

Otwarte Mistrzostwa Warszawy U18 i U20 2024

WARSZAWA, 25 - 26.05.2024

MEŻCZYŹNI/MEN

Skok wzwyż M U14

| FINAŁ | | 17:15 | | |
|-------|-------------------|--------------------------------|----|----------|
| 1 | JEŻEWSKI Piotr | 10.03.2011 UKS MTE Milanówek | MZ | 1.45 =PB |
| 2 | DULNIAK Sebastian | 30.01.2012 KS AZS AWF Warszawa | MZ | 1.25 |

600 metrów M U14

| Bieg 1/ 1 | | +0.7 M/S | 18:25 | |
|-----------|-------------------|-----------------------------------|-------|---------|
| 1 | IWAŃSKI Kostek | 22.06.2011 RLTL GGG Radom | MZ | 1:43.04 |
| 2 | ŚWIOSTEK Alan | 21.04.2012 UKS Technik Radom | MZ | 1:45.09 |
| 3 | KOMOREK Jan | 31.05.2012 Ducla Academy Warszawa | MZ | 1:45.63 |
| 4 | MAŁOWIEJSKI Paweł | 04.01.2011 RK Athletics Warszawa | MZ | 1:48.30 |
| 5 | CIAK Piotr | 10.09.2011 UKS Otrębusy | MZ | 1:48.32 |
| 6 | KRAWCZYK Kacper | 10.02.2011 Ducla Academy Warszawa | MZ | 1:54.95 |

100 metrów M

| FINAŁ A | | 20:04 | | | |
|---------|------------------|----------------------------------|----|-------|----|
| 1 | STRINGER Mateusz | 30.01.2006 RK Athletics Warszawa | MZ | 11.07 | 12 |
| 2 | STAŃCZUK Jan | 02.08.2005 UKS Młodzik Warszawa | MZ | 11.42 | 10 |
| 3 | ŁĘCKI Mateusz | 11.08.2006 OKS Skra Warszawa | MZ | 11.44 | 8 |
| 4 | DĘBSKI Sebastian | 02.11.1991 KS Sprintwarsaw | MZ | 11.66 | PK |
| 5 | ZIULKOWSKI Piotr | 20.02.2006 AKL Ursynów Warszawa | MZ | 11.80 | 6 |
| | KOZIKOWSKI Jan | 09.03.2006 KS Czempion Warszawa | MZ | DNS | 4 |

| FINAŁ B | | -1.9 M/S | 20:27 | | |
|---------|-----------------------|-----------------------------------|-------|-------|---|
| 1 | ZALEWSKI Igor | 28.09.2007 OKS Skra Warszawa | MZ | 11.44 | 9 |
| 2 | STĘPKOWSKI Mateusz | 07.01.2008 KS AZS AWF Warszawa | MZ | 11.53 | 7 |
| 3 | ZEMBRZUSKI Antoni | 22.09.2008 UKS LA Basket Warszawa | MZ | 11.68 | 6 |
| 4 | KRUPA Rafał | 28.09.2007 KS AZS AWF Warszawa | MZ | 11.69 | 5 |
| 5 | DOŁĘGOWSKI Sebastian | 02.01.2008 KS AZS AWF Warszawa | MZ | 11.69 | 5 |
| 6 | BREJTFUS Maksymilian | 30.08.2008 OKS Skra Warszawa | MZ | 11.87 | 4 |
| 7 | VIEUXMAIRE Aleksander | 04.07.2008 KS AZS AWF Warszawa | MZ | 11.97 | 4 |
| 8 | TURKOT Stach | 11.02.2008 KS AZS AWF Warszawa | MZ | 12.24 | 4 |

| | | -0.9 M/S | 20:32 | | |
|---|---------------------|-----------------------------------|-------|-------|----|
| 1 | BAJRASZEWSKI Tomasz | 20.12.2006 LKS Vectra Włocławek | KP | 10.71 | |
| 2 | SACHARCZUK Radosław | 08.09.1993 KS Podlasie Białystok | PD | 10.88 | |
| 3 | SAMULAK Aleksander | 10.06.2002 OKS Skra Warszawa | MZ | 10.92 | |
| 4 | SAWICKI Marek | 18.07.1996 KS Podlasie Białystok | PD | 11.09 | |
| 5 | KARAPEICHYK Artem | 25.04.2004 UKS Gepard Warszawa | MZ | 11.16 | |
| 6 | PETRUCZEŃKO Michał | 28.09.2003 KS AZS AWF Warszawa | MZ | 11.63 | |
| | BUCZYŃSKI Kacper | 07.04.2006 MKS Bank BS Płońsk | MZ | DQ | TR |
| | WRÓBEL Adam | 24.10.2001 UKS Herkules Sulejówek | MZ | DNS | |

100 metrów M

| Bieg 1/ 7 | | -0.3 M/S | 19:03 | | |
|-----------|---------------------|----------------------------------|-------|-------|----|
| 1 | BAJRASZEWSKI Tomasz | 20.12.2006 LKS Vectra Włocławek | KP | 10.69 | q |
| 2 | BUCZYŃSKI Kacper | 07.04.2006 MKS Bank BS Płońsk | MZ | 10.80 | q |
| 3 | SACHARCZUK Radosław | 08.09.1993 KS Podlasie Białystok | PD | 10.89 | q |
| 4 | SAMULAK Aleksander | 10.06.2002 OKS Skra Warszawa | MZ | 11.03 | q |
| 5 | STRINGER Mateusz | 30.01.2006 RK Athletics Warszawa | MZ | 11.08 | q |
| 6 | KARAPEICHYK Artem | 25.04.2004 UKS Gepard Warszawa | MZ | 11.12 | q |
| 7 | GIŻYŃSKI Jakub | 03.07.1990 UKS Gimnazjon Płońsk | MZ | 11.84 | qB |

| Bieg 2/ 7 | | -1.7 M/S | 19:05 | | |
|-----------|--------------------|-----------------------------------|-------|-------|----|
| 1 | SAWICKI Marek | 18.07.1996 KS Podlasie Białystok | PD | 11.23 | q |
| 2 | WRÓBEL Adam | 24.10.2001 UKS Herkules Sulejówek | MZ | 11.45 | q |
| 3 | STAŃCZUK Jan | 02.08.2005 UKS Młodzik Warszawa | MZ | 11.48 | qB |
| 4 | PETRUCZEŃKO Michał | 28.09.2003 KS AZS AWF Warszawa | MZ | 11.55 | qB |
| 5 | ZALEWSKI Igor | 28.09.2007 OKS Skra Warszawa | MZ | 11.57 | qB |

