówek | MZ | 1:06.81 | |
| 5 | OCHMAŃSKA Kaja | 22.05.2011 | KS Atak Agrykola Warszawa | MZ | 1:07.18 | |
| 6 | PIOTROWSKA Anita | 13.12.2012 | KS LA Senk Team Warszawa | MZ | 1:09.50 | |
| 7 | KRULAK Gabriela | 08.03.2011 | RK Athletics Warszawa | MZ | 1:09.89 | |
| | SOCIŃSKA Dominika | 01.02.2012 | LUKS Hańcza Suwałki | PD | DQ | |

Bieg 5/ 5

19:10

| | | | | | | |
|---|-------------------------|------------|------------------------------|----|---------|--|
| 1 | PAŁĄGIEWICZ Martyna | 12.05.2010 | MLUKS Rawa - Rawa Mazowiecka | LD | 1:00.58 | |
| 2 | NAWOTCZYŃSKA Maja | 26.03.2011 | KS Zawkrze Mława | MZ | 1:05.97 | |
| 3 | BORZYM Gabriela | 22.09.2011 | KS Zawkrze Mława | MZ | 1:06.62 | |
| 4 | KRAJEWSKA Michalina | 08.02.2011 | KS Zawkrze Mława | MZ | 1:06.81 | |
| 5 | NOWACKA Julianna | 24.10.2012 | KS Atak Agrykola Warszawa | MZ | 1:08.04 | |
| 6 | MILCZYŃSKA Aleksandra | 06.07.2012 | MUKS Płock | MZ | 1:08.85 | |
| 7 | MAŚLANKA-MARCINIAK Mila | 26.08.2012 | UKS Herkules Sulejówek | MZ | 1:10.37 | |
| 8 | BATOROWICZ Karolina | 14.07.2012 | Warszawska Akademia LA | MZ | 1:10.58 | |

1500 m K

Bieg 1/ 1

18:05

| | | | | | | |
|----|------------------------|------------|----------------------------------|----|---------|----|
| 1 | SZYMAŃSKA Maja | 11.07.2008 | KS AZS AWF Warszawa | MZ | 4:46.12 | |
| 2 | GRZELCZAK Dominika | 20.08.2007 | KS AZS AWF Warszawa | MZ | 4:46.70 | SB |
| 3 | SZCZYGIELSKA Anita | 13.05.2008 | RLTL GGG Radom | MZ | 4:48.64 | |
| 4 | BĘTKOWSKA Maja | 21.04.2010 | RK Athletics Warszawa | MZ | 4:49.70 | PB |
| 5 | LUDWICKA Emilia | 27.12.2010 | LKS Maków Mazowiecki | MZ | 4:54.18 | PB |
| 6 | STOŻEK Julia | 10.11.2009 | UKS Herkules Sulejówek | MZ | 4:54.84 | |
| 7 | FRANKOWSKA Karolina | 12.01.2011 | MUKS Płock | MZ | 4:55.88 | |
| 8 | DRÓDŹ Zofia | 18.07.2007 | KLKS Juventa-Cerrad Starachowice | SK | 4:56.22 | |
| 9 | ZIMOWICZ Alicja | 04.07.2010 | Ducla Academy Warszawa | MZ | 4:56.57 | PB |
| 10 | PROCH Jagna | 18.02.2007 | KS AZS AWF Warszawa | MZ | 4:57.99 | |
| 11 | ROLA Marcjanna | 19.07.2007 | RLTL GGG Radom | MZ | 5:02.36 | |
| 12 | TOBOŁA-PERTKIEWICZ | 16.06.2010 | MKS Polonia Warszawa | MZ | 5:05.13 | |
| 13 | ANDRUSZKIEWICZ Zuzanna | 27.05.2010 | KS AZS AWF Warszawa | MZ | 5:23.97 | |
| 14 | RACHWAŁSKA Zofia | 14.01.2008 | KS Lemiesz Team Warszawa | MZ | 5:27.05 | |
| 15 | LEŚNIEWSKA Dominika | 30.08.2010 | RLTL GGG Radom | MZ | 5:43.54 | |
| 16 | GRABARCZYK Alicja | 21.06.2010 | MUKS Płock | MZ | 6:07.85 | |
| | KONIECZNY Zuzanna | 30.01.2009 | OKS Skra Warszawa | MZ | DNF | |

100 m pł K U18 (76.2)

FINAŁ

+0.4 m/s

16:08

| | | | | | | |
|---|--------------------|------------|---------------------------|----|-------|--|
| 1 | WARECKA Gabriela | 30.10.2009 | KS AZS AWF Warszawa | MZ | 13.78 | |
| 2 | KARTASIŃSKA Milena | 29.06.2010 | MKS Aleksandrów Łódzki | LD | 14.61 | |
| 3 | KARYŚ Hanna | 23.06.2010 | UKS LA Basket Warszawa | MZ | 14.69 | |
| 4 | BUDA Idalia | 01.04.2010 | AKL Ursynów Warszawa | MZ | 14.70 | |
| 5 | LUTOMIRSKA Joanna | 17.12.2010 | UKS LA Basket Warszawa | MZ | 14.97 | |
| 6 | KULIŃSKA Blanka | 05.06.2010 | OKS Skra Warszawa | MZ | 15.17 | |
| 7 | BRODOWSKA Zuzanna | 02.07.2010 | UKS LA Basket Warszawa | MZ | 15.21 | |
| 8 | ANTONIAK Alicja | 31.10.2010 | UKS Herkules Sulejówek | MZ | 15.65 | |
| 9 | STYKOWSKA Zofia | 18.11.2010 | KS Atak Agrykola Warszawa | MZ | 15.67 | |
| | BARNA Wiktoria | 31.05.2010 | KS AZS AWF Warszawa | MZ | DNS | |

100 m pł K U18 (76.2)

Bieg 1/ 2

-1.5 m/s

15:07

| | | | | | | |
|---|--------------------|------------|------------------------|----|-------|------|
| 1 | WARECKA Gabriela | 30.10.2009 | KS AZS AWF Warszawa | MZ | 13.94 | q |
| 2 | BUDA Idalia | 01.04.2010 | AKL Ursynów Warszawa | MZ | 14.76 | q PB |
| 3 | KARTASIŃSKA Milena | 29.06.2010 | MKS Aleksandrów Łódzki | LD | 14.89 | q |
| 4 | BRODOWSKA Zuzanna | 02.07.2010 | UKS LA Basket Warszawa | MZ | 14.98 | q |
| 5 | LUTOMIRSKA Joanna | 17.12.2010 | UKS LA Basket Warszawa | MZ | 15.04 | q |
| 6 | KULIŃSKA Blanka | 05.06.2010 | OKS Skra Warszawa | MZ | 15.40 | q |

| | | | | |
|---------------------|------------|---------------------------|-------|-------------|
| Bieg 2/ 2 | +0.6 m/s | | 15:11 | |
| 1 KARYŚ Hanna | 23.06.2010 | UKS LA Basket Warszawa | MZ | 14.90 q |
| 2 ANTONIAK Alicja | 31.10.2010 | UKS Herkules Sulejówek | MZ | 15.96 q |
| 3 STYKOWSKA Zofia | 18.11.2010 | KS Atak Agrykola Warszawa | MZ | 16.04 qB PB |
| 4 BARNA Wiktoria | 31.05.2010 | KS AZS AWF Warszawa | MZ | 16.48 qB |
| 5 DROGOŃ Weronika | 27.06.2010 | MUKS Płock | MZ | 17.63 |
| 6 KACZMAREK Matylda | 16.02.2010 | KS AZS AWF Warszawa | MZ | 20.99 |

100 m pł K

| | | | | |
|---------------------|------------|---------------------------|-------|-----------|
| FINAŁ | -0.6 m/s | | 15:57 | |
| 1 MATEJA Jagoda | 29.12.2008 | AZS Łódź | LD | 14.32 PB |
| 2 PAWLAK Adrianna | 16.07.2008 | UKS LA Basket Warszawa | MZ | 14.59 |
| 3 NOWAKOWSKA Jagoda | 06.05.2008 | UKS Vis Skierniewice | LD | 14.72 =PB |
| 4 ŻUROWSKA Klaudia | 01.02.2007 | RLTL GGG Radom | MZ | 14.77 PB |
| 5 CIESIELSKA Anna | 10.01.1997 | KS Sprintwarsaw | MZ | 15.06 SB |
| 6 DENEKA Hanna | 27.09.2008 | UKS LA Basket Warszawa | MZ | 15.51 |
| WANKIEWICZ Natalia | 27.02.2004 | CWZS Zawisza Bydgoszcz SL | KP | DNF |

80 m pł K U16

| | | | | |
|-------------------------|------------|---------------------------|-------|----------|
| FINAŁ | -0.1 m/s | | 16:18 | |
| 1 ŻUREK Maja | 06.06.2011 | KS AZS AWF Warszawa | MZ | 12.00 |
| 2 MYSŁOWSKA Joanna | 27.01.2012 | MKLA Łęczycza | LD | 12.18 PB |
| 3 JEŻEWSKA Natalia | 09.08.2012 | UKS MTE Milanówek | MZ | 12.30 |
| 4 SZAJKOWSKA Aleksandra | 22.06.2011 | KS AZS AWF Warszawa | MZ | 13.10 PB |
| 5 KOŁOSZAR Sofi | 19.01.2012 | KS Czempion Warszawa | MZ | 13.18 PB |
| 6 CZAJKOWSKA Oliwia | 13.03.2012 | UKS LA Basket Warszawa | MZ | 13.69 |
| 7 ZIÓŁKOWSKA Kamila | 03.08.2011 | UKS LA Basket Warszawa | MZ | 13.73 |
| 8 DĄBROWSKA Ewa | 19.07.2012 | KS Atak Agrykola Warszawa | MZ | 14.82 PB |
| SNOPEK Aleksandra | 03.07.2012 | UKS LA Basket Warszawa | MZ | DQ TR |

100 m pł K

| | | | | |
|----------------------|------------|---------------------------|-------|------------|
| Bieg 1/ 1 | +0.5 m/s | | 15:00 | |
| 1 WANKIEWICZ Natalia | 27.02.2004 | CWZS Zawisza Bydgoszcz SL | KP | 14.30 q SB |
| 2 PAWLAK Adrianna | 16.07.2008 | UKS LA Basket Warszawa | MZ | 14.52 q PB |
| 3 MATEJA Jagoda | 29.12.2008 | AZS Łódź | LD | 14.58 q |
| 4 NOWAKOWSKA Jagoda | 06.05.2008 | UKS Vis Skierniewice | LD | 14.72 q PB |
| 5 ŻUROWSKA Klaudia | 01.02.2007 | RLTL GGG Radom | MZ | 14.94 q |
| 6 CIESIELSKA Anna | 10.01.1997 | KS Sprintwarsaw | MZ | 15.08 q |
| 7 DENEKA Hanna | 27.09.2008 | UKS LA Basket Warszawa | MZ | 15.39 q |