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|--------------|-------------------------|------------|---------------------------------|-------|-------|-------|----|
| 6 | DEMSKI Sebastian | 02.11.1991 | KS Sprintwarsaw | MZ | 11.70 | qB | |
| 7 | WIŚNIEWSKI Ignacy | 05.03.2007 | OKS Skra Warszawa | MZ | 12.42 | | 2 |
| Bieg 3/ 7 | | -0.5 M/S | | 19:08 | | | |
| 1 | ŁĘCKI Mateusz | 11.08.2006 | OKS Skra Warszawa | MZ | 11.45 | qB PB | |
| 2 | STĘPKOWSKI Mateusz | 07.01.2008 | KS AZS AWF Warszawa | MZ | 11.50 | qB PB | |
| 3 | DOŁĘGOWSKI Sebastian | 02.01.2008 | KS AZS AWF Warszawa | MZ | 11.54 | qB PB | |
| 4 | KOZIK Mariusz | 17.06.2008 | RLTL GGG Radom | MZ | 11.69 | qB | |
| 5 | KRUPA Rafał | 28.09.2007 | KS AZS AWF Warszawa | MZ | 11.79 | qB | |
| 6 | ZIUŁKOWSKI Piotr | 20.02.2006 | AKL Ursynów Warszawa | MZ | 11.91 | qB | |
| 7 | ŚMIGIELSKI Szymon | 29.08.2007 | UKS Herkules Sulejówek | MZ | 11.95 | | |
| Bieg 4/ 7 | | +0.1 M/S | | 19:15 | | | |
| 1 | ZEMBRZUSKI Antoni | 22.09.2008 | UKS LA Basket Warszawa | MZ | 11.65 | qB PB | |
| 2 | BREJTFJUS Maksymilian | 30.08.2008 | OKS Skra Warszawa | MZ | 11.79 | qB PB | |
| 3 | MOSKAL Piotr | 28.02.2009 | KS Podlasie Białystok | PD | 11.85 | qB PB | |
| 4 | MYŚKÓW Igor | 07.05.2009 | UKS Olimp Kozienice | MZ | 11.85 | qB PB | |
| 5 | VIEUXMAIRE Aleksander | 04.07.2008 | KS AZS AWF Warszawa | MZ | 11.96 | | 3 |
| 6 | KAROLEWSKI Filip | 27.06.2009 | LA Dla Dzieci i Młodzieży Kamil | MZ | 12.06 | PB | |
| 7 | TURKOT Stach | 11.02.2008 | KS AZS AWF Warszawa | MZ | 12.20 | SB | 3 |
| Bieg 5/ 7 | | +0.3 M/S | | 19:18 | | | |
| 1 | WRÓBLEWSKI Paweł | 13.07.2007 | UKS Herkules Sulejówek | MZ | 11.66 | qB PB | |
| 2 | LEWICKI Witold | 07.10.2008 | UKS Melo Błonie | MZ | 12.08 | PB | |
| 3 | POTYRA Damian | 09.05.2008 | UKS Olimp Kozienice | MZ | 12.24 | =PB | |
| 4 | FELIKSIAK Jan | 29.10.2007 | RK Athletics Warszawa | MZ | 12.25 | PB | 3 |
| 5 | OSTROWSKI Jerzy | 05.01.2008 | OKS Skra Warszawa | MZ | 12.43 | | 2 |
| 6 | SZYDŁOWSKI Michał | 07.10.2009 | KS Atak Agrykola Warszawa | MZ | 12.46 | | |
| 7 | ZADRAĞ Karol | 13.06.2010 | OKS Skra Warszawa | MZ | 12.60 | | |
| Bieg 6/ 7 | | -0.3 M/S | | 19:21 | | | |
| 1 | JANKOWSKI Stanisław | 28.05.2007 | AKL Ursynów Warszawa | MZ | 12.36 | PB | 3 |
| 2 | OSTROWSKI Tobiasz Rafał | 02.09.2009 | UKS Melo Błonie | MZ | 12.45 | | |
| 3 | WRÓBEL Mateusz | 25.08.2010 | RK Athletics Warszawa | MZ | 12.51 | PB | |
| 4 | MACKIEWICZ Wiktor | 15.12.2007 | AKL Ursynów Warszawa | MZ | 12.56 | PB | 2 |
| 5 | GAJDA Piotr | 07.04.2010 | UKS MTE Milanówek | MZ | 12.56 | PB | |
| 6 | JAŻWIŃSKI Stanisław | 15.10.2008 | UKS Melo Błonie | MZ | 12.69 | PB | |
| 7 | KOZIKOWSKI Jan | 09.03.2006 | KS Czempion Warszawa | MZ | 12.87 | | |
| Bieg 7/ 7 | | +0.1 M/S | | 19:24 | | | |
| 1 | BUDEK Adrian | 07.09.2007 | UKS Herkules Sulejówek | MZ | 11.96 | | |
| 2 | CIEŚLAK Aleksander | 05.03.2010 | KS AZS AWF Warszawa | MZ | 12.91 | | |
| 3 | PEÇHERSKI Wojciech | 05.10.2008 | LA Dla Dzieci i Młodzieży Kamil | MZ | 13.17 | PB | 2 |
| 4 | DĄBROWSKI Hubert | 25.05.2010 | UKS Herkules Sulejówek | MZ | 13.30 | | |
| 5 | ZALEWSKI Wiktor | 02.06.2010 | OKS Skra Warszawa | MZ | 13.35 | PB | |
| 6 | KULIŃSKI Oskar | 05.06.2010 | OKS Skra Warszawa | MZ | 13.53 | | |
| 7 | KRZEMIŃSKI Krystian | 01.07.2010 | UKS Otrębusy | MZ | 13.61 | PB | |
| 8 | STĘPIEŃ Aleksander | 26.03.2009 | LA Dla Dzieci i Młodzieży Kamil | MZ | 14.04 | | |
| 400 metrów M | | | | | | | |
| Bieg 1/ 5 | | | | 19:44 | | | |
| 1 | SUCHOROWSKI Jan | 21.10.2001 | AKL Ursynów Warszawa | MZ | 47.92 | PB | |
| 2 | DĄBROWSKI Piotr | 08.06.2003 | KS Prefbet-Sonarol | PD | 48.90 | SB | |
| 3 | KAZIMIERCZYK Mateusz | 03.11.2006 | KS AZS UWM Olsztyn | WN | 49.44 | PB | |
| 4 | KRAKOWIAK Tymoteusz | 09.06.2004 | MKS Polonia Warszawa | MZ | 49.49 | PB | |
| 5 | WIECZOREK Bartosz | 07.02.2006 | UKS Herkules Sulejówek | MZ | 50.92 | | |
| 6 | DOBEK Paweł | 12.12.1987 | KS Sprintwarsaw | MZ | 52.79 | SB | |
| 7 | SOBIECH Jakub | 02.03.1990 | KS Sprintwarsaw | MZ | 54.02 | | |
| Bieg 2/ 5 | | | | 19:48 | | | |
| 1 | SZYMAŃSKI Filip | 18.03.2005 | AKL Ursynów Warszawa | MZ | 51.64 | PB | 12 |
| 2 | BIENIECKI Stefan | 11.04.2007 | KS AZS AWF Warszawa | MZ | 51.80 | PB | 9 |
| 3 | MAŁECKI Mateusz | 20.01.2005 | LKS Osuchów | MZ | 52.54 | | |
| 4 | GAŁCZYŃSKI Kacper | 16.01.2006 | MKS Bank BS Płońsk | MZ | 52.56 | PB | |
| 5 | PIOTROWSKI Franciszek | 21.05.2008 | MKS Polonia Warszawa | MZ | 52.79 | PB | 7 |
| 6 | TRELA Kacper | 18.09.2007 | UKS Olimp Kozienice | MZ | 52.85 | PB | |

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|----------------------|------------------------|------------|---------------------------------|-------|---------|----|----|
| 7 | PŁUCIENNIK Adam | 25.05.2006 | AKL Ursynów Warszawa | MZ | 53.87 | | 10 |
| Bieg 3/ 5 | | | | 19:51 | | | |
| 1 | ZARĘBA Stanisław | 25.07.2008 | KS AZS AWF Warszawa | MZ | 53.48 | PB | 6 |
| 2 | ALEKSIŃSKI Krzysztof | 29.04.2008 | AKL Ursynów Warszawa | MZ | 53.79 | PB | 5 |
| 3 | WOJTUNIK Filip | 04.04.2005 | RLTL GGG Radom | MZ | 54.04 | PB | |
| 4 | SALA Szymon | 11.09.2007 | UKS Siódemka Ostrołęka | MZ | 54.21 | PB | |
| 5 | PODANENKO Glyeb | 21.08.2008 | KS Atak Agrykola Warszawa | MZ | 54.43 | PB | 4 |
| 6 | WRONKA Kacper | 06.03.2006 | UKS LA Basket Warszawa | MZ | 54.54 | PB | 8 |
| 7 | BANY Seweryn | 25.09.2008 | UKS Filipides Teresin | MZ | 54.97 | PB | |
| Bieg 4/ 5 | | | | 19:58 | | | |
| 1 | ANDRZEJAK Aleksander | 18.02.2008 | UKS Młodzik Warszawa | MZ | 54.08 | | 5 |
| 2 | KALISZ Bartłomiej | 07.10.2008 | KS AZS AWF Warszawa | MZ | 56.11 | | 4 |
| 3 | MUCHOWSKI Dawid | 17.10.2006 | MKS Bank BS Płońsk | MZ | 56.31 | | |
| 4 | NOSARZEWSKI Franciszek | 29.06.2010 | OKS Skra Warszawa | MZ | 56.92 | | |
| 5 | KARDA Sebastian | 09.10.2009 | UKS LA Basket Warszawa | MZ | 57.69 | PB | |
| 6 | KILEN Marcin | 14.12.2010 | KS Czempion Warszawa | MZ | 59.98 | | |
| 7 | MAŁECKI Piotr | 29.06.1981 | KS Lemiesz Team Warszawa | MZ | 1:01.46 | | |
| Bieg 5/ 5 | | | | 20:01 | | | |
| 1 | KRÓLIKOWSKI Dominik | 19.08.2009 | UKS Technik Radom | MZ | 56.23 | | |
| 2 | MALALE Charles | 20.07.2009 | UKS Młodzik Warszawa | MZ | 59.58 | | |
| 3 | BRUDZIŃSKI Miłosz | 05.11.2010 | UKS Herkules Sulejówek | MZ | 59.76 | | |
| 4 | MYKYTCHUK Ivan | 09.09.2008 | AKL Ursynów Warszawa | MZ | 1:00.52 | | 4 |
| 5 | PECHERSKI Wojciech | 05.10.2008 | LA Dla Dzieci i Młodzieży Kamil | MZ | 1:02.62 | | 3 |
| 6 | GUZY Jan | 10.10.2009 | UKS Herkules Sulejówek | MZ | 1:03.06 | | |
| 7 | DUDZIAK Maks | 21.11.2009 | OKS Skra Warszawa | MZ | 1:06.34 | | |
| 1500 metrów mężczyzn | | | | | | | |
| Bieg 1/ 2 | | | | 20:45 | | | |
| 1 | PEC Adrian | 28.04.2003 | SRS Kondycja Piaseczno | MZ | 4:02.69 | | |
| 2 | RODZIEWICZ Michał | 06.05.2005 | MKS Truso Elbląg | WN | 4:06.15 | | |
| 3 | JANICKI Maciej | 11.10.2006 | KS AZS UWM Olsztyn | WN | 4:08.50 | | |
| 4 | BĄK Karol | 18.05.2006 | UKS Żaczek Połaniec | SK | 4:09.05 | PB | |
| 5 | WOJTASZEK Piotr | 09.08.2007 | AZS UMCS Lublin | LU | 4:09.84 | PB | |
| 6 | DZICZEK Szymon | 07.05.1995 | KS Czempion Warszawa | MZ | 4:12.50 | PB | |
| 7 | ZALESKI Konrad | 22.01.2007 | KS Prefbet-Sonarol | PD | 4:12.56 | PB | |
| 8 | ROGOZIŃSKI Karol | 19.01.1999 | UKS Siódemka Ostrołęka | MZ | 4:13.58 | | |
| 9 | LUBOIŃSKI Mateusz | 07.12.2007 | KS AZS AWF Warszawa | MZ | 4:13.65 | PB | |
| 10 | ŚWIRGOŃ Adam | 19.05.1994 | AZS UMCS Lublin | LU | 4:13.98 | | 9 |
| 11 | SZYDŁOWSKI Igor | 22.04.2006 | UKS Żaczek Połaniec | SK | 4:14.13 | PB | |
| 12 | JANIK Mikołaj | 07.07.2003 | KS Stal Pleszew | WP | 4:14.41 | | |
| 13 | BACHLEDA Łukasz | 20.03.1998 | Kraków Athletics Team | MA | 4:15.88 | | |
| 14 | MROZEK Artur | 18.06.2007 | UKS Siódemka Ostrołęka | MZ | 4:25.24 | | |
| Bieg 2/ 2 | | | | 20:51 | | | |
| 1 | SOŁTYSIK Stanisław | 29.06.2006 | OKS Start Otwock | MZ | 4:14.77 | PB | |
| 2 | WITOWSKI Jan | 22.06.2008 | RK Athletics Warszawa | MZ | 4:15.92 | PB | 7 |
| 3 | KĄCKI Konstanty | 23.10.2008 | RK Athletics Warszawa | MZ | 4:21.39 | PB | 6 |
| 4 | SZWAJKOWSKI Tomasz | 07.12.2009 | KKL Kielce | SK | 4:28.08 | PB | |
| 5 | WIETESKA Nikodem | 21.05.2010 | RLTL GGG Radom | MZ | 4:28.43 | | |
| 6 | JANDUŁA Patryk | 14.03.2009 | RLTL GGG Radom | MZ | 4:31.23 | | |
| 7 | CHUDY Julian | 17.11.2008 | KM Aktywni Sochaczew | MZ | 4:35.10 | | |
| 8 | KULIŃSKI Antoni | 27.03.2007 | AKL Ursynów Warszawa | MZ | 4:36.16 | PB | 5 |
| 9 | BORZYM Stanisław | 25.01.2009 | UKS Herkules Sulejówek | MZ | 4:38.29 | | |
| 10 | RYMARZ Adam | 31.05.2007 | KS Czempion Warszawa | MZ | 4:39.27 | | 5 |
| 11 | PRACHNIO Franciszek | 30.01.2009 | UKS Herkules Sulejówek | MZ | 4:40.71 | | |
| 12 | MIODUSZEWSKI Władysław | 26.09.2006 | KS AZS AWF Warszawa | MZ | 4:42.78 | PB | 12 |
| 13 | KLIMCZAK Hubert | 28.10.2010 | RK Athletics Warszawa | MZ | 5:16.86 | | |