80 m pł K U16

| | | | | |
|-------------------------|------------|---------------------------|-------|-------------|
| Bieg 1/ 1 | +1.6 m/s | | 15:17 | |
| 1 ŻUREK Maja | 06.06.2011 | KS AZS AWF Warszawa | MZ | 11.99 q PB |
| 2 JEŻEWSKA Natalia | 09.08.2012 | UKS MTE Milanówek | MZ | 12.13 q PB |
| 3 MYSŁOWSKA Joanna | 27.01.2012 | MKLA Łęczycza | LD | 12.43 q |
| 4 SZAJKOWSKA Aleksandra | 22.06.2011 | KS AZS AWF Warszawa | MZ | 13.37 q |
| 5 CZAJKOWSKA Oliwia | 13.03.2012 | UKS LA Basket Warszawa | MZ | 13.46 q PB |
| 6 ZIÓŁKOWSKA Kamila | 03.08.2011 | UKS LA Basket Warszawa | MZ | 13.55 q PB |
| 7 WRZESIEŃ Julia | 06.11.2011 | Warszawska Akademia LA | MZ | 14.00 q |
| 8 KOŁOSZAR Sofi | 19.01.2012 | KS Czempion Warszawa | MZ | 14.09 q |
| 9 SNOPEK Aleksandra | 03.07.2012 | UKS LA Basket Warszawa | MZ | 14.35 qB PB |
| 10 DĄBROWSKA Ewa | 19.07.2012 | KS Atak Agrykola Warszawa | MZ | 15.14 qB |

Pchnięcie kulą K (4kg)

| | | | | |
|-------------------|------------|-----------------------|-------|----------|
| FINAŁ | | | 15:25 | |
| 1 GÓRSKA Dominika | 08.05.2008 | KS Podlasie Białystok | PD | 14.17 PB |
| 2 BIELECKA Maja | 20.12.2007 | RLTL GGG Radom | MZ | 13.94 SB |
| 3 WIESZTORT Laura | 20.08.2008 | AZS UMCS Lublin | LU | 10.96 PB |
| 4 KAMIŃSKA Monika | 07.04.1984 | AKL Ursynów Warszawa | MZ | 9.66 PB |
| 5 KAMIŃSKA Maria | 16.05.2008 | KS AZS AWF Warszawa | MZ | 8.45 |

| | I | II | III | IV | V | VI |
|-----------------|-------|-------|-------|-------|------|------|
| GÓRSKA Dominika | 13.94 | 14.17 | x | x | x | x |
| BIELECKA Maja | 12.94 | 13.90 | 13.94 | x | x | x |
| WIESZTORT Laura | 10.53 | 10.69 | x | 10.96 | x | x |
| KAMIŃSKA Monika | 7.97 | 7.49 | 8.83 | 8.93 | 9.66 | x |
| KAMIŃSKA Maria | 7.26 | 7.01 | 7.64 | 7.40 | 6.83 | 8.45 |

Pchnięcie kulą K U18 (3kg)

| FINAŁ | | 16:35 | | | | | | |
|-------|----------------------|------------|-----------------------|----|-------|--|----|--|
| 1 | ONISZCZUK Oksana | 08.03.2009 | KS Podlasie Białystok | PD | 14.22 | | | |
| 2 | IKE Amanda | 09.07.2009 | OKS Skra Warszawa | MZ | 13.03 | | | |
| 3 | STRZEMIECZNA Zuzanna | 14.04.2012 | MKL Jurand Szczytno | WN | 11.53 | | | |
| 4 | LUŚNIA Maja | 08.01.2009 | GKS Wilga Garwolin | MZ | 11.40 | | PB | |
| 5 | ŚWIERZBIŃSKA Maja | 04.01.2010 | KS Podlasie Białystok | PD | 10.62 | | | |
| 6 | WARECKA Ewa | 30.10.2009 | KS AZS AWF Warszawa | MZ | 10.02 | | | |
| 7 | BARNA Wiktoria | 31.05.2010 | KS AZS AWF Warszawa | MZ | 9.60 | | PB | |
| 8 | OCHTERA Małgorzata | 02.11.2010 | UKS Clan Ostrołęka | MZ | 6.94 | | | |

| | I | II | III | IV | V | VI |
|----------------------|-------|-------|-------|-------|-------|-------|
| ONISZCZUK Oksana | 13.72 | 13.92 | 13.58 | 14.22 | x | 14.08 |
| IKE Amanda | 12.47 | 12.89 | 12.05 | x | 13.03 | x |
| STRZEMIECZNA Zuzanna | 10.58 | 11.17 | 10.93 | 11.02 | x | 11.53 |
| LUŚNIA Maja | 10.95 | x | 10.81 | 11.40 | x | 10.71 |
| ŚWIERZBIŃSKA Maja | 10.45 | x | x | 10.62 | x | x |
| WARECKA Ewa | 9.66 | 9.77 | 10.02 | 9.91 | 9.33 | 9.55 |
| BARNA Wiktoria | 9.60 | 9.45 | 9.53 | 9.09 | 8.84 | 7.87 |
| OCHTERA Małgorzata | 6.94 | 5.90 | 6.48 | 5.60 | 6.58 | 6.52 |

Pchnięcie kulą K U16 (3kg)

| FINAŁ | | 17:40 | | | | | | |
|-------|--------------------|------------|-----------------------|----|-------|--|----|--|
| 1 | PORADA Hanna | 28.05.2011 | KS AZS AWF Warszawa | MZ | 11.50 | | PB | |
| 2 | MURLIKOWSKA Wanesa | 18.07.2011 | MUKS Płock | MZ | 10.49 | | SB | |
| 3 | OMELANIUK Milena | 25.08.2012 | UKS Filipides Teresin | MZ | 9.20 | | | |
| 4 | STECKO Nina | 04.05.2012 | UKS Filipides Teresin | MZ | 8.56 | | | |
| 5 | KOLOSZAR Sofi | 19.01.2012 | KS Czempion Warszawa | MZ | 8.41 | | | |

| | I | II | III | IV | V | VI |
|--------------------|------|-------|-------|-------|-------|-------|
| PORADA Hanna | 9.91 | 10.67 | x | 11.50 | x | 10.70 |
| MURLIKOWSKA Wanesa | 9.72 | 10.49 | 10.22 | 10.19 | 10.00 | 9.78 |
| OMELANIUK Milena | 8.94 | 8.72 | 9.20 | 8.82 | 8.57 | 8.78 |
| STECKO Nina | 8.03 | 7.94 | 7.54 | 8.11 | 7.75 | 8.56 |
| KOLOSZAR Sofi | 8.12 | 7.92 | 8.41 | 8.12 | 7.98 | 7.47 |

Rzut oszczepem K U18 (500)

| FINAŁ | | 17:55 | | | | | | |
|-------|--------------------|------------|---------------------------------|----|-------|--|----|--|
| 1 | DAMSZEL Antonina | 21.01.2010 | MUKL Brodnica | KP | 45.75 | | PB | |
| 2 | IGNACIUK Katarzyna | 24.10.2010 | KS AZS AWF Warszawa | MZ | 37.62 | | PB | |
| 3 | LUŚNIA Maja | 08.01.2009 | GKS Wilga Garwolin | MZ | 34.55 | | PB | |
| 4 | ŻUREK Maja | 06.06.2011 | KS AZS AWF Warszawa | MZ | 31.94 | | | |
| 5 | WARECKA Ewa | 30.10.2009 | KS AZS AWF Warszawa | MZ | 26.45 | | | |
| 6 | OCHTERA Małgorzata | 02.11.2010 | UKS Clan Ostrołęka | MZ | 20.21 | | | |
| 7 | JAKUBIAK Zofia | 25.10.2010 | UKS Diamond Athletics Białoleka | MZ | 18.19 | | | |

| | I | II | III | IV | V | VI |
|--------------------|-------|-------|-------|-------|-------|-------|
| DAMSZEL Antonina | 41.17 | 41.27 | 45.50 | 45.75 | 40.40 | 44.27 |
| IGNACIUK Katarzyna | 33.40 | x | 37.15 | 37.62 | x | 37.35 |
| LUŚNIA Maja | 27.08 | 31.47 | 26.16 | 33.59 | x | 34.55 |
| ŻUREK Maja | x | 27.73 | x | 21.93 | 28.45 | 31.94 |
| WARECKA Ewa | x | x | 26.45 | x | x | x |
| OCHTERA Małgorzata | 18.55 | x | 17.92 | 20.21 | x | 14.86 |
| JAKUBIAK Zofia | 18.19 | r | | | | |

Rzut oszczepem K (600)

| FINAŁ | | | | | | | | 17:55 | | |
|-------|---------------------|------------|-------|----------|-----------|-------|-------|-------|----|--|
| 1 | PIECHOTA Antonina | 04.08.2008 | RLTL | GGG | Radom | | MZ | 47.25 | | |
| 2 | BIELECKA Maja | 20.12.2007 | RLTL | GGG | Radom | | MZ | 35.87 | SB | |
| 3 | MUSZYŃSKA Michalina | 31.12.2008 | KS | Podlasie | Białystok | | PD | 33.24 | | |
| | | I | II | III | IV | V | VI | | | |
| | PIECHOTA Antonina | 43.77 | 47.25 | 45.13 | 43.33 | 43.21 | x | | | |
| | BIELECKA Maja | 33.95 | 33.99 | 35.87 | 32.81 | r | | | | |
| | MUSZYŃSKA Michalina | 31.96 | x | 38.22 | x | 39.24 | 30.58 | | | |

Rzut oszczepem K U16 (500)

| FINAŁ | | | | | | | | 16:25 | | |
|-------|--------------|------------|-------|-----------|---------|----------|-------|-------|-------|--|
| 1 | PORADA Hanna | 28.05.2011 | KS | AZS | AWF | Warszawa | | MZ | 28.22 | |
| 2 | STECKO Nina | 04.05.2012 | UKS | Filipides | Teresin | | | MZ | 19.25 | |
| | | I | II | III | IV | V | VI | | | |
| | PORADA Hanna | 26.17 | 28.13 | 26.77 | 28.22 | 24.80 | 27.25 | | | |
| | STECKO Nina | 19.18 | x | 18.34 | x | 19.35 | 17.66 | | | |

Skok w dal K U18

| FINAŁ | | | | | | | | 18:20 | | |
|-------|---------------------|------------|------|-----------|----------|----------|------|-------|------|-----|
| 1 | SOCHACKA Aleksandra | 19.05.2009 | UKS | LA Basket | Warszawa | | MZ | 6.15 | PB | 1.9 |
| 2 | MARKS Julia | 25.01.2009 | KKL | Kielce | | | SK | 5.69 | PB | 0.3 |
| 3 | NOWOSIELSKA Laura | 18.10.2009 | SKS | Feniks | Siedlce | | MZ | 5.19 | | 1.1 |
| 4 | BARNA Wiktoria | 31.05.2010 | KS | AZS | AWF | Warszawa | | MZ | 5.19 | PB |
| 5 | KRZYŚKÓW Klara | 15.03.2009 | KS | Czempion | Warszawa | | MZ | 5.13 | | 0.4 |
| 6 | FRYCZE Hanna | 19.10.2010 | KS | AZS | AWF | Warszawa | | MZ | 5.06 | PB |
| 7 | ŻUCHOWSKA Maja | 12.08.2009 | KS | AZS | AWF | Warszawa | | MZ | 4.88 | |
| 8 | NEJFERT Aleksandra | 27.05.2010 | LUKS | Hańcza | Suwałki | | PD | 4.62 | PB | 0.7 |
| 9 | MACKIEWICZ Dominika | 21.03.2009 | RKS | Ursus | Warszawa | | MZ | 4.38 | | 1.0 |
| 10 | KACZMAREK Matylda | 16.02.2010 | KS | AZS | AWF | Warszawa | | MZ | 4.30 | |
| | | I | II | III | IV | V | VI | | | |
| | SOCHACKA Aleksandra | x | 5.95 | 6.15 | 5.92 | x | 6.03 | | | |
| | | | 0.8 | 1.9 | 0.3 | | -1.6 | | | |
| | MARKS Julia | 5.33 | 5.40 | x | 5.69 | 5.18 | x | | | |
| | | 0.5 | 0.1 | | 0.3 | 0.4 | | | | |
| | NOWOSIELSKA Laura | 5.15 | 5.09 | 5.19 | 5.01 | 4.57 | x | | | |
| | | 0.8 | 1.1 | 1.1 | 1.4 | 0.5 | | | | |
| | BARNA Wiktoria | x | 5.19 | 5.04 | x | 5.12 | 5.01 | | | |
| | | | 1.3 | 1.1 | | -1.6 | -0.6 | | | |
| | KRZYŚKÓW Klara | 5.12 | 5.06 | 5.13 | 4.81 | 5.11 | r | | | |
| | | -0.4 | 1.4 | 0.4 | 0.2 | 0.0 | | | | |
| | FRYCZE Hanna | 5.02 | 4.90 | 5.06 | 4.86 | 5.01 | 4.93 | | | |
| | | -2.1 | 0.3 | 1.3 | 0.1 | 0.6 | 0.3 | | | |
| | ŻUCHOWSKA Maja | x | x | 4.88 | 4.71 | x | 4.76 | | | |
| | | | | 0.8 | 0.2 | | -0.6 | | | |
| | NEJFERT Aleksandra | 4.57 | 4.62 | x | 4.29 | 4.53 | 4.39 | | | |
| | | 1.1 | 0.7 | | -0.1 | 1.4 | -0.1 | | | |
| | MACKIEWICZ Dominika | 4.38 | 4.00 | 4.33 | | | | | | |
| | | 1.0 | 0.9 | 0.9 | | | | | | |
| | KACZMAREK Matylda | x | 4.30 | 4.08 | | | | | | |
| | | | 0.6 | -0.5 | | | | | | |

Skok w dal K

| FINAŁ | | | | | | | | 18:20 | | |
|-------|---------------------|------------|------|-------------|--------|----------|------|-------|------|-----|
| 1 | JÓŻWICKA Małgorzata | 03.06.2002 | KS | AZS | AWF | Warszawa | | MZ | 6.30 | PB |
| 2 | WRÓBEL Lena | 01.09.2008 | MKS | Aleksandrów | Łódzki | | | LD | 5.73 | 0.5 |
| | | I | II | III | IV | V | VI | | | |
| | JÓŻWICKA Małgorzata | x | 6.20 | x | 6.30 | 5.90 | 5.02 | | | |
| | | | 0.3 | | 0.2 | 0.1 | -0.5 | | | |
| | WRÓBEL Lena | x | x | x | 2.83 | 5.69 | 5.73 | | | |
| | | | | | 0.4 | 0.3 | 0.5 | | | |

Skok w dal K U16

| FINAŁ | | | | | | | | 16:30 | | |
|-------|--------------------|------------|-----|----------|-----------|----------|----|-------|------|-----|
| 1 | CIUPAK Maria | 12.07.2011 | UKS | Herkules | Sulejówek | | MZ | 5.00 | PB | 2.0 |
| 2 | OSTROWSKA Weronika | 26.04.2011 | KS | Ciechan | Ciechanów | | MZ | 4.88 | PB | 1.6 |
| 3 | WACHNIK Zofia | 25.11.2012 | KS | Atak | Agrykola | Warszawa | | MZ | 4.71 | PB |
| 4 | ZYCH Hanna | 06.07.2012 | KS | LA | Senk Team | Warszawa | | MZ | 4.70 | PB |
| 5 | ŚLIWIŃSKA Hanna | 18.07.2012 | KS | AZS | AWF | Warszawa | | MZ | 4.69 | 1.6 |



| | | | | | | |
|-----------------------|------------|---------------------------|----|------|----|------|
| 6 BARYŁKA Nina | 01.07.2011 | OKS Skra Warszawa | MZ | 4.56 | | 0.5 |
| 7 SADEK Lena | 31.03.2012 | UKS Otrębusy | MZ | 4.51 | SB | 0.4 |
| 8 CYGANIEK Julia | 04.04.2011 | UKS SMS KAPRY Pruszków | MZ | 4.43 | PB | 1.5 |
| 9 PUSZ-GAJOS Lilianna | 16.03.2012 | OKS Start Otwock | MZ | 4.42 | | 0.1 |
| 10 GOŹDZIEWSKA Julia | 03.03.2011 | KS Zawkrze Mława | MZ | 4.18 | | 2.6 |
| 11 POTYRALSKA Lidia | 25.01.2012 | KS Atak Agrykola Warszawa | MZ | 3.86 | | -0.2 |
| 12 MICHALAK Antonina | 19.10.2012 | KS Atak Agrykola Warszawa | MZ | 3.66 | PB | |

| | I | II | III | IV | V | VI |
|---------------------|------|------|------|------|------|------|
| CIUPAK Maria | 4.85 | 4.87 | 4.91 | 4.84 | 5.00 | 4.21 |
| | 0.5 | 1.6 | 1.1 | -1.4 | 2.0 | 0.8 |
| OSTROWSKA Weronika | 4.26 | 4.51 | 4.62 | 4.88 | x | x |
| | 0.1 | 1.2 | -0.4 | 1.6 | | |
| WACHNIK Zofia | 4.59 | 4.71 | x | 4.50 | x | 4.70 |
| | 0.9 | 1.3 | | 0.8 | | 0.4 |
| ZYCH Hanna | 4.42 | 4.59 | 4.49 | 4.67 | x | 4.70 |
| | -0.3 | 0.5 | 0.8 | 0.0 | | 0.1 |
| ŚLIWIŃSKA Hanna | 4.39 | 4.69 | - | 4.19 | x | 4.33 |
| | -0.6 | 1.6 | | 0.7 | | 1.1 |
| BARYŁKA Nina | 4.56 | 4.54 | x | - | - | - |
| | 0.5 | 1.0 | | | | |
| SADEK Lena | x | x | 4.51 | 4.27 | 4.27 | 4.29 |
| | | | 0.4 | -1.4 | -1.4 | 0.2 |
| CYGANIEK Julia | 4.43 | 4.20 | 3.34 | 3.78 | 4.32 | 4.07 |
| | 1.5 | -0.5 | 0.8 | -0.7 | 2.4 | 0.5 |
| PUSZ-GAJOS Lilianna | 4.37 | 4.42 | 4.36 | | | |
| | 0.8 | 0.1 | 0.7 | | | |
| GOŹDZIEWSKA Julia | 4.18 | 4.12 | 4.16 | | | |
| | 2.6 | 0.3 | 1.5 | | | |
| POTYRALSKA Lidia | 2.52 | 3.86 | 3.74 | | | |
| | 1.9 | -0.2 | 2.8 | | | |
| MICHALAK Antonina | 3.66 | 2.58 | 2.40 | | | |

MEŹCZYŹNI/MEN

Wieloskok M U16

FINAŁ

16:58

| | | | | | | |
|------------------------|------------|---------------------|----|-------|----|-----|
| 1 KULIK Dawid | 18.03.2011 | KKL Kielce | SK | 13.35 | PB | 1.0 |
| 2 PIOTROWSKI Sebastian | 13.01.2011 | MKLA Łęczycza | LD | 13.13 | PB | 1.6 |
| 3 PLUTA Daniel | 09.01.2011 | PUKS Jedyńka Łosice | MZ | 11.72 | | 1.5 |
| 4 GAWRYLIW Damian | 13.05.2011 | MKS Bank BS Płońsk | MZ | 10.89 | | 0.9 |
| 5 KAMIŃSKI Szymon | 06.05.2011 | PUKS Jedyńka Łosice | MZ | 10.70 | | 2.9 |

| | I | II | III | IV | V | VI |
|----------------------|-------|-------|-------|-------|-------|-------|
| KULIK Dawid | 13.07 | x | 13.03 | 12.22 | 12.98 | 13.35 |
| | 2.3 | | 1.8 | 1.9 | -0.4 | 1.0 |
| PIOTROWSKI Sebastian | x | 11.92 | 13.03 | 12.20 | 12.80 | 13.13 |
| | | 1.1 | 2.8 | 4.0 | 2.0 | 1.6 |
| PLUTA Daniel | 10.52 | 11.50 | 10.16 | 11.72 | 11.04 | 11.40 |
| | 2.5 | 1.1 | 0.8 | 1.5 | 2.5 | 0.9 |
| GAWRYLIW Damian | x | 10.85 | 10.89 | 10.63 | 10.50 | r |
| | | 2.1 | 0.9 | 3.3 | 1.5 | |
| KAMIŃSKI Szymon | 10.39 | 10.09 | 10.27 | 10.70 | 10.26 | 10.25 |
| | 2.8 | 1.5 | 1.2 | 2.9 | -0.2 | 0.7 |

1000 m przeszkody M U16

Bieg 1/ 1

18:51

| | | | | | | |
|------------------------|------------|---------------------------------|----|---------|--|--|
| 1 ZAWIERUCHA Nikodem | 13.08.2011 | UKS Diamond Athletics Białoleka | MZ | 3:02.88 | | |
| 2 DĄBROWSKI Franciszek | 17.05.2012 | UKS Diamond Athletics Białoleka | MZ | 3:08.84 | | |
| 3 WYKROTA Piotr | 30.07.2012 | MKS Ostrowia - SMS Ostrowiec | SK | 3:12.09 | | |
| 4 PULCYN Tadeusz | 14.02.2012 | UKS 48 Warszawa | MZ | 3:18.40 | | |
| 5 GAMPEL Leon | 01.07.2012 | UKS Diamond Athletics Białoleka | MZ | 3:21.24 | | |
| 6 TURULSKI Filip | 23.09.2011 | KS LA Senk Team Warszawa | MZ | 3:33.91 | | |