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|----------------------------|-------------------------|------------|------------------------|-------|-------|-------|--|--|---|
| 110 metrów pł M U16 (91.4) | | | | | | | | | |
| FINAŁ -0.7 M/S 17:46 | | | | | | | | | |
| 1 | HOROSZKO Rafał | 07.08.2008 | UKS LA Basket Warszawa | MZ | 15.67 | U18 | | | 9 |
| 2 | BOGUSŁAWSKI-MICHNIAK | 25.06.2010 | MKS Polonia Warszawa | MZ | 16.91 | PB | | | |
| | BANASZEK Marcel | 10.05.2009 | UKS Orzełki Warszawa | MZ | DNS | | | | |
| 110 metrów pł M U20 (99.1) | | | | | | | | | |
| Bieg 1/ 1 -0.3 M/S 16:17 | | | | | | | | | |
| 1 | KWIATKOWSKI Nikodem | 19.05.2006 | LKS Zantyr Sztum | PM | 14.84 | PB | | | |
| 110 metrów pł M U18 (91.4) | | | | | | | | | |
| Bieg 1/ 1 -1.6 M/S 16:32 | | | | | | | | | |
| 1 | HOROSZKO Rafał | 07.08.2008 | UKS LA Basket Warszawa | MZ | 15.58 | q | | | |
| 110 metrów pł M U16 (91.4) | | | | | | | | | |
| Bieg 1/ 1 -1.6 M/S 16:25 | | | | | | | | | |
| 1 | BOGUSŁAWSKI-MICHNIAK | 25.06.2010 | MKS Polonia Warszawa | MZ | 17.18 | q PB | | | |
| 2 | BANASZEK Marcel | 10.05.2009 | UKS Orzełki Warszawa | MZ | 19.14 | q | | | |
| 110 m ppł mężczyzn | | | | | | | | | |
| FINAŁ -1.2 M/S 17:30 | | | | | | | | | |
| 1 | KAMIONEK Patryk | 20.12.2004 | UKS LA Basket Warszawa | MZ | 14.19 | | | | |
| 2 | KWIATKOWSKI Nikodem | 19.05.2006 | LKS Zantyr Sztum | PM | 14.84 | U20 | | | |
| 3 | KARAPEICHYK Artem | 25.04.2004 | UKS Gepard Warszawa | MZ | 15.36 | | | | |
| 110 m ppł mężczyzn | | | | | | | | | |
| Bieg 1/ 1 -0.3 M/S 16:17 | | | | | | | | | |
| 1 | KAMIONEK Patryk | 20.12.2004 | UKS LA Basket Warszawa | MZ | 14.32 | q | | | |
| 2 | KARAPEICHYK Artem | 25.04.2004 | UKS Gepard Warszawa | MZ | 15.23 | q PB | | | |
| Pchnięcie kulą M U20 (6kg) | | | | | | | | | |
| FINAŁ 19:50 | | | | | | | | | |
| 1 | PADJAS Michał | 06.05.2005 | KS Czempion Warszawa | MZ | 11.77 | PB | | | 9 |
| 2 | WOJCIECHOWSKI Gaurahari | 05.02.2005 | UKS LA Basket Warszawa | MZ | 11.25 | PB | | | 7 |
| 3 | BRODOWSKI Karol | 27.05.2006 | UKS LA Basket Warszawa | MZ | 10.85 | | | | 6 |
| 4 | KRUKOWSKI Igor | 25.06.2006 | AKL Ursynów Warszawa | MZ | 10.72 | | | | 5 |
| 5 | GRABOWSKI Mateusz | 11.08.2005 | UKS LA Basket Warszawa | MZ | 9.66 | PB | | | 5 |
| PADJAS Michał | I | II | III | IV | V | VI | | | |
| | x | 11.77 | x | 10.58 | 11.05 | 10.62 | | | |
| WOJCIECHOWSKI Gaurahari | 10.84 | 10.76 | 10.74 | 10.86 | 11.25 | 10.57 | | | |
| BRODOWSKI Karol | 9.79 | 10.82 | 10.72 | 9.50 | 10.60 | 10.85 | | | |
| KRUKOWSKI Igor | 10.72 | x | x | 9.53 | 9.24 | x | | | |
| GRABOWSKI Mateusz | 9.64 | 9.66 | 8.92 | 9.33 | 9.35 | 9.25 | | | |
| Pchnięcie kulą M U18 (5kg) | | | | | | | | | |
| FINAŁ 18:55 | | | | | | | | | |
| 1 | KARPIUK Franciszek | 23.07.2007 | KS AZS AWF Warszawa | MZ | 14.39 | | | | 9 |
| 2 | SAWICKI Mateusz | 13.06.2007 | AKL Ursynów Warszawa | MZ | 12.99 | | | | 7 |
| 3 | WODZYŃSKI Przemysław | 16.10.2008 | MKS Bank BS Płońsk | MZ | 12.43 | | | | |
| 4 | PIETRZYK Jerzy | 25.07.2007 | AKL Ursynów Warszawa | MZ | 10.55 | PB | | | 6 |
| 5 | MYKYTCHUK Vadim | 22.04.2007 | AKL Ursynów Warszawa | MZ | 9.22 | SB | | | 5 |
| 6 | WOLSKI Jakub | 14.07.2008 | UKS LA Basket Warszawa | MZ | 9.03 | | | | 5 |
| 7 | ŻYCZYŃSKI Bartosz | 29.10.2008 | UKS Młodzik Warszawa | MZ | 7.71 | | | | 4 |

| | I | II | III | IV | V | VI |
|----------------------|-------|-------|-------|-------|-------|-------|
| KARPIUK Franciszek | 13.82 | 14.39 | x | 14.35 | x | x |
| SAWICKI Mateusz | 12.46 | x | 12.17 | x | x | 12.99 |
| WODZYŃSKI Przemysław | x | x | 11.72 | 11.42 | 12.43 | x |
| PIETRZYK Jerzy | 9.58 | 8.87 | 9.79 | 9.54 | 9.59 | 10.55 |
| MYKYTCHUK Vadim | 8.75 | 9.22 | x | 9.00 | 8.76 | 8.98 |
| WOLSKI Jakub | x | 7.65 | 9.03 | x | 8.88 | 8.91 |
| ŻYCZYŃSKI Bartosz | x | 6.88 | x | 7.21 | 7.63 | 7.71 |