4x100 m M U16

Bieg 1/ 1

15:22

| | | | | | | |
|---|------------------------|-----------------------|----|-------|--|--|
| 1 | | SKS Feniks Siedlce | MZ | 47.83 | | |
| | 140 Tomasz GRZEŚKOWICZ | 30.09.2011 | | | | |
| | 147 Dawid LICZEWSKI | 25.04.2012 | | | | |
| | 181 Adam JASTRZĘBSKI | 08.07.2011 | | | | |
| | 170 Artsiom BILIAUSKI | 14.01.2012 | | | | |
| 2 | | RK Athletics Warszawa | MZ | 48.19 | | |
| | 67 Mateusz SOSNOWSKI | 23.10.2011 | | | | |
| | 22 Miłosz KRASUSKI | 28.05.2011 | | | | |
| | 12 Emir PROKOP | 23.02.2012 | | | | |
| | 90 Jan MERING | 15.06.2012 | | | | |



| | | |
|-----|--------------------|------------|
| 154 | Jakub MACKIEWICZ | 04.05.2012 |
| 162 | Fabian KOSIERADZKI | 09.03.2011 |
| 151 | Wiktor OLSZEWSKI | 25.02.2011 |
| 148 | Jakub WOJEWÓDZKI | 06.05.2012 |

200 m M

| | | | | |
|-----------|------------------------|--|----|-------|
| Bieg 1/ 7 | +0.3 m/s | 16:03 | | |
| 1 | SUCHOROWSKI Jan | 21.10.2001 AKL Ursynów Warszawa | MZ | 21.73 |
| 2 | KĘPIŃSKI Bartłomiej | 01.08.2003 OKS Start Otwock | MZ | 21.74 |
| 3 | FORMANIEWICZ Piotr | 06.07.1998 Olimpia Osowa Gdańsk | PM | 21.75 |
| 4 | MYŚKÓW Igor | 07.05.2009 UKS Olimp Kozienice | MZ | 22.58 |
| 5 | SAMUL Jan | 22.02.2008 UKS LA Basket Warszawa | MZ | 22.69 |
| 6 | JASKUŁKA Michał | 23.10.2007 KS AZS AWF Warszawa | MZ | 22.78 |
| 7 | DONICA Patryk | 15.06.2006 Akademia Sportu Otwock | MZ | 22.87 |
| Bieg 2/ 7 | +1.3 m/s | 16:06 | | |
| 1 | CISAK Alan | 08.03.2010 SKS Feniks Siedlce | MZ | 22.38 |
| 2 | BRZEZIŃSKI Maksymilian | 01.10.2007 KS AZS AWF Warszawa | MZ | 22.82 |
| 3 | KRAKOWIAK Szymon | 28.05.2007 KS Czempion Warszawa | MZ | 22.85 |
| 4 | DEMSKI Sebastian | 02.11.1991 KS Sprintwarsaw | MZ | 22.95 |
| 5 | MAŃKA Franciszek | 02.04.2009 UKS Młodzik Warszawa | MZ | 23.03 |
| 6 | KUREK Jan | 10.11.2009 MKS Polonia Warszawa | MZ | 23.49 |
| 7 | ŚMIGIELSKI Szymon | 29.08.2007 UKS Herkules Sulejówek | MZ | 24.16 |
| Bieg 3/ 7 | -0.3 m/s | 16:09 | | |
| 1 | TYSZKA Maciej | 25.06.2009 MKS Pogoń Siedlce | MZ | 23.17 |
| 2 | DEMBIŃSKI Aleksander | 04.07.2009 KS AZS AWF Warszawa | MZ | 23.20 |
| 3 | WOLANIN Maksymilian | 18.04.2010 KS AZS AWF Warszawa | MZ | 23.21 |
| 4 | PIWOWARCZYK Igor | 16.09.2009 OKS Skra Warszawa | MZ | 23.59 |
| 5 | TRELA Kacper | 18.09.2007 UKS Olimp Kozienice | MZ | 23.65 |
| 6 | SZTABNIK Mateusz | 08.12.2000 AKL Ursynów Warszawa | MZ | 23.75 |
| 7 | ZEMBRZUSKI Antoni | 22.09.2008 UKS LA Basket Warszawa | MZ | 23.89 |
| Bieg 4/ 7 | +1.1 m/s | 16:12 | | |
| 1 | SZYDŁOWSKI Michał | 07.10.2009 KS Atak Agrykola Warszawa | MZ | 23.16 |
| 2 | GAJDA Piotr | 07.04.2010 UKS MTE Milanówek | MZ | 23.25 |
| 3 | OGÓREK Kamil | 06.06.2005 OKS Skra Warszawa | MZ | 23.78 |
| 4 | SVIATNYI Mychajło | 29.11.2007 RK Athletics Warszawa | MZ | 23.82 |
| 5 | PIETUSZKO Kamil | 01.08.2005 KS AZS AWF Warszawa | MZ | 24.03 |
| 6 | KŁOSZEWSKI Oskar | 19.03.2009 MKS Bank BS Płońsk | MZ | 24.34 |
| 7 | KORZENIOWSKI Łukasz | 04.06.2003 MKS Bank BS Płońsk | MZ | 24.40 |
| Bieg 5/ 7 | +1.4 m/s | 16:15 | | |
| 1 | TOMICZAK Jan | 15.07.2011 UKS Diamond Athletics Białoleka | MZ | 23.89 |
| 2 | ROKITA Bruno | 18.03.2010 UKS Młodzik Warszawa | MZ | 24.30 |
| 3 | MALALE Charles | 20.07.2009 UKS Młodzik Warszawa | MZ | 24.42 |
| 4 | BŁASZCZYK Dominik | 12.08.2010 KS Czempion Warszawa | MZ | 24.62 |
| 5 | MAŁOLEPSZY Wiktor | 18.01.2010 UKS Otrębusy | MZ | 25.66 |
| 6 | MUSIATOWICZ Wojciech | 14.09.1980 UKS Herkules Sulejówek | MZ | 26.50 |
| Bieg 6/ 7 | +1.7 m/s | 16:19 | | |
| 1 | ZAWADKA Radosław | 27.12.2011 Akademia Sportu Otwock | MZ | 24.27 |
| 2 | RASZYK Patryk | 23.11.2010 RK Athletics Warszawa | MZ | 24.58 |
| 3 | SMOLARCZYK William | 19.11.2010 Akademia Sportu Otwock | MZ | 25.06 |
| 4 | LEWANDOWSKI Norbert | 19.12.2008 RK Athletics Warszawa | MZ | 25.76 |
| 5 | ROKICKI Mikołaj | 30.06.2011 OKS Skra Warszawa | MZ | 26.62 |
| 6 | ZAJĄC Dawid | 19.05.2011 OKS Skra Warszawa | MZ | 27.15 |
| 7 | KOCERKA Jacek | 07.10.1976 KS Lemiesz Team Warszawa | MZ | 27.20 |
| Bieg 7/ 7 | +0.0 m/s | 16:22 | | |
| 1 | PROCNER Franciszek | 17.08.2009 RK Athletics Warszawa | MZ | 23.47 |
| 2 | ROMAN Szymon | 14.05.2009 SKS Feniks Siedlce | MZ | 23.83 |
| 3 | GRZELKA Tomasz | 19.10.1979 KS Sprintwarsaw | MZ | 24.32 |
| 4 | ŁABĘCKI Bartosz | 07.01.2011 UKS Diamond Athletics Białoleka | MZ | 24.34 |
| 5 | BOCIANOWSKI Michał | 16.02.2002 KS Sprintwarsaw | MZ | 24.85 |
| 6 | BEKIESZA Dawid | 08.10.2009 SKS Feniks Siedlce | MZ | 25.01 |
| 7 | CHILIMONIUK Jakub | 14.10.2009 KS Lemiesz Team Warszawa | MZ | 25.51 |
| 8 | SIEDLECKI Franciszek | 02.12.2012 OKS Skra Warszawa | MZ | 26.16 |

800 m M

Bieg 1/ 3

18:00

| | | | | | | |
|---|------------------------|------------|------------------------------|----|---------|----|
| 1 | PEC Adrian | 28.04.2003 | SRS Kondycja Piaseczno | MZ | 1:56.48 | SB |
| 2 | PAŁDYNA Tomasz | 17.11.2008 | SRS Kondycja Piaseczno | MZ | 1:57.22 | PB |
| 3 | KOSMOWSKI Bartosz | 16.03.2010 | BKS Wataha Warszawa | MZ | 1:58.51 | PB |
| 4 | PRUSIEWICZ Kacper | 19.06.2010 | MKS Ostrowia - SMS Ostrowiec | SK | 1:59.83 | PB |
| 5 | PAUL Benedykt | 18.12.2010 | UKS 48 Warszawa | MZ | 2:00.04 | PB |
| 6 | NOSARZEWSKI Franciszek | 29.06.2010 | OKS Skra Warszawa | MZ | 2:01.62 | PB |
| 7 | SŁOMIŃSKI Jakub | 20.02.2009 | MKS Ostrowia - SMS Ostrowiec | SK | 2:06.41 | PB |
| 8 | OZIMEK Jan | 30.07.2009 | RLTL GGG Radom | MZ | 2:08.14 | PB |
| 9 | KOPIŃSKI Witold | 30.08.2010 | KS Czempion Warszawa | MZ | 2:16.05 | |

Bieg 2/ 3 18:06

| | | | | | | |
|---|---------------------|------------|------------------------|----|---------|----|
| 1 | SADŁOŃ Ignacy | 24.09.2010 | UKS 48 Warszawa | MZ | 2:05.94 | PB |
| 1 | KASIŃSKI Michał | 20.05.2008 | SRS Kondycja Piaseczno | MZ | 2:05.94 | PB |
| 3 | KUREK Antoni | 19.03.2008 | MKS Polonia Warszawa | MZ | 2:08.81 | PB |
| 4 | NOGAJ Bernard | 22.01.2011 | KS AZS AWF Warszawa | MZ | 2:14.14 | PB |
| 5 | TREBICKI Wiktor | 02.08.2011 | Legia Warszawa | MZ | 2:15.92 | PB |
| 6 | KLIMCZAK Adam | 15.03.2011 | AKL Ursynów Warszawa | MZ | 2:17.40 | |
| 7 | PLEJZNEROWSKI Jakub | 05.02.2009 | Akademia Sportu Otwock | MZ | 2:17.80 | PB |
| 8 | REGULSKI Doman | 26.02.1972 | Wieliszew Heron Team | MZ | 2:18.64 | |
| 9 | GAJDA Szymon | 10.04.2004 | KM Aktywni Sochaczew | MZ | 2:20.51 | SB |

Bieg 3/ 3 18:10

| | | | | | | |
|---|-----------------------|------------|------------------------|----|---------|----|
| 1 | PYŁA Michał | 02.02.2009 | UKS Herkules Sulejówek | MZ | 2:20.86 | PB |
| 2 | PLEJZNEROWSKI Mateusz | 03.08.2007 | Akademia Sportu Otwock | MZ | 2:22.25 | |
| 3 | NALEPA Mikołaj | 17.02.2012 | UKS Herkules Sulejówek | MZ | 2:22.40 | |
| 4 | MAŁOWIEJSKI Paweł | 04.01.2011 | RK Athletics Warszawa | MZ | 2:22.53 | |
| 5 | ZIORKIEWICZ Karol | 04.08.2011 | RK Athletics Warszawa | MZ | 2:22.81 | |
| 6 | GALIŃSKI Andrzej | 17.03.2012 | Legia Warszawa | MZ | 2:27.28 | |
| 7 | PLEJZNEROWSKI Marcin | 13.10.1982 | Akademia Sportu Otwock | MZ | 2:30.17 | |
| 8 | KUCHARSKI Paweł | 26.07.2012 | RK Athletics Warszawa | MZ | 2:45.87 | |
| 9 | SKIBIŃSKI Bartłomiej | 19.03.2012 | OKS Skra Warszawa | MZ | 2:46.98 | |

2000 m przeszkody M U18

Bieg 1/ 1

18:59

| | | | | | | |
|---|------------------|------------|------------------------------|----|---------|--|
| 1 | WIETESKA Nikodem | 21.05.2010 | RLTL GGG Radom | MZ | 6:24.10 | |
| 2 | PEKSA Fabian | 26.05.2010 | MKS Ostrowia - SMS Ostrowiec | SK | 7:21.00 | |

3000 m M

Bieg 1/ 1

18:35

| | | | | | | |
|----|--------------------|------------|--------------------------|----|----------|----|
| 1 | BABIK Filip | 02.11.1996 | Stowarzyszenie Piekieni | MZ | 8:33.47 | PB |
| 2 | LUBOIŃSKI Mateusz | 07.12.2007 | KS AZS AWF Warszawa | MZ | 8:44.05 | PB |
| 3 | JAWORSKI Wiktor | 27.07.2008 | RK Athletics Warszawa | MZ | 8:45.15 | PB |
| 4 | LESZCZYŃSKI Szymon | 02.06.2007 | KKL Stal Stalowa Wola | PK | 8:46.47 | PB |
| 5 | NOWAK Kosma | 08.07.2003 | KS Czempion Warszawa | MZ | 8:55.27 | PB |
| 6 | DZICZEK Szymon | 07.05.1995 | Passion First Warszawa | MZ | 9:04.58 | PB |
| 7 | KROCHMAL Paweł | 31.03.1993 | KS Czempion Warszawa | MZ | 9:05.48 | |
| 8 | ZALESKI Konrad | 22.01.2007 | KS Prefbet-Sonarol Łomża | PD | 9:17.09 | |
| 9 | ZAWADKA Jakub | 21.07.2010 | RLTL GGG Radom | MZ | 9:34.45 | |
| 10 | ROZKOSZ Wiktor | 18.04.2007 | PTT Delta Płock | MZ | 10:03.47 | |
| 11 | WAŁKUSKI Stanisław | 23.07.2010 | AKL Ursynów Warszawa | MZ | 10:06.79 | |
| | CIŻYŃSKI Błażej | 15.04.2000 | KS Agros Zamość | LU | DNF | |
| | HELON Radosław | 20.06.1994 | MKL Szczecin | ZP | DNF | |

3000 m przeszkody M

Bieg 1/ 1

19:14

| | | | | | | |
|---|-------------------|------------|----------------------|----|----------|--|
| 1 | RULKA Igor | 21.12.2008 | MKS Polonia Warszawa | MZ | 9:56.10 | |
| 2 | HOLAK Przemysław | 02.12.2008 | KS AZS UWM Olsztyn | WN | 10:03.64 | |
| 3 | LUMA Paweł | 01.07.2008 | KS AZS AWF Warszawa | MZ | 10:54.25 | |
| 4 | NAJUCH Wiktor | 20.01.2008 | MKS Unia Hrubieszów | LU | 11:20.30 | |
| 5 | CZERWIŃSKI Adrian | 25.06.2007 | MKS Unia Hrubieszów | LU | 11:44.83 | |

400 m pł M U18 (84.0)

Bieg 1/ 1

17:32

| | | | | | | |
|---|-------------|------------|--------------------|----|-------|--|
| 1 | DUDEK Filip | 18.03.2010 | KS AZS UWM Olsztyn | WN | 58.04 | |
|---|-------------|------------|--------------------|----|-------|--|

400 m pł M

Bieg 1/ 1

17:22

| | | | | | |
|---|--------------------|------------|------------------------|----|-------|
| 1 | MALESZA Aleksander | 08.04.2008 | OKS Start Otwock | MZ | 57.12 |
| 2 | SAŁCZYŃSKI Patryk | 19.03.2008 | MKS Piłica Białobrzegi | MZ | 58.62 |
| 3 | TYBOROWSKI Antoni | 23.10.2008 | UKS Herkules Sulejówek | MZ | 59.30 |

4x100 m M U18

Bieg 1/ 1

15:22

| | | | | | |
|-----|------------------------|------------|--|----|-------|
| 1 | SKS Feniks Siedlce U18 | | | MZ | 43.02 |
| 144 | Szymon ROMAN | 14.05.2009 | | | |
| 137 | Szymon DOŁĘGA | 04.01.2009 | | | |
| 172 | Hubert TARASIUK | 12.02.2009 | | | |
| 173 | Alan CISAK | 08.03.2010 | | | |
| 2 | UKS LA Basket Warszawa | | | MZ | 45.14 |
| 154 | Wiktor ANTOL | 16.04.2010 | | | |
| 160 | Jakub BIENIEK | 06.06.2009 | | | |
| 153 | Jakub GAMUS | 06.10.2010 | | | |
| 155 | Krzysztof MULTARZYŃSKI | 27.11.2009 | | | |

4x400 m M U20

Bieg 1/ 1

16:51

| | | | | | |
|-----|--------------------------|------------|--|----|---------|
| 1 | KS Prefbet-Sonarol Łomża | | | PD | 3:25.64 |
| 990 | Wojciech PODCHUL | 11.07.2010 | | | |
| 991 | Igor KAMIŃSKI | 11.04.2010 | | | |
| 989 | Franciszek RYBICKI | 18.05.2010 | | | |
| 997 | Mateusz Witalis BUJNO | 22.05.2010 | | | |
| 2 | UKS LA Basket Warszawa | | | MZ | 3:40.86 |
| 153 | Jakub GAMUS | 06.10.2010 | | | |
| 154 | Wiktor ANTOL | 16.04.2010 | | | |
| 152 | Sebastian KARDA | 09.10.2009 | | | |
| 160 | Jakub BIENIEK | 06.06.2009 | | | |

Rzut dyskiem M U20 (1.75kg)

FINAŁ

15:55

| | | | | | | |
|---|----------------------|------------|---------------------|----|-------|----|
| 1 | SAWICKI Mateusz | 13.06.2007 | KS AZS AWF Warszawa | MZ | 49.64 | PB |
| 2 | KUŚMIEREK Damian | 31.10.2007 | KS AZS AWF Warszawa | MZ | 36.30 | |
| 3 | PAROL Jakub | 28.07.2008 | KS AZS AWF Warszawa | MZ | 36.07 | PB |
| 4 | RZEPKA Szymon | 30.07.2008 | KS AZS AWF Warszawa | MZ | 29.86 | |
| | WODZYŃSKI Przemysław | 16.10.2008 | MKS Bank BS Płońsk | MZ | NM | |
| | PORADA Antoni | 14.07.2008 | KS AZS AWF Warszawa | MZ | NM | |

| | I | II | III | IV | V | VI |
|----------------------|---------|-------|-------|-------|-------|-------|
| SAWICKI Mateusz | 45.06 x | | 46.28 | 46.53 | 49.64 | x |
| KUŚMIEREK Damian | 36.30 x | | x | x | 36.11 | x |
| PAROL Jakub | 33.17 | 36.,7 | 31.81 | x | 29.80 | 27.24 |
| RZEPKA Szymon | x | 29.86 | x | x | x | x |
| WODZYŃSKI Przemysław | x | x | x | x | x | x |
| PORADA Antoni | x | x | x | x | x | x |

Rzut dyskiem M U18 (1.5kg)

FINAŁ

16:35

| | | | | | | |
|---|----------------------|------------|----------------------|----|-------|----|
| 1 | WIŚNIEWSKI Jędrzej | 25.06.2009 | KS AZS AWF Warszawa | MZ | 36.20 | PB |
| 2 | PAWLAK Cezary | 06.11.2010 | KS AZS AWF Warszawa | MZ | 35.76 | PB |
| 3 | ZAJDLER Krzysztof | 16.01.2010 | AKL Ursynów Warszawa | MZ | 33.99 | |
| 4 | UZIEMBŁO Antoni | 17.02.2010 | PUKS Jedyńka Łosice | MZ | 33.66 | |
| 5 | BOGUSŁAWSKI-MICHNIAK | 25.06.2010 | KS AZS AWF Warszawa | MZ | 28.12 | |

| | I | II | III | IV | V | VI |
|--------------------------|-------|-------|-------|-------|-------|-------|
| WIŚNIEWSKI Jędrzej | 33.03 | 36.20 | 33.84 | 32.34 | 35.21 | x |
| PAWLAK Cezary | 25.32 | 34.77 | 26.07 | 28.73 | 35.76 | 34.78 |
| ZAJDLER Krzysztof | 28.79 | 33.97 | 33.99 | 33.58 | x | 33.38 |
| UZIEMBŁO Antoni | 24.97 | 33.00 | 33.53 | 33.66 | 32.75 | x |
| BOGUSŁAWSKI-MICHNIAK Jan | 27.82 | 25.04 | x | 26.17 | 28.12 | x |



Rzut dyskiem M U16 (1kg)