Pchnięcie kulą M U16 (5kg)

| FINAŁ | | 18:55 | | | | |
|-------|-----------------|------------|------------------------|----|-------|----|
| 1 | BAKOWSKI Oleg | 30.04.2009 | MKS Bank BS Płońsk | MZ | 10.87 | |
| 2 | WYRZYKOWSKI Jan | 14.07.2009 | UKS LA Basket Warszawa | MZ | 10.45 | PB |

| | I | II | III | IV | V | VI |
|-----------------|-------|-------|-------|-------|-------|-------|
| BAKOWSKI Oleg | 10.67 | 9.77 | 10.09 | 10.87 | 10.10 | 10.25 |
| WYRZYKOWSKI Jan | 10.45 | 10.35 | 10.35 | 9.93 | 10.20 | x |

Rzut oszczepem M U18 (700)

| FINAŁ | | 16:35 | | | | |
|-------|--------------------|------------|------------------------|----|-------|----|
| 1 | WILCZYŃSKI Kajetan | 01.05.2007 | RLTL GGG Radom | MZ | 50.82 | |
| 2 | GAJDA Jakub | 25.05.2008 | RLTL GGG Radom | MZ | 46.42 | PB |
| 3 | MAZURKIEWICZ Jakub | 06.01.2008 | RLTL GGG Radom | MZ | 45.45 | |
| 4 | DROZD Michał | 14.05.2007 | AKL Ursynów Warszawa | MZ | 36.74 | |
| 5 | SAMUL Jan | 22.02.2008 | UKS LA Basket Warszawa | MZ | 36.41 | 9 |
| 6 | ZEMBRZUSKI Antoni | 22.09.2008 | UKS LA Basket Warszawa | MZ | 25.93 | 7 |
| 7 | WOLSKI Jakub | 14.07.2008 | UKS LA Basket Warszawa | MZ | 24.68 | 6 |

Rzut oszczepem M (800)

| FINAŁ | | 17:54 | | | | |
|-------|---------------------|------------|------------------------|----|-------|----|
| 1 | KWAŚNIEWSKI Mateusz | 16.07.1995 | AZS UMCS Lublin | LU | 71.94 | |
| 2 | SUMIŃSKI Wojciech | 14.01.1994 | KS AZS AWF Warszawa | MZ | 63.10 | |
| 3 | WOJNA Aleksander | 25.10.2007 | KS Podlasie Białystok | PD | 59.96 | PB |
| 4 | MICHAŁEK Jakub | 16.06.2005 | UKS LA Basket Warszawa | MZ | 52.33 | 12 |
| 5 | POMALEIKO Nikita | 29.11.2004 | AKL Ursynów Warszawa | MZ | 51.69 | |
| 6 | MAJEWSKI Bartosz | 21.03.2005 | RLTL GGG Radom | MZ | 51.13 | |
| 7 | RESIAK Paweł | 16.11.2005 | AKL Ursynów Warszawa | MZ | 44.26 | 10 |
| 8 | BŁASIAK Tomasz | 16.11.2005 | RLTL GGG Radom | MZ | 44.12 | |
| 9 | GRABOWSKI Mateusz | 11.08.2005 | UKS LA Basket Warszawa | MZ | 30.04 | PB |
| 10 | BRODOWSKI Karol | 27.05.2006 | UKS LA Basket Warszawa | MZ | 28.93 | 8 |

| | I | II | III | IV | V | VI |
|---------------------|-------|-------|-------|-------|-------|-------|
| KWAŚNIEWSKI Mateusz | x | x | 68.27 | 70.69 | x | 71.94 |
| SUMIŃSKI Wojciech | x | 63.10 | x | r | | |
| WOJNA Aleksander | x | 59.96 | 55.41 | 55.81 | r | |
| MICHAŁEK Jakub | 46.25 | 52.33 | 50.85 | x | - | 47.74 |
| POMALEIKO Nikita | 50.95 | x | x | x | x | 51.69 |
| MAJEWSKI Bartosz | 47.76 | x | 50.75 | x | x | 51.13 |
| RESIAK Paweł | 41.95 | 40.93 | 44.23 | x | x | x |
| BŁASIAK Tomasz | 43.69 | 44.12 | x | x | 42.74 | 31.34 |
| GRABOWSKI Mateusz | x | 28.97 | 30.04 | | | |
| BRODOWSKI Karol | 28.93 | 28.91 | 27.33 | | | |

Skok wzwyż M

FINAŁ

17:15

| | | | | | | |
|-----------------------|------------|---------------------------|----|------|-----|---|
| 1 PIÓRKOWSKI Jakub | 29.06.2008 | MKS Ostrowianka Ostrów | MZ | 1.85 | SB | |
| 2 KASPRZAK Andrzej | 07.11.1986 | KS Lemiesz Team Warszawa | MZ | 1.80 | =SB | |
| 3 HOROSZKO Rafał | 07.08.2008 | UKS LA Basket Warszawa | MZ | 1.70 | PB | 9 |
| 4 BAGIŃSKI Bartłomiej | 20.02.2008 | KS Atak Agrykola Warszawa | MZ | 1.70 | PB | 7 |
| 5 DZIWIŚZEK Filip | 13.05.2009 | UKS Melo Błonie | MZ | 1.65 | | |
| 6 GODEK Alan | 16.10.2008 | RLTL GGG Radom | MZ | 1.65 | PB | |
| 7 OSTROWSKI Filip | 01.07.2010 | UKS Melo Błonie | MZ | 1.55 | =PB | |
| 8 BEDNARSKI Dariusz | 23.04.1954 | MUKS Płock | MZ | 1.40 | | |
| 9 KARCZEWSKI Leszek | 13.08.2010 | UKS Melo Błonie | MZ | 1.35 | PB | |

Skok w dal M U18

FINAŁ

16:40

| | | | | | | |
|------------------------|------------|------------------------|----|------|----|---|
| 1 GROCHOWSKI Krzysztof | 10.01.2007 | KS AZS AWF Warszawa | MZ | 7.22 | | 9 |
| 2 MOSIONEK Jakub | 09.03.2007 | RLTL GGG Radom | MZ | 6.48 | SB | |
| 3 SAMUL Jan | 22.02.2008 | UKS LA Basket Warszawa | MZ | 6.37 | | 7 |
| 4 MAĆZYŃSKI Stanisław | 06.03.2009 | KS AZS AWF Warszawa | MZ | 6.24 | | |
| 5 DOŁĘGOWSKI Sebastian | 02.01.2008 | KS AZS AWF Warszawa | MZ | 5.98 | | 6 |
| 6 BANACH Aleksander | 30.05.2009 | KS Prefbet-Sonarol | PD | 5.93 | PB | |
| 7 KACZMARCZYK Igor | 14.07.2007 | RLTL GGG Radom | MZ | 5.19 | | |

| | I | II | III | IV | V | VI |
|----------------------|------|------|------|------|------|------|
| GROCHOWSKI Krzysztof | 7.20 | x | 7.22 | 7.11 | x | x |
| MOSIONEK Jakub | 1.2 | 2.0 | 1.3 | 2.1 | 0.1 | 0.4 |
| SAMUL Jan | x | x | 6.01 | 6.24 | 5.89 | 6.48 |
| MAĆZYŃSKI Stanisław | 1.6 | -1.7 | 0.5 | 1.4 | -0.3 | 1.8 |
| DOŁĘGOWSKI Sebastian | x | x | x | 6.37 | 6.37 | 6.14 |
| BANACH Aleksander | 1.2 | 1.8 | 2.6 | 2.0 | 1.9 | -0.3 |
| KACZMARCZYK Igor | 6.14 | x | 6.24 | 6.02 | x | 6.22 |
| GROCHOWSKI Krzysztof | 1.3 | 1.8 | 0.3 | 3.0 | -0.1 | 0.5 |
| DOŁĘGOWSKI Sebastian | x | 5.91 | x | x | x | 5.98 |
| BANACH Aleksander | 0.8 | 0.5 | 1.4 | 1.8 | 1.3 | 0.6 |
| KACZMARCZYK Igor | x | 5.61 | 5.93 | x | x | 4.21 |
| GROCHOWSKI Krzysztof | 3.3 | 1.2 | -1.2 | 3.1 | 0.9 | -0.2 |
| DOŁĘGOWSKI Sebastian | 5.19 | 4.69 | 5.13 | x | x | x |
| BANACH Aleksander | 1.2 | 2.0 | 0.3 | 1.6 | 1.6 | -1,5 |

Skok w dal M

FINAŁ

16:40

| | | | | | | |
|-----------------------|------------|---------------------|----|------|----|-----|
| 1 PTASIEWICZ Jakub | 17.09.2005 | MKS Bank BS Płońsk | MZ | 7.67 | PB | 0.2 |
| 2 GRALEWSKI Marcin | 19.05.2005 | KS AZS AWF Warszawa | MZ | 6.83 | | 0.5 |
| 3 KORZENIOWSKI Łukasz | 04.06.2003 | MKS Bank BS Płońsk | MZ | 6.75 | PB | 0.4 |
| 4 BEDNARCZYK Maciej | 08.02.2006 | RLTL GGG Radom | MZ | 6.33 | | 1.4 |
| 5 KWIATKOWSKI Nikodem | 19.05.2006 | LKS Zantyr Sztum | PM | 6.29 | | 0.9 |
| 6 MALANOWSKI Łukasz | 08.10.1996 | KS Sprintwarsaw | MZ | 5.71 | | 0.0 |

| | I | II | III | IV | V | VI |
|---------------------|-------------|-------------|--------------|-------------|-------------|-------------|
| PTASIEWICZ Jakub | 7.30 0.8 | 7.60 2.0 | 7.67 0.2 | r | - | - |
| GRALEWSKI Marcin | 6.49 0.8 | 6.26 1.0 | 6.63 0.6 | 6.83 0.5 | x | - |
| KORZENIOWSKI Łukasz | 6.38 0.5 | 6.59 0.9 | x | 6.75 0.4 | 6.25 0.0 | 6.53 1.0 |
| BEDNARCZYK Maciej | x | 6.33 1.4 | 6.31 0.2 | x | x | 6.08 0.4 |
| KWIATKOWSKI Nikodem | - | - | 6.02 0.1 | 6.06 0.5 | 6.29 0.9 | 5.20 2.4 |
| MALANOWSKI Łukasz | 5.50 0.8 | 5.63 0.6 | 5.50 -1.2 | 5.71 0.0 | 5.62 0.8 | 5.62 0.2 |

100 m pł M U14

Bieg 1/ 1 -0.9 M/S 16:32

| | | | | |
|---------------------|------------|---------------------|----|-------|
| 1 DULNIAK Sebastian | 30.01.2012 | KS AZS AWF Warszawa | MZ | 18.96 |
| 2 CIAK Piotr | 10.09.2011 | UKS Otrębusy | MZ | 20.12 |

KOBIETY/WOMEN

600 metrów K U14

Bieg 1/ 2 18:21

| | | | | | |
|------------------------|------------|------------------------|----|---------|----|
| 1 STANISZEWSKA Nadia | 19.05.2010 | Ducla Academy Warszawa | MZ | 1:41.85 | PK |
| 2 PAŁYSA Alicja | 17.03.2011 | Ducla Academy Warszawa | MZ | 1:42.62 | |
| 3 LIS Hanna | 04.01.2012 | Ducla Academy Warszawa | MZ | 1:45.53 | |
| 4 ZIMON Aleksandra | 01.12.2010 | Ducla Academy Warszawa | MZ | 1:46.22 | PK |
| 5 WRÓBLEWSKA Michalina | 25.02.2009 | KS Czempion Warszawa | MZ | 1:46.34 | |
| 6 ZABOROWSKA Antonina | 20.01.2012 | Ducla Academy Warszawa | MZ | 1:47.04 | |
| 7 BORYŚ Paulina | 18.02.2011 | UKS Filipides Teresin | MZ | 1:47.25 | |
| 8 KORDEL Amelia | 11.07.2011 | UKS Siódemka Ostrołęka | MZ | 1:48.65 | |
| 9 PAWLUKOJC Klara | 03.03.2011 | UKS MTE Milanówek | MZ | 1:50.49 | |
| 10 DOMAŃSKA Lena | 04.09.2012 | OKS Skra Warszawa | MZ | 1:50.83 | |
| 11 GRZEGOREK Oliwia | 29.01.2011 | UKS 12 Kalisz | WP | 1:55.61 | |

Bieg 2/ 2 18:23

| | | | | |
|---------------------|------------|---------------------------------|----|---------|
| 1 PAWLUKOJC Emilia | 03.03.2011 | UKS MTE Milanówek | MZ | 1:48.11 |
| 2 DOMERADZKA Lena | 07.09.2011 | UKS Olimp Kozienice | MZ | 1:48.72 |
| 3 SMYRDA Magdalena | 17.07.2011 | RLTL GGG Radom | MZ | 1:49.78 |
| 4 KOLENDA Zofia | 29.03.2011 | UKS MTE Milanówek | MZ | 1:52.30 |
| 5 WOLSZCZAK Maja | 21.08.2011 | LA Dla Dzieci i Młodzieży Kamil | MZ | 1:53.30 |
| 6 SOROKO Maja | 14.06.2012 | Ducla Academy Warszawa | MZ | 1:56.02 |
| 7 FURS Kaja | 28.10.2011 | UKS Otrębusy | MZ | 2:01.86 |
| 8 WRZESZCZ Hanna | 17.07.2012 | RK Athletics Warszawa | MZ | 2:04.02 |
| 9 BŁUŚ Helena | 01.01.2012 | KS Atleta Warszawa | MZ | 2:04.12 |
| 10 KOŁACIN Karolina | 07.11.2012 | LA Dla Dzieci i Młodzieży Kamil | MZ | 2:04.65 |
| 11 DURAJ Blanka | 23.10.2012 | KS AZS AWF Warszawa | MZ | 2:13.56 |

80 metrów pł K U14

Bieg 1/ 2 -1.8 M/S 17:03

| | | | | |
|----------------------|------------|---------------------------------|----|-------|
| 1 DUDEK Małgorzata | 24.12.2011 | RK Athletics Warszawa | MZ | 13.62 |
| 2 LASKOWSKA Pola | 24.07.2012 | KS AZS AWF Warszawa | MZ | 14.14 |
| 3 PROCNER Nina | 04.02.2011 | RK Athletics Warszawa | MZ | 16.04 |
| 4 KRUGLIŃSKA Lena | 10.03.2011 | LA Dla Dzieci i Młodzieży Kamil | MZ | 18.00 |
| 5 LISTOPADZKA Maja | 30.07.2011 | LA Dla Dzieci i Młodzieży Kamil | MZ | 18.16 |
| 6 JASTRZĘBSKA Alicja | 13.12.2011 | RK Athletics Warszawa | MZ | 18.29 |

Bieg 2/ 2 -2.6 M/S 17:20

| | | | | |
|--------------------|------------|----------------------|----|-------|
| 1 LESIUK Lena | 30.09.2011 | KS AZS AWF Warszawa | MZ | 13.27 |
| 2 TROCHONOWICZ Ida | 25.11.2011 | MKS Polonia Warszawa | MZ | 14.16 |
| 3 FURS Kaja | 28.10.2011 | UKS Otrębusy | MZ | 15.09 |
| 4 FILIPIAK Anna | 21.06.2012 | UKS MTE Milanówek | MZ | 15.60 |
| 5 WATRAS Zuzanna | 24.10.2011 | KS AZS AWF Warszawa | MZ | 16.08 |

100 metrów K

FINAŁ A -0.5 M/S 18:38

| | | | | |
|--------------------|------------|----------------------|----|-------|
| 1 ANGLART Julianna | 09.12.2006 | UKS Młodzik Warszawa | MZ | 12.70 |
|--------------------|------------|----------------------|----|-------|