FINAŁ

17:45

| | I | II | III | IV | V | VI | | | |
|----------------------|-------|-------|-------|-------|-------|-------|--|--|--|
| 1 KUŹNIEWSKI Szymon | | | | | | | | | |
| 2 CHOJNOWSKI Oliwier | | | | | | | | | |
| 3 LEŚNIK Kacper | | | | | | | | | |
| 4 WOJEWÓDZKI Jakub | | | | | | | | | |
| 5 MROZEK Łukasz | | | | | | | | | |
| 6 ŚWINIARSKI Piotr | | | | | | | | | |
| KUŹNIEWSKI Szymon | 32.82 | 33.43 | 36.19 | 35.33 | 33.59 | x | | | |
| CHOJNOWSKI Oliwier | x | x | x | x | 36.07 | x | | | |
| LEŚNIK Kacper | x | 28.77 | 31.89 | 35.37 | x | 28.17 | | | |
| WOJEWÓDZKI Jakub | 28.07 | 23.30 | 28.17 | 32.78 | 28.98 | 30.09 | | | |
| MROZEK Łukasz | x | x | x | x | 18.86 | 25.42 | | | |
| ŚWINIARSKI Piotr | 23.54 | x | x | x | 25.18 | x | | | |

Rzut dyskiem M (2kg)

FINAŁ

15:55

| | I | II | III | IV | V | VI | | | |
|----------------------|-------|----|-------|----|-------|-------|--|--|--|
| 1 STACHNIK Oskar | | | | | | | | | |
| 2 LEWKOWICZ Wojciech | | | | | | | | | |
| 3 KACPRZAK Mateusz | | | | | | | | | |
| STACHNIK Oskar | 61.60 | x | 62.37 | x | x | 61.06 | | | |
| LEWKOWICZ Wojciech | 54.33 | x | 53.82 | x | 52.90 | 52.79 | | | |
| KACPRZAK Mateusz | 44.57 | x | x | x | 45.6, | 46.31 | | | |

Skok o tyczce M

FINAŁ

18:15

| 1 ROMAN Szymon | 14.05.2009 | SKS Feniks Siedlce | MZ | 3.30 | =PB | | | | |
|-----------------------|------------|---------------------|----|------|-----|--|--|--|--|
| 2 BEKIESZA Dawid | 08.10.2009 | SKS Feniks Siedlce | MZ | 3.30 | =PB | | | | |
| 3 KOZIOŁ Michał | 07.07.2011 | SKS Feniks Siedlce | MZ | 3.20 | PB | | | | |
| 4 JASTRZĘBSKI Adam | 08.07.2011 | SKS Feniks Siedlce | MZ | 3.00 | =PB | | | | |
| 5 KLEPACKI Krzysztof | 22.03.2013 | SKS Feniks Siedlce | MZ | 2.80 | | | | | |
| 6 OLSZEWSKI Wiktor | 25.02.2011 | SKS Feniks Siedlce | MZ | 2.60 | PB | | | | |
| 7 KALINICZENKO Daniil | 24.07.2014 | UKS OSOT Szczecin | ZP | 2.60 | | | | | |
| RZEPKA Szymon | 30.07.2008 | KS AZS AWF Warszawa | MZ | NM | | | | | |
| KUŚMIEREK Damian | 31.10.2007 | KS AZS AWF Warszawa | MZ | NM | | | | | |

KOBIECY/WOMEN

Wieloskok K U16

FINAŁ

16:07

| | I | II | III | IV | V | VI | | | | |
|----------------------|------------|------------------------|-------|-------|-------|-------|--|--|--|--|
| 1 DĄBROWSKA Laura | 03.04.2012 | UKS Siódemka Ostrołęka | MZ | 10.71 | PB | 1.8 | | | | |
| 2 OSTROWSKA Weronika | 26.04.2011 | KS Ciechan Ciechanów | MZ | 10.53 | PB | 0.0 | | | | |
| 3 KOWALSKA Olga | 24.05.2012 | UKS Sporting Zielonki | MZ | 10.18 | | 2.1 | | | | |
| 4 KARWOWSKA Nikola | 10.01.2011 | PUKS Jedynka Łosice | MZ | 9.87 | PB | 0.9 | | | | |
| 5 GUMOWSKA Kornelia | 09.02.2013 | UKS Siódemka Ostrołęka | MZ | 9.31 | PB | 0.9 | | | | |
| 6 SŁOWIŃSKA Liliana | 29.12.2011 | OKS Skra Warszawa | MZ | 9.30 | | 1.6 | | | | |
| 7 WIŚNIEWSKA Maja | 03.02.2012 | MKS Bank BS Płońsk | MZ | 8.45 | | 0.0 | | | | |
| DĄBROWSKA Laura | 10.46 | 10.46 | 10.67 | 10.41 | 10.54 | 10.71 | | | | |
| OSTROWSKA Weronika | 0.0 | 0.0 | 0.2 | 0.6 | 1.1 | 1.8 | | | | |
| KOWALSKA Olga | 10.53 | 8.84 | 10.22 | 10.05 | x | r | | | | |
| KARWOWSKA Nikola | 0.0 | 0.0 | 0.8 | 0.6 | | | | | | |
| GUMOWSKA Kornelia | 9.43 | x | x | x | 10.18 | x | | | | |
| SŁOWIŃSKA Liliana | 0.0 | | | | 2.1 | | | | | |
| WIŚNIEWSKA Maja | 9.64 | x | 9.87 | 9.60 | 9.54 | 9.86 | | | | |
| DĄBROWSKA Laura | 0.0 | | 0.9 | 1.1 | 1.8 | 0.0 | | | | |
| OSTROWSKA Weronika | 9.17 | 8.25 | 8.79 | 9.31 | 9.24 | 8.65 | | | | |
| KOWALSKA Olga | 0.0 | 0.0 | 0.1 | 0.9 | 1.4 | 0.0 | | | | |
| KARWOWSKA Nikola | 8.89 | 9.26 | 9.05 | 9.11 | x | 9.30 | | | | |
| GUMOWSKA Kornelia | 0.0 | 0.0 | 0.0 | 1.1 | | 1.6 | | | | |
| SŁOWIŃSKA Liliana | 7.61 | 8.45 | 8.29 | 8.34 | x | 8.21 | | | | |
| WIŚNIEWSKA Maja | 0.0 | 0.0 | 0.3 | 0.4 | | 1.2 | | | | |

1000 m przeszkody K U16

Bieg 1/ 1

18:47

| | | | | | |
|---|-------------------|------------|------------------------|----|---------|
| 1 | KAROLAK Laura | 04.10.2011 | Ducla Academy Warszawa | MZ | 3:16.05 |
| 2 | SIERADZKA Lea | 06.11.2012 | UKS 48 Warszawa | MZ | 3:28.61 |
| 3 | BOGUSŁAWSKA Nina | 17.04.2012 | UKS 48 Warszawa | MZ | 3:41.96 |
| 4 | JAKUBOWSKA Helena | 03.10.2011 | Ducla Academy Warszawa | MZ | 3:44.48 |

4x100 m K U16

Bieg 1/ 1

15:22

| | | | | | |
|---|-------------------------|------------|---------------------------|----|-------|
| 1 | | | OKS Skra Warszawa | MZ | 51.22 |
| | 721 Maja KRÓL | 01.04.2011 | | | |
| | 736 Maja WIŚNIEWSKA | 30.05.2011 | | | |
| | 731 Hanna BOLCZAK | 09.01.2012 | | | |
| | 740 Nina BARYŁKA | 01.07.2011 | | | |
| 2 | | | UKS MTE Milanówek | MZ | 51.25 |
| | 3 Aleksandra ANDRUK | 22.03.2012 | | | |
| | 108 Anna FILIPIAK | 21.06.2012 | | | |
| | 106 Małgorzata JAWORSKA | 18.01.2012 | | | |
| | 109 Natalia JEŻEWSKA | 09.08.2012 | | | |
| 3 | | | Warszawska Akademia LA | MZ | 51.85 |
| | 298 Klaudia KOMOROWSKA | 21.05.2011 | | | |
| | 561 Hanna POROWSKA | 18.11.2012 | | | |
| | 84 Agata MOSZUMAŃSKA | 22.07.2012 | | | |
| | 514 Julia WRZESIEŃ | 06.11.2011 | | | |
| 4 | | | Warszawska Akademia LA II | MZ | 54.35 |
| | 927 Patrycja ŻYNIWICZ | 24.09.2011 | | | |
| | 222 Iga SACZUK | 02.05.2012 | | | |
| | 50 Olga WASILUK | 30.09.2011 | | | |
| | 197 Natalia PILARSKA | 20.09.2012 | | | |
| 5 | | | KS Atletka Warszawa | MZ | 55.05 |
| | 28 Joanna DEJA | 12.01.2012 | | | |
| | 30 Emilia RZEPKA | 18.07.2012 | | | |
| | 55 Patrycja RZECZKOWSKA | 24.04.2012 | | | |
| | 41 Wiktoria ŁUCZAK | 27.01.2012 | | | |

200 m K

Bieg 1/ 8

+0.7 m/s

15:32

| | | | | | | |
|---|---------------------|------------|---------------------------|----|-------|----|
| 1 | LIPSKA Aleksandra | 08.05.2006 | KS AZS AWF Warszawa | MZ | 24.58 | PB |
| 2 | SOCHACKA Aleksandra | 19.05.2009 | UKS LA Basket Warszawa | MZ | 25.18 | |
| 3 | GROCHECKA Karolina | 22.08.2007 | CWZS Zawisza Bydgoszcz SL | KP | 25.30 | |
| 4 | RAYER Salomé | 19.09.2004 | KS AZS AWF Warszawa | MZ | 25.79 | PB |
| 5 | PARZYCH Natalia | 13.07.2010 | KS AZS AWF Warszawa | MZ | 26.17 | |
| 6 | BŁUŚ Hanna | 27.06.2008 | KS AZS AWF Warszawa | MZ | 26.18 | |
| 7 | STAŃCZAK Urszula | 10.02.2010 | MKS Polonia Warszawa | MZ | 26.84 | |

Bieg 2/ 8

+0.3 m/s

15:35

| | | | | | | |
|---|---------------------|------------|--------------------------|----|-------|----|
| 1 | GAJGIER Barbara | 15.02.2009 | OKS Start Otwock | MZ | 25.88 | PB |
| 2 | ŻUREK Maja | 06.06.2011 | KS AZS AWF Warszawa | MZ | 26.26 | |
| 3 | KOWALSKA Justyna | 09.05.2004 | UKS Herkules Sulejówek | MZ | 26.27 | PB |
| 4 | JUSZCZUK Zuzanna | 21.05.2010 | PUKS Jedyńka Łosice | MZ | 26.58 | PB |
| 5 | PIECHUTA Aleksandra | 28.09.1989 | KS Lemiesz Team Warszawa | MZ | 26.61 | |
| 6 | MISZTAL Justyna | 08.08.2006 | KS Lemiesz Team Warszawa | MZ | 26.89 | |
| 7 | WIŚNIEWSKA Maja | 30.05.2011 | OKS Skra Warszawa | MZ | 27.88 | |
| 8 | BOLCZAK Hanna | 09.01.2012 | OKS Skra Warszawa | MZ | 28.34 | |