| | | | | | | | |
|--------------|----------------------|------------|------------------------|----|-------|--------|----|
| 2 | JAWORSKA Wiktoria | 03.02.2006 | OKS Skra Warszawa | MZ | 12.79 | PB | 10 |
| 3 | HYLLUS Julia | 10.08.2006 | RK Athletics Warszawa | MZ | 13.01 | | 8 |
| 4 | TRAWIŃSKA Maria | 31.10.2006 | UKS LA Basket Warszawa | MZ | 13.37 | | 6 |
| 5 | OŻYŃSKA Alicja | 31.08.2006 | UKS Młodzik Warszawa | MZ | 13.69 | | 4 |
| 6 | SZOSTAK Nikola | 14.02.2006 | UKS LA Basket Warszawa | MZ | 13.70 | | 3 |
| 7 | CHALABA Julia | 24.07.2006 | UKS Orzełki Warszawa | MZ | 14.19 | | 2 |
| | URBANIAK Lena | 17.05.2006 | UKS Gepard Warszawa | MZ | DNS | | 1 |
| FINAL B | | -2.1 M/S | | | 18:42 | | |
| 1 | WROTEK Hanna | 12.01.2008 | OKS Skra Warszawa | MZ | 12.62 | | 9 |
| 2 | RAMA Pola | 27.03.2008 | KS Warszawianka W-wa | MZ | 13.14 | | 7 |
| 3 | JÓŻWICKA Hanna | 01.04.2008 | OKS Skra Warszawa | MZ | 13.15 | | 6 |
| 4 | BŁAŻEJAK Lena | 22.06.2008 | AKL Ursynów Warszawa | MZ | 13.38 | | 5 |
| 5 | HABROWICZ Ewa | 09.08.2007 | RK Athletics Warszawa | MZ | 13.43 | | 5 |
| 6 | WIĘCEK Zofia | 04.02.2007 | OKS Skra Warszawa | MZ | 13.47 | | 4 |
| 7 | ROSIAK Zuzanna | 11.03.2007 | KS AZS AWF Warszawa | MZ | 13.64 | | 4 |
| 8 | GAŁAJ Matylda | 11.06.2008 | AKL Ursynów Warszawa | MZ | 13.66 | | 4 |
| | | -1.8 M/S | | | 18:53 | | |
| 1 | WOŹNIAK Maja | 25.10.2007 | LKS Vectra Włocławek | KP | 12.15 | | |
| 2 | SOCHACKA Aleksandra | 19.05.2009 | UKS LA Basket Warszawa | MZ | 12.87 | | |
| 3 | SKOMIAŁ Julia | 28.07.2005 | KM Aktywni Sochaczew | MZ | 12.96 | | |
| 4 | WOJTUNIK Maja | 14.03.2007 | RLTL GGG Radom | MZ | 13.00 | | |
| 5 | NIEWIADA Nikola | 08.02.2008 | KS Stal Pleszew | WP | 13.02 | | |
| 6 | GREGORCZYK Klaudia | 27.10.2005 | RLTL GGG Radom | MZ | 13.17 | | |
| 7 | DEFRATYKA Małgorzata | 21.06.1999 | KS Sprintwarsaw | MZ | 13.19 | | |
| | JAROSIŃSKA Maria | 25.11.2006 | MKL Toruń | KP | DNS | | |
| 100 metrów K | | | | | | | |
| Bieg 1/ 11 | | -2.5 M/S | | | 17:46 | | |
| 1 | WOŹNIAK Maja | 25.10.2007 | LKS Vectra Włocławek | KP | 12.16 | q | |
| 2 | JAROSIŃSKA Maria | 25.11.2006 | MKL Toruń | KP | 12.33 | q | |
| 3 | WROTEK Hanna | 12.01.2008 | OKS Skra Warszawa | MZ | 12.60 | q | |
| 4 | ANGLART Julianna | 09.12.2006 | UKS Młodzik Warszawa | MZ | 12.80 | q | |
| 5 | HYLLUS Julia | 10.08.2006 | RK Athletics Warszawa | MZ | 12.98 | qB | |
| 6 | SKOMIAŁ Julia | 28.07.2005 | KM Aktywni Sochaczew | MZ | 12.98 | qB | |
| 7 | TOPOLEWSKA Gabriela | 18.01.1996 | KS Czempion Warszawa | MZ | 13.18 | qB | |
| 8 | HABROWICZ Ewa | 09.08.2007 | RK Athletics Warszawa | MZ | 13.22 | qB | |
| Bieg 2/ 11 | | -0.6 M/S | | | 18:03 | | |
| 1 | WOJTUNIK Maja | 14.03.2007 | RLTL GGG Radom | MZ | 12.90 | q | |
| 2 | NIEWIADA Nikola | 08.02.2008 | KS Stal Pleszew | WP | 12.93 | q | |
| 3 | JAWORSKA Wiktoria | 03.02.2006 | OKS Skra Warszawa | MZ | 12.97 | q | |
| 4 | JÓŻWICKA Hanna | 01.04.2008 | OKS Skra Warszawa | MZ | 13.05 | qB PB | |
| 5 | DEFRATYKA Małgorzata | 21.06.1999 | KS Sprintwarsaw | MZ | 13.11 | qB =PB | |
| 6 | DZIĘCIOŁOWSKA Eliza | 25.01.2009 | KS AZS AWF Warszawa | MZ | 13.23 | qB | |
| 7 | ŻUROWSKA Klaudia | 01.02.2007 | RLTL GGG Radom | MZ | 13.31 | qB SB | |
| 8 | TRAWIŃSKA Maria | 31.10.2006 | UKS LA Basket Warszawa | MZ | 13.35 | | |
| Bieg 3/ 11 | | -0.6 M/S | | | 17:54 | | |
| 1 | SOCHACKA Aleksandra | 19.05.2009 | UKS LA Basket Warszawa | MZ | 12.78 | q PB | |
| 2 | RAMA Pola | 27.03.2008 | KS Warszawianka W-wa | MZ | 12.98 | qB PB | |
| 3 | KARYŚ Hanna | 23.06.2010 | UKS LA Basket Warszawa | MZ | 13.15 | qB PB | |
| 4 | PETRALLIS Aleksandra | 19.01.2009 | AKL Ursynów Warszawa | MZ | 13.30 | qB | |
| 5 | SZYMIEL Aleksandra | 06.11.2008 | KS Podlasie Białystok | PD | 13.31 | qB | |
| 6 | ROSIAK Zuzanna | 11.03.2007 | KS AZS AWF Warszawa | MZ | 13.34 | qB | |
| 7 | SZOSTAK Nikola | 14.02.2006 | UKS LA Basket Warszawa | MZ | 13.56 | | |
| 8 | JAMROZ Lena | 06.01.2007 | KS AZS AWF Warszawa | MZ | 13.68 | SB | 2 |
| Bieg 4/ 11 | | +0.2 M/S | | | 17:59 | | |
| 1 | GREGORCZYK Klaudia | 27.10.2005 | RLTL GGG Radom | MZ | 13.06 | qB PB | |
| 2 | DŁUTOWSKA Anna | 17.08.2010 | KS AZS AWF Warszawa | MZ | 13.25 | qB PB | |
| 3 | WIĘCEK Zofia | 04.02.2007 | OKS Skra Warszawa | MZ | 13.33 | qB PB | 3 |
| 4 | URBANIAK Lena | 17.05.2006 | UKS Gepard Warszawa | MZ | 13.50 | | |
| 5 | LAO Maja | 26.10.2010 | RLTL GGG Radom | MZ | 13.51 | | |
| 6 | GAŁAJ Matylda | 11.06.2008 | AKL Ursynów Warszawa | MZ | 13.62 | SB | 3 |

| | | | | | | | | |
|-------------|-----------------------|------------|---------------------------------|-------|-------|----|--|---|
| 7 | KRUSZEWSKA Barbara | 18.06.2007 | OKS Skra Warszawa | MZ | 13.63 | | | 3 |
| 8 | TARAS Kalina | 08.05.2009 | UKS LA Basket Warszawa | MZ | 13.77 | | | |
| Bieg 5/ 11 | | -3.2 M/S | | 18:03 | | | | |
| 1 | BŁAŻEJAK Lena | 22.06.2008 | AKL Ursynów Warszawa | MZ | 13.60 | | | 3 |
| 2 | PILECKA Barbara | 25.01.2010 | UKS Herkules Sulejówek | MZ | 13.70 | | | |
| 3 | CZAPLIŃSKA Ewelina | 09.07.2007 | UKS Młodzik Warszawa | MZ | 13.71 | | | 2 |
| 4 | MACIEJEWSKA Antonina | 23.04.2007 | KS AZS AWF Warszawa | MZ | 13.76 | | | 1 |
| 5 | ZGLIŃSKA Marta | 28.09.2009 | UKS Herkules Sulejówek | MZ | 13.84 | | | |
| 6 | KIEROŃCZYK Emilia | 23.12.2007 | RLTL GGG Radom | MZ | 13.84 | | | |
| 7 | OŻYŃSKA Alicja | 31.08.2006 | UKS Młodzik Warszawa | MZ | 13.92 | | | |
| 8 | CHALABA Julia | 24.07.2006 | UKS Orzełki Warszawa | MZ | 14.02 | | | |
| Bieg 6/ 11 | | -2.2 M/S | | 18:05 | | | | |
| 1 | SOLARCZYK Nikola | 06.03.2008 | UKS 12 Kalisz | WP | 13.60 | | | |
| 2 | DRĄGOWSKA Martyna | 11.09.2007 | KS AZS AWF Warszawa | MZ | 13.68 | | | 2 |
| 3 | DŁUGOSIELSKA Pola | 31.08.2008 | KS AZS AWF Warszawa | MZ | 13.75 | | | 2 |
| 4 | BRODOWSKA Zuzanna | 02.07.2010 | UKS LA Basket Warszawa | MZ | 13.78 | | | |
| 5 | PIASECKA Aleksandra | 21.06.2009 | KS Podlasie Białystok | PD | 13.86 | | | |
| 6 | MARCINKOWSKA Antonina | 29.08.2007 | LA Dla Dzieci i Młodzieży Kamil | MZ | 13.93 | | | 1 |
| 7 | DĄBROWSKA Julia | 18.04.2010 | RLTL GGG Radom | MZ | 13.94 | | | |
| 8 | PRZYBYŁOWSKA Blanka | 22.06.2007 | KS Czempion Warszawa | MZ | 14.19 | | | |
| Bieg 7/ 11 | | -1.0 M/S | | 18:08 | | | | |
| 1 | CHALABA Zofia | 10.02.2010 | UKS Orzełki Warszawa | MZ | 13.54 | PB | | |
| 2 | PUCHAŁA Zofia | 28.08.2006 | KKL Kielce | SK | 13.75 | PB | | |
| 3 | SZUKIEŁOWICZ Maja | 17.06.2008 | UKS Flop Wilkasy | WN | 13.84 | PB | | |
| 4 | WYSZKOWSKA Karolina | 10.09.2010 | UKS Herkules Sulejówek | MZ | 13.85 | PB | | |
| 5 | TROJANOWSKA Maja | 06.04.2010 | UKS Gimnazjon Płońsk | MZ | 13.93 | PB | | |
| 6 | NUÑEZ-KRAJEWSKA | 23.10.2008 | KS AZS AWF Warszawa | MZ | 14.04 | | | 1 |
| 7 | GOSZCZYCKA Marta | 02.06.2007 | MKS Bank BS Płońsk | MZ | 14.19 | | | |
| 8 | LIŚKIEWICZ Weronika | 06.08.2008 | UKS Młodzik Warszawa | MZ | 14.23 | SB | | |
| Bieg 8/ 11 | | -1.6 M/S | | 18:10 | | | | |
| 1 | KAŹMIERSKA Kaja | 09.07.2008 | MKS Bank BS Płońsk | MZ | 13.66 | PB | | |
| 2 | LUTOMIRSKA Joanna | 17.12.2010 | UKS Orzełki Warszawa | MZ | 13.79 | PB | | |
| 3 | KOZIKOWSKA Nikola | 06.04.2007 | KS Czempion Warszawa | MZ | 14.15 | PB | | 1 |
| 4 | TWAROWSKA Amelia | 29.06.2008 | KS AZS AWF Warszawa | MZ | 14.16 | PB | | |
| 5 | AKONOM Natalia | 16.01.2007 | MKS Pogoń Siedlce | MZ | 14.26 | PB | | |
| 5 | KORLIŃSKA Klara | 16.02.2011 | UKS Orzełki Warszawa | MZ | 14.26 | PB | | |
| 7 | MAJ Magdalena Anna | 13.10.2010 | UKS Orzełki Warszawa | MZ | 14.59 | | | |
| 8 | MICHALCZYK-ZGLIŃSKA | 27.10.1974 | UKS Herkules Sulejówek | MZ | 14.88 | | | |
| Bieg 9/ 11 | | -1.3 M/S | | 18:12 | | | | |
| 1 | BRODOWSKA Nina | 17.01.2008 | UKS LA Basket Warszawa | MZ | 14.67 | | | |
| 2 | JANASZEK Alicja | 25.03.2010 | KS AZS AWF Warszawa | MZ | 14.74 | | | |
| 3 | DRABIK Julia | 30.01.2010 | UKS LA Basket Warszawa | MZ | 14.83 | | | |
| 4 | KOCHAŃSKA Jagoda | 30.11.2010 | KM Aktywni Sochaczew | MZ | 14.98 | | | |
| 5 | KAMIŃSKA Natalia | 05.03.2008 | LA Dla Dzieci i Młodzieży Kamil | MZ | 15.02 | | | |
| 6 | CZYKWIN Martyna | 10.10.2008 | MKS Syrena Warszawa | MZ | 15.52 | | | |
| 7 | SZAFRANIEC Maja | 07.10.2007 | KS AZS AWF Warszawa | MZ | 18.41 | | | |
| Bieg 10/ 11 | | +1.3 M/S | | 18:14 | | | | |
| 1 | PISOTSKA Svitlana | 13.04.2011 | UKS MTE Milanówek | MZ | 13.59 | | | |
| 2 | SKOMRA Maja | 26.02.2010 | LA Dla Dzieci i Młodzieży Kamil | MZ | 13.72 | | | |
| 3 | CHODZEŃ Zuzanna | 14.02.2009 | UKS Młodzik Warszawa | MZ | 13.84 | PB | | |
| 4 | KULIK Alicja | 31.08.2006 | OKS Skra Warszawa | MZ | 14.20 | | | |
| 5 | GAS Liliana | 08.05.2010 | UKS Orzełki Warszawa | MZ | 14.27 | PB | | |
| 6 | SZCZAP Julia | 27.07.2007 | KS AZS AWF Warszawa | MZ | 14.77 | PB | | |
| 7 | GLUSMAN Julia | 18.11.2007 | OKS Skra Warszawa | MZ | 14.91 | PB | | |
| 8 | BYCUL Marta | 05.02.2008 | KS AZS AWF Warszawa | MZ | 15.18 | | | |
| Bieg 11/ 11 | | +0.7 M/S | | 18:18 | | | | |
| 1 | STANISZEWSKA Matylda | 03.02.2010 | KS AZS AWF Warszawa | MZ | 13.39 | | | |
| 2 | MARKS Julia | 25.01.2009 | KKL Kielce | SK | 13.51 | | | |
| 3 | PRZYBYSZ Weronika | 22.10.2010 | KS AZS AWF Warszawa | MZ | 14.10 | | | |

| | | | | | | |
|------------------------------|-----------------------|-----------------|------------------------|--------------|---------|----|
| 4 | ZAJDEL Lena | 30.05.2010 | KS AZS AWF Warszawa | MZ | 14.27 | |
| 5 | WOJTYLAK Wiktoria | 21.06.2010 | UKS Herkules Sulejówek | MZ | 14.31 | |
| 6 | ZAMBROWSKA Lena | 18.01.2010 | KS AZS AWF Warszawa | MZ | 14.45 | |
| 7 | KRZYWKOWSKA Alicja | 17.04.2010 | MKS Bank BS Płońsk | MZ | 14.47 | |
| 8 | WOJCIECHOWSKA Maria | 17.04.2009 | UKS Gimnazjon Płońsk | MZ | 14.51 | |
| 400 metrów K | | | | | | |
| Bieg 1/ 3 | | | | 19:28 | | |
| 1 | SUCHENEK Aleksandra | 17.12.2005 | OKS Skra Warszawa | MZ | 56.06 | 12 |
| 2 | PIASECKA Karolina | 23.10.2007 | KS Podlasie Białystok | PD | 57.70 | |
| 3 | GIEREK Adrianna | 24.12.2008 | KKL Kielce | SK | 59.03 | |
| 4 | BARTNIK Karina | 16.06.2007 | RLTL GGG Radom | MZ | 1:00.07 | |
| 5 | KOWALSKA Justyna | 09.05.2004 | UKS Herkules Sulejówek | MZ | 1:00.26 | |
| 6 | LIPIŃSKA Anna | 01.03.2005 | AKL Ursynów Warszawa | MZ | 1:00.49 | 10 |
| 7 | HNATCZUK Julia | 01.06.2006 | KS AZS AWF Warszawa | MZ | 1:00.86 | 8 |
| 8 | BŁUŚ Hanna | 27.06.2008 | KS AZS AWF Warszawa | MZ | 1:01.74 | 9 |
| Bieg 2/ 3 | | | | 19:30 | | |
| 1 | BIELAWSKA Natalia | 31.03.2008 | MKS Polonia Warszawa | MZ | 1:00.78 | 7 |
| 2 | DZIEWICKA Lidia | 19.05.2006 | UKS Orzełki Warszawa | MZ | 1:02.76 | 6 |
| 3 | CHŁOPIK Łucja | 07.09.2008 | UKS MTE Milanówek | MZ | 1:03.12 | |
| 4 | SZARY Ida | 03.06.2009 | RLTL GGG Radom | MZ | 1:05.09 | |
| 5 | ZAJĄC Aleksandra | 24.10.2007 | OKS Skra Warszawa | MZ | 1:05.89 | 6 |
| 6 | ULBRYCH Helena | 28.12.2007 | UKS Herkules Sulejówek | MZ | 1:10.96 | |
| 7 | KURACKA Karolina | 12.11.2007 | KM Aktywni Sochaczew | MZ | 1:11.16 | |
| 8 | MAIOROVA Tetiana | 26.01.2010 | UKS Olimp Kozienice | MZ | 1:11.55 | |
| Bieg 3/ 3 | | | | 19:34 | | |
| 1 | GOLANOWSKA Iga | 27.05.2008 | UKS 12 Kalisz | WP | 1:00.97 | |
| 2 | KONIECZNY Zuzanna | 30.01.2009 | OKS Skra Warszawa | MZ | 1:03.39 | |
| 3 | MAŁECKA Karina | 14.10.2009 | LKS Osuchów | MZ | 1:04.95 | |
| 4 | ANTONIAK Alicja | 31.10.2010 | UKS Herkules Sulejówek | MZ | 1:06.03 | |
| 5 | SKROK Julia | 22.05.2010 | UKS LA Basket Warszawa | MZ | 1:06.29 | |
| 6 | KRUSZEWSKA Anna | 11.10.2009 | KS Czempion Warszawa | MZ | 1:09.89 | |
| 7 | HAŁACIŃSKA Natalia | 10.04.2009 | KS Czempion Warszawa | MZ | 1:11.94 | |
| 1500 metrów kobiet | | | | | | |
| Bieg 1/ 1 | | -0.5 M/S | | 20:24 | | |
| 1 | RUSIŁOWICZ Kornelia | 26.07.2008 | UKS Siódemka Ostrołęka | MZ | 4:39.50 | |
| 2 | WOSZCZEK Danuta | 20.02.1978 | UKS Olimp Kozienice | MZ | 4:53.91 | |
| 3 | BAZUŁKA Aleksandra | 29.07.1995 | SBG Salco Niepołomice | MA | 4:55.20 | |
| 4 | PRZEŹDZIECKA Weronika | 22.04.2008 | OKS Skra Warszawa | MZ | 5:00.88 | 9 |
| 5 | GRABOWSKA Wiktoria | 18.02.2005 | KS Prefbet-Sonarol | PD | 5:04.43 | |
| 6 | SZLAGA Lena | 17.09.2009 | RK Athletics Warszawa | MZ | 5:04.58 | |
| 7 | ROLA Marcjanna | 19.07.2007 | RLTL GGG Radom | MZ | 5:05.84 | |
| 8 | NOWAK Michalina | 06.12.2009 | KKL Kielce | SK | 5:05.94 | |
| 9 | STOŹEK Julia | 10.11.2009 | UKS Herkules Sulejówek | MZ | 5:09.61 | |
| 10 | KAROLAK Martyna | 25.04.2008 | KS Stal Pleszew | WP | 6:22.11 | |
| 100 m pł K U18 (76.2) | | | | | | |
| FINAŁ | | -1.0 M/S | | 17:54 | | |
| 1 | PAWLAK Adrianna | 16.07.2008 | UKS LA Basket Warszawa | MZ | 14.99 | 9 |
| 2 | URBANIAK Lena | 17.05.2006 | UKS Gepard Warszawa | MZ | 15.26 | 12 |
| 3 | DUSIEWICZ Hanna | 02.07.2008 | KS AZS AWF Warszawa | MZ | 15.43 | 7 |
| 4 | ŻUROWSKA Klaudia | 01.02.2007 | RLTL GGG Radom | MZ | 15.47 | |
| 5 | DENEKA Hanna | 27.09.2008 | UKS LA Basket Warszawa | MZ | 15.52 | 6 |
| 6 | KACZOR Maja | 16.08.2007 | OKS Skra Warszawa | MZ | 15.76 | 5 |
| 7 | ADACH Weronika | 19.08.2008 | UKS MTE Milanówek | MZ | 16.97 | |
| 8 | PERZANOWSKA Lena | 17.12.2008 | UKS LA Basket Warszawa | MZ | 20.58 | 5 |
| 100 m pł K U18 (76.2) | | | | | | |