Bieg 3/ 8

+0.6 m/s

15:37

| | | | | | | |
|---|------------------------|------------|---------------------------------|----|-------|----|
| 1 | CYRANKOWSKA Klaudia | 02.01.2010 | OKS Skra Warszawa | MZ | 26.82 | PB |
| 2 | DENEKA Hanna | 27.09.2008 | UKS LA Basket Warszawa | MZ | 26.98 | PB |
| 3 | JAKUBIAK Zofia | 25.10.2010 | UKS Diamond Athletics Białoleka | MZ | 27.03 | PB |
| 4 | MALINOWSKA Pola | 02.05.2007 | MKS Unia Hrubieszów | LU | 27.34 | PB |
| 5 | BADER-STRZAŁA Adrianna | 31.03.2010 | MKS Polonia Warszawa | MZ | 27.49 | PB |
| 6 | NOWOSZEWSKA Lidia | 27.08.2012 | KS Atak Agrykola Warszawa | MZ | 28.50 | |
| 7 | BORKOWSKA Patrycja | 14.01.2010 | PUKS Jedyńka Łosice | MZ | 28.66 | |
| 8 | TYMOSZCZUK Maja | 09.07.2008 | KS AZS AWF Warszawa | MZ | 28.71 | |

Bieg 4/ 8

-0.7 m/s

15:39

| | | | | | | |
|---|---------------------|------------|------------------------|----|-------|----|
| 1 | SZYMCZUK Aleksandra | 18.10.2008 | AKL Ursynów Warszawa | MZ | 25.74 | PB |
| 2 | KRÓLICKA Natalia | 21.03.2009 | KKL Kielce | SK | 26.99 | PB |
| 3 | PASTUŁA Natalia | 16.04.2009 | OKS Start Otwock | MZ | 27.80 | PB |
| 4 | JAKOWIEC Pola | 29.11.2008 | UKS LA Basket Warszawa | MZ | 28.41 | |
| 5 | WYRZYKOWSKA Zofia | 17.03.2010 | KS AZS AWF Warszawa | MZ | 28.42 | |
| 6 | BIELECKA Olimpia | 31.12.2010 | OKS Start Otwock | MZ | 28.53 | PB |
| 7 | SZAREK Amelia | 29.03.2009 | MKS Polonia Warszawa | MZ | 29.33 | |

| | | | | |
|-------------------------|------------|---------------------------|----|------------|
| Bieg 5/ 8 | +0.7 m/s | 15:42 | | |
| 1 WRZESIEŃ Julia | 06.11.2011 | Warszawska Akademia LA | MZ | 27.07 PB |
| 2 STYKOWSKA Zofia | 18.11.2010 | KS Atak Agrykola Warszawa | MZ | 27.51 PB |
| 3 STRUŻYŃSKA Aleksandra | 15.06.2006 | Akademia Sportu Otwock | MZ | 28.44 PB |
| 4 KRÓL Maja | 01.04.2011 | OKS Skra Warszawa | MZ | 28.74 PB |
| 5 KARBOWIAK Dominika | 04.05.2008 | KM Aktywni Sochaczew | MZ | 28.98 PB |
| 6 TRACZYK Nina | 05.08.2010 | KS AZS AWF Warszawa | MZ | 29.44 |
| Bieg 6/ 8 | -0.2 m/s | 15:45 | | |
| 1 KOZYRA Helena | 12.07.2011 | OKS Skra Warszawa | MZ | 27.79 PB |
| 2 STOCZKIEWICZ Hanna | 24.12.2008 | KS AZS AWF Warszawa | MZ | 27.81 PB |
| 3 KACZMAREK Matylda | 16.02.2010 | KS AZS AWF Warszawa | MZ | 28.41 PB |
| 4 DRABIK Julia | 30.01.2010 | UKS LA Basket Warszawa | MZ | 29.61 PB |
| 5 WOJCIECHOWSKA | 12.09.2010 | UKS Młodzik Warszawa | MZ | 29.62 PB |
| 6 NOVOSHYLOVA Alisa | 30.07.2012 | KS Atak Agrykola Warszawa | MZ | 30.33 PB |
| 7 ROMANIUK Hanna | 28.06.2010 | PUKS Jedynka Łosice | MZ | 30.52 |
| 8 DUBAN Magdalena | 26.10.2009 | OKS Skra Warszawa | MZ | 31.06 |
| Bieg 7/ 8 | +1.1 m/s | 15:48 | | |
| 1 KRASNOSHCHOKA | 12.05.2009 | ULKS Józefina | MZ | 26.25 |
| 2 KAJAK Agata | 12.12.2010 | ULKS Józefina | MZ | 26.85 |
| 3 POROWSKA Hanna | 18.11.2012 | Warszawska Akademia LA | MZ | 27.55 |
| 4 KOMOROWSKA Klaudia | 21.05.2011 | Warszawska Akademia LA | MZ | 27.73 |
| 5 ZAJĄC Gabriela | 20.11.2012 | OKS Skra Warszawa | MZ | 29.71 |
| 6 DENEHA Daryna | 17.05.2010 | OKS Start Otwock | MZ | 30.52 |
| Bieg 8/ 8 | -0.3 m/s | 15:51 | | |
| 1 KOŁACIN Karolina | 07.11.2012 | Warszawska Akademia LA | MZ | 27.92 |
| 2 MOSZUMAŃSKA Agata | 22.07.2012 | Warszawska Akademia LA | MZ | 28.63 |
| 3 ŁUCZAK Wiktoria | 27.01.2012 | KS Atletka Warszawa | MZ | 29.14 |
| 4 KRAMARSKA Zuzanna | 07.06.2012 | OKS Skra Warszawa | MZ | 29.74 |
| 5 MERING Agata | 25.08.2009 | RK Athletics Warszawa | MZ | 30.10 |
| 6 SZMYT Ewa | 26.01.2011 | Warszawska Akademia LA | MZ | 30.66 |
| 800 m K | | | | |
| Bieg 1/ 3 | | 17:37 | | |
| 1 ŚWIĄTKOWSKA Zofia | 26.01.1998 | KS Lemiesz Team Warszawa | MZ | 2:09.41 PB |
| 2 JELSKA Justyna | 20.08.1999 | KS Prefbet-Sonarol Łomża | PD | 2:10.37 |
| 3 PIETRAS Kinga | 15.10.2001 | KS AZS AWF Wrocław | DS | 2:14.32 |
| 4 WRÓBLEWSKA Michalina | 25.02.2009 | KS Czempion Warszawa | MZ | 2:14.64 PB |
| 5 KAŁASKA Hanna | 03.12.2008 | AZS UMCS Lublin | LU | 2:15.55 PB |
| 6 LIS Hanna | 04.01.2012 | Ducla Academy Warszawa | MZ | 2:17.31 PB |
| 7 HNATCZUK Julia | 01.06.2006 | KS AZS AWF Warszawa | MZ | 2:18.84 PB |
| 8 LATO Nadia | 26.01.2012 | RK Athletics Warszawa | MZ | 2:19.19 PB |
| 9 DEMIANENKO Kateryna | 28.10.2008 | SRS Kondycja Piaseczno | MZ | 2:19.39 PB |
| 10 KALINOWSKA Marta | 20.04.2009 | LKS Maków Mazowiecki | MZ | 2:20.60 PB |
| Bieg 2/ 3 | 17:41 | | | |
| 1 STANISZEWSKA Nadia | 19.05.2010 | Ducla Academy Warszawa | MZ | 2:09.73 PB |
| 2 KRAWCZYŃSKA Martyna | 21.11.2004 | KS Prefbet-Sonarol Łomża | PD | 2:11.21 |
| 3 ŁUKOWSKA Zuzanna | 21.10.2007 | Ducla Academy Warszawa | MZ | 2:11.37 PB |
| 4 DURAJ Lena | 31.07.2010 | KS AZS AWF Warszawa | MZ | 2:12.65 PB |
| 5 LASKUS Kamila | 01.03.2011 | Ducla Academy Warszawa | MZ | 2:17.83 PB |
| 6 WASAŻNIK Zofia | 29.11.2010 | LKS EkoSport Siedlce | MZ | 2:18.48 PB |
| 7 NOCEŃ Hanna | 22.04.2010 | LKS EkoSport Siedlce | MZ | 2:18.98 PB |
| 8 MARYL Łucja | 30.08.2010 | Ducla Academy Warszawa | MZ | 2:21.08 PB |
| 9 PONCZYŃSKA Anna | 29.12.2011 | KS Atak Agrykola Warszawa | MZ | 2:25.28 |
| 10 KOWALIK Gabriela | 01.10.2008 | SRS Kondycja Piaseczno | MZ | 2:25.63 PB |
| Bieg 3/ 3 | | 18:02 | | |
| 1 PAZURA Iga | 25.06.2010 | SRS Kondycja Piaseczno | MZ | 2:28.48 |
| 2 BIENKO Anna | 05.02.2011 | OKS Skra Warszawa | MZ | 2:32.37 |
| 3 BINKIEWICZ Hanna | 21.04.2012 | KS Czempion Warszawa | MZ | 2:34.50 |
| 4 SPASIUK Klara | 26.04.2011 | RK Athletics Warszawa | MZ | 2:34.57 |
| 5 BIEDRZYCKA Róża | 27.01.2012 | LKS Osuchów | MZ | 2:34.89 |
| 6 ROSŁON Natalia | 25.12.2008 | UKS LA Basket Warszawa | MZ | 2:35.29 PB |
| 7 JASTRZĘBSKA Alicja | 13.12.2011 | RK Athletics Warszawa | MZ | 2:49.72 |
| 8 WRZESZCZ Hanna | 17.07.2012 | KS Czempion Warszawa | MZ | 2:53.96 |

3000 m K

Bieg 1/ 1

18:22

| | | | | | | |
|---|---------------------|------------|------------------------------|----|----------|----|
| 1 | BUDZIŁEK Martyna | 07.01.1996 | UKS Siódemka Ostrołęka | MZ | 10:16.67 | |
| 2 | OLCHOWSKA Magdalena | 22.11.2010 | MKS Unia Hrubieszów | LU | 10:31.23 | |
| 3 | PAJOR Nadia | 14.09.2010 | Ducla Academy Warszawa | MZ | 10:53.06 | |
| 4 | KACZMARSKA Julia | 25.04.2010 | MKS Ostrowia - SMS Ostrowiec | SK | 11:36.88 | PB |
| | POCHEĆ Joanna | 06.12.2009 | MKS Ostrowia - SMS Ostrowiec | SK | DNF | |

400 m pł K

Bieg 1/ 2

17:07

| | | | | | | |
|---|-------------------|------------|------------------------|----|---------|--|
| 1 | PAWLAK Adrianna | 16.07.2008 | UKS LA Basket Warszawa | MZ | 1:01.72 | |
| 2 | SIECIŃSKA Zuzanna | 11.01.2009 | CSiR Susz | WN | 1:07.17 | |
| 3 | ZYCH Aurelia | 28.11.2009 | OKS Skra Warszawa | MZ | 1:07.66 | |
| 4 | BIELAWSKA Natalia | 31.03.2008 | MKS Polonia Warszawa | MZ | 1:07.78 | |
| | KOWALCZUK Amelia | 27.12.2007 | RLTL GGG Radom | MZ | DNF | |

Bieg 2/ 2

17:10

| | | | | | | |
|---|------------------|------------|------------------------|----|---------|--|
| 1 | GROŃSKA Kornelia | 26.02.2007 | AZS UMCS Lublin | LU | 1:09.11 | |
| 2 | GAS Liliana | 08.05.2010 | UKS LA Basket Warszawa | MZ | 1:10.44 | |
| 3 | SZARY Ida | 03.06.2009 | RLTL GGG Radom | MZ | 1:12.12 | |
| 4 | MATEUSIAK Oliwia | 20.11.2009 | SKS Feniks Siedlce | MZ | 1:12.42 | |
| 5 | GOLUCH Łucja | 11.04.2009 | SKS Feniks Siedlce | MZ | 1:13.07 | |
| | DZIEWICKA Lidia | 19.05.2006 | UKS Orzełki Warszawa | MZ | DNF | |

4x100 m K U18

Bieg 1/ 1

15:01

| | | | | | | |
|---|-----------------------|------------|------------------------|----|-------|--|
| 1 | | | UKS LA Basket Warszawa | MZ | 49.12 | |
| | 154 Zuzanna BRODOWSKA | 02.07.2010 | | | | |
| | 155 Antonina GALACH | 12.09.2009 | | | | |
| | 156 Hanna KARYŚ | 23.06.2010 | | | | |
| | 153 Joanna LUTOMIRSKA | 17.12.2010 | | | | |

4x400 m K U20

Bieg 1/ 1

16:41

| | | | | | | |
|---|------------------------|------------|------------------------|----|---------|--|
| 1 | | | KS AZS UWM Olsztyn | WN | 4:02.40 | |
| | 44 Katarzyna CYPARA | 30.09.2010 | | | | |
| | 41 Oliwia RANDZIO | 07.06.2009 | | | | |
| | 35 Pola WOJCIECHOWSKA | 12.02.2009 | | | | |
| | 28 Daria MILEWSKA | 15.01.2010 | | | | |
| 2 | | | UKS LA Basket Warszawa | MZ | 4:03.01 | |
| | 154 Zuzanna BRODOWSKA | 02.07.2010 | | | | |
| | 155 Antonina GALACH | 12.09.2009 | | | | |
| | 156 Hanna KARYŚ | 23.06.2010 | | | | |
| | 153 Joanna LUTOMIRSKA | 17.12.2010 | | | | |
| 3 | | | KS AZS AWF Warszawa | MZ | 4:03.39 | |
| | 200 Natalia KOWALCZYK | 14.04.2010 | | | | |
| | 236 Maja TROJANOWSKA | 06.04.2010 | | | | |
| | 273 Anna SZCZEPANIK | 10.12.2010 | | | | |
| | 388 Aleksandra ZIMOŃ | 01.12.2010 | | | | |
| 4 | | | UKS Herkules Sulejówek | MZ | 4:06.90 | |
| | 816 Natalia ŁACZMAŃSKA | 16.06.2009 | | | | |
| | 860 Alicja ANTONIAK | 31.10.2010 | | | | |
| | 818 Julia STOŻEK | 10.11.2009 | | | | |
| | 845 Wiktoria WOJTYŁAK | 21.06.2010 | | | | |

Rzut dyskiem K (1kg)

FINAŁ

19:00

| | | | | | | |
|---|-----------------------|------------|----------------------|----|-------|--|
| 1 | MUSZYŃSKA Weronika | 05.04.2001 | AZS UMCS Lublin | LU | 57.99 | |
| 2 | CIESZEWSKA Aleksandra | 09.06.2008 | MKS Bank BS Płońsk | MZ | 44.11 | |
| 3 | GAIK Julia | 12.02.2010 | KM Aktywni Sochaczew | MZ | 23.03 | |

| | I | II | III | IV | V | VI |
|-----------------------|-------|-------|-------|-------|-------|-------|
| MUSZYŃSKA Weronika | X | X | X | 57.99 | X | X |
| CIESZEWSKA Aleksandra | 42.27 | x | 44.11 | x | x | |
| GAIK Julia | X | 19.08 | 18.89 | X | 23.03 | 21.36 |

Rzut dyskiem K U16 (0.75 kg)

| FINAŁ | | | | | | | | 19:00 | | |
|-------|-----------------|------------|-------------------------|---|-------|-------|-------|-------|-------|----|
| 1 | JABŁOŃSKA Maria | 17.06.2011 | OKLA Elektro-Energetyka | | | | | MZ | 34.40 | PB |
| 2 | KUBIAK Olga | 28.06.2011 | MKLA Łęczycza | | | | | LD | 24.79 | |
| | | | | I | II | III | IV | V | VI | |
| | JABŁOŃSKA Maria | | | X | 30.94 | 13.83 | 34.40 | 33.91 | 32.38 | |
| | KUBIAK Olga | 19.06 | X | | 22.46 | 19.10 | 22.74 | 24.79 | | |

Skok wzwyż K

| FINAŁ | | | | | | | | 17:50 | | |
|-------|--------------------|------------|------------------------|--|--|--|--|-------|------|--|
| 1 | JASIELON Julia | 03.04.2009 | LUKS Hańcza Suwałki | | | | | PD | 1.60 | |
| 2 | IGNACIUK Katarzyna | 24.10.2010 | KS AZS AWF Warszawa | | | | | MZ | 1.55 | |
| 3 | BARNA Wiktoria | 31.05.2010 | KS AZS AWF Warszawa | | | | | MZ | 1.50 | |
| 4 | JAKUBIAK Paulina | 21.06.2007 | UKS LA Basket Warszawa | | | | | MZ | 1.50 | |
| 5 | BRODOWSKA Nina | 17.01.2008 | UKS LA Basket Warszawa | | | | | MZ | 1.45 | |
| 5 | URBAN Adrianna | 10.04.2008 | UKS LA Basket Warszawa | | | | | MZ | 1.45 | |
| 7 | WARECKA Ewa | 30.10.2009 | KS AZS AWF Warszawa | | | | | MZ | 1.40 | |

Skok wzwyż K U16

| FINAŁ | | | | | | | | 17:50 | | |
|-------|------------------|------------|---------------------------|--|--|--|--|-------|------|----|
| 1 | ŻUREK Maja | 06.06.2011 | KS AZS AWF Warszawa | | | | | MZ | 1.55 | |
| 2 | GRABALSKA Maria | 31.05.2012 | KS Atak Agrykola Warszawa | | | | | MZ | 1.50 | PB |
| 3 | JEŻEWSKA Natalia | 09.08.2012 | UKS MTE Milanówek | | | | | MZ | 1.50 | |
| 4 | FILIPIAK Anna | 21.06.2012 | UKS MTE Milanówek | | | | | MZ | 1.45 | |
| 5 | PIKORA Patrycja | 13.06.2011 | MKS Pułtusk | | | | | MZ | 1.35 | |

Skok o tyczce K

| FINAŁ | | | | | | | | 18:50 | | |
|-------|-------------------|------------|---------------------|--|--|--|--|-------|------|----|
| 1 | OKLIŃSKA Zuzanna | 29.04.2008 | KS AZS AWF Warszawa | | | | | MZ | 3.70 | PB |
| 2 | SMOLARCZYK Pola | 06.03.2009 | KS AZS AWF Warszawa | | | | | MZ | 3.70 | SB |
| 3 | SZYMCZAK Karolina | 14.06.2007 | KS AZS AWF Warszawa | | | | | MZ | 3.30 | |
| 4 | MALIAR Uliana | 05.06.2009 | MKLA Łęczycza | | | | | LD | 2.80 | |
| 5 | ANDRYSIK Maja | 02.07.2009 | MKLA Łęczycza | | | | | LD | 2.60 | |

Trójskok K

| FINAŁ | | | | | | | | 18:16 | | | |
|-------|----------------------|------------|------------------------|-------|-------|-------|-----|-------|-------|-----|-----|
| 1 | JAKUBIAK Paulina | 21.06.2007 | UKS LA Basket Warszawa | | | | | MZ | 10.85 | =PB | 1.0 |
| 2 | JANIK Katarzyna | 13.01.2009 | KKL Kielce | | | | | SK | 10.83 | | 0.5 |
| 3 | BRODOWSKA Nina | 17.01.2008 | UKS LA Basket Warszawa | | | | | MZ | 10.40 | | 2.2 |
| 4 | DOMAGAŁA Weronika | 03.10.1998 | AKL Ursynów Warszawa | | | | | MZ | 10.27 | | 1.1 |
| 5 | WIATR Amelia | 13.10.2010 | KKL Kielce | | | | | SK | 10.24 | | 1.8 |
| 6 | URBAN Adrianna | 10.04.2008 | UKS LA Basket Warszawa | | | | | MZ | 9.86 | PB | 1.3 |
| 7 | WOŹNIAK Paulina | 31.03.2004 | KS Sprintwarsaw | | | | | MZ | 9.03 | | 1.4 |
| | MUNDZIK Zofia | 19.07.2010 | Warszawska Akademia LA | | | | | MZ | NM | | |
| | STAWIECKA Aleksandra | 16.08.2008 | Warszawska Akademia LA | | | | | MZ | NM | | |
| | | | | I | II | III | IV | V | VI | | |
| | JAKUBIAK Paulina | x | | 10.85 | 10.74 | r | | | | | |
| | | | | 1.0 | 2.3 | | | | | | |
| | JANIK Katarzyna | x | | 10.61 | 10.83 | | | | | | |
| | | | | 0.9 | 0.5 | | | | | | |
| | BRODOWSKA Nina | - | | 9.90 | 10.40 | | | | | | |
| | | | | 1.3 | 2.2 | | | | | | |
| | DOMAGAŁA Weronika | x | | 10.09 | 10.27 | 10.27 | x | 9.87 | | | |
| | | | | 1.7 | 1.1 | 0.5 | 1.2 | | | | |
| | WIATR Amelia | 10.24 | | 10.20 | x | r | | | | | |
| | | 1.8 | | 0.3 | | | | | | | |
| | URBAN Adrianna | - | | 9.86 | 9.66 | r | | | | | |
| | | | | 1.3 | 1.4 | | | | | | |
| | WOŹNIAK Paulina | 9.03 | x | 8.95 | 8.57 | x | x | | | | |
| | | 1.4 | | 1.8 | 0.9 | | | | | | |
| | STAWIECKA Aleksandra | x | x | x | | | | | | | |
| | MUNDZIK Zofia | x | x | x | | | | | | | |