| | | | | | | | | |
|----------------------------|-----------------------|------------|---------------------------|-------|-------|-------|----|----|
| Bieg 1/ 2 | | -1.8 M/S | | 16:52 | | | | |
| 1 | PAWLAK Adrianna | 16.07.2008 | UKS LA Basket Warszawa | MZ | 15.04 | q | PB | |
| 3 | DENEKA Hanna | 27.09.2008 | UKS LA Basket Warszawa | MZ | 15.54 | q | | |
| 4 | ŻUROWSKA Klaudia | 01.02.2007 | RLTL GGG Radom | MZ | 15.65 | q | | |
| 5 | KACZOR Maja | 16.08.2007 | OKS Skra Warszawa | MZ | 15.85 | q | | |
| 6 | ADACH Weronika | 19.08.2008 | UKS MTE Milanówek | MZ | 16.31 | q | PB | |
| Bieg 2/ 2 | | -1.8 M/S | | 16:52 | | | | |
| 1 | DUSIEWICZ Hanna | 02.07.2008 | KS AZS AWF Warszawa | MZ | 15.57 | q | | |
| 2 | PERZANOWSKA Lena | 17.12.2008 | UKS LA Basket Warszawa | MZ | 16.21 | q | | |
| 3 | ŁOZA Weronika | 19.03.2007 | KS Atak Agrykola Warszawa | MZ | 16.33 | | | 4 |
| 4 | GOTOWIEC Barbara | 21.02.2008 | UKS Orzełki Warszawa | MZ | 17.41 | | | 4 |
| 5 | HERMANOWSKA Zuzanna | 20.12.2007 | UKS LA Basket Warszawa | MZ | 17.82 | | | 4 |
| 100 m pł kobiet | | | | | | | | |
| Bieg 1/ 1 | | -1.8 M/S | | 16:52 | | | | |
| 1 | URBANIAK Lena | 17.05.2006 | UKS Gepard Warszawa | MZ | 15.50 | | | |
| 80 metrów pł K U16 | | | | | | | | |
| Bieg 1/ 1 | | | | 17:03 | | | | |
| 1 | DŁUTOWSKA Anna | 17.08.2010 | KS AZS AWF Warszawa | MZ | 12.55 | | | |
| 2 | POLITOWSKA Dominika | 08.09.2009 | KS Atak Agrykola Warszawa | MZ | 13.61 | | | |
| 3 | BRODOWSKA Zuzanna | 02.07.2010 | UKS LA Basket Warszawa | MZ | 13.65 | | | |
| 4 | WIATR Amelia | 13.10.2010 | KKL Kielce | SK | 14.16 | | | |
| 5 | LUTOMIRSKA Joanna | 17.12.2010 | UKS Orzełki Warszawa | MZ | 14.20 | | | |
| 6 | DĄBROWSKA Lena | 10.12.2009 | KS Atak Agrykola Warszawa | MZ | 14.56 | | | |
| 7 | NOWAK Alicja | 08.05.2009 | UKS 12 Kalisz | WP | 15.59 | | | |
| 8 | JANIK Katarzyna | 13.01.2009 | KKL Kielce | SK | 16.59 | | | |
| Pchnięcie kulą K (4kg) | | | | | | | | |
| FINAL | | | | 16:20 | | | | |
| 1 | KONDER Kinga | 14.10.2005 | RLTL GGG Radom | MZ | 12.96 | | | |
| 2 | STEMPEL Aleksandra | 19.01.2006 | UKS Herkules Sulejówek | MZ | 6.77 | | | |
| 3 | TRAWIŃSKA Maria | 31.10.2006 | UKS LA Basket Warszawa | MZ | 6.75 | | | 12 |
| 4 | OLDAK Martyna | 16.02.2006 | UKS LA Basket Warszawa | MZ | 6.60 | | | 10 |
| 5 | LEWANDOWSKA Karolina | 01.05.2006 | UKS Młodzik Warszawa | MZ | 6.41 | | | 8 |
| Pchnięcie kulą K U18 (3kg) | | | | | | | | |
| FINAL | | | | 16:50 | | | | |
| 1 | BIELECKA Maja | 20.12.2007 | RLTL GGG Radom | MZ | 14.20 | | | |
| 2 | CIESZEWSKA Aleksandra | 09.06.2008 | MKS Bank BS Płońsk | MZ | 13.39 | | | |
| 3 | SZYMAŃSKA Hanna | 30.01.2007 | MKS Syrena Warszawa | MZ | 11.10 | SB | | 9 |
| 4 | SZYSZKA Julia | 14.05.2008 | UKS LA Basket Warszawa | MZ | 6.90 | PB | | 7 |
| Pchnięcie kulą K U16 (3kg) | | | | | | | | |
| FINAL | | | | 17:50 | | | | |
| 1 | NOWAK Alicja | 08.05.2009 | UKS 12 Kalisz | WP | 10.73 | PB | | |
| 2 | GAIK Julia | 12.02.2010 | KM Aktywni Sochaczew | MZ | 8.78 | PB | | |
| 3 | OLSZEWSKA Maria | 17.06.2010 | AKL Ursynów Warszawa | MZ | 8.76 | PB | | |
| 4 | KOPYT Amelia | 30.07.2010 | KM Aktywni Sochaczew | MZ | 7.79 | | | |
| 5 | TARAS Kalina | 08.05.2009 | UKS LA Basket Warszawa | MZ | 7.63 | PB | | |
| 6 | KOPIAKOW Izabela | 09.09.2009 | AKL Ursynów Warszawa | MZ | 7.38 | =PB | | |
| | | I | II | III | IV | V | VI | |
| NOWAK Alicja | 9.58 | 8.95 | 9.74 | 9.51 | 9.50 | 10.73 | | |
| GAIK Julia | 8.72 | 8.78 | 8.58 | 8.15 | 8.37 | r | | |
| OLSZEWSKA Maria | 8.28 | 8.53 | 8.76 | 8.37 | x | x | | |
| KOPYT Amelia | x | 7.27 | 7.79 | x | 6.97 | x | | |
| TARAS Kalina | 6.92 | 7.41 | 7.63 | 6.70 | x | 7.18 | | |
| KOPIAKOW Izabela | 7.38 | 7.16 | x | 7.06 | x | 6.94 | | |

Rzut oszczepem K U18 (500)

| FINAŁ | | | | | | | | 19:00 | | | |
|-------|---------------------|------------|-------|--------|-----------------|-------|-------|-------|--|--|---|
| 1 | ADAMCZYK Nadia | 30.06.2007 | RLTL | GGG | Radom | MZ | 36.31 | | | | |
| 2 | BIELECKA Maja | 20.12.2007 | RLTL | GGG | Radom | MZ | 36.25 | | | | |
| 3 | HERMANOWSKA Zuzanna | 20.12.2007 | UKS | LA | Basket Warszawa | MZ | 22.74 | PB | | | 9 |
| 4 | JAKUBIAK Paulina | 21.06.2007 | UKS | LA | Basket Warszawa | MZ | 22.05 | SB | | | 7 |
| 5 | CZYKWIN Martyna | 10.10.2008 | MKS | Syrena | Warszawa | MZ | 20.57 | PB | | | 6 |
| 6 | SZYSZKA Julia | 14.05.2008 | UKS | LA | Basket Warszawa | MZ | 15.51 | | | | 5 |
| | | | I | II | III | IV | V | VI | | | |
| | ADAMCZYK Nadia | | 35.03 | 36.31 | x | 35.29 | x | r | | | |
| | BIELECKA Maja | | 34.65 | 33.48 | 36.25 | 33.11 | 35.19 | 34.82 | | | |
| | HERMANOWSKA Zuzanna | | 20.16 | 21.99 | 22.74 | 20.12 | x | 20.55 | | | |
| | JAKUBIAK Paulina | | 19.27 | 20.55 | 18.02 | x | 17.01 | 22.05 | | | |
| | CZYKWIN Martyna | | 19.99 | 17.11 | 15.68 | 13.64 | 20.57 | 19.67 | | | |
| | SZYSZKA Julia | | 11.54 | x | x | x | 15.51 | 15.16 | | | |

Rzut oszczepem K (600)

| FINAŁ | | | | | | | | 19:55 | | | |
|-------|--------------------|------------|-------|-------|-----------------|-------|-------|-------|--|--|----|
| 1 | BIELAK Amelia | 05.11.2005 | KS | AZS | AWF Warszawa | MZ | 34.43 | | | | 12 |
| 2 | KACZMARSKA Martyna | 29.08.2006 | KS | AZS | AWF Warszawa | MZ | 19.47 | | | | 10 |
| 3 | OŁDAK Martyna | 16.02.2006 | UKS | LA | Basket Warszawa | MZ | 14.35 | PB | | | 8 |
| | | | I | II | III | IV | V | VI | | | |
| | BIELAK Amelia | | 33.27 | 32.61 | 34.43 | x | 32.50 | 31.08 | | | |
| | KACZMARSKA Martyna | | x | 17.01 | 19.47 | 17.86 | x | r | | | |
| | OŁDAK Martyna | | 14.35 | 13.80 | 12.47 | x | x | x | | | |

Rzut oszczepem K U16 (500)

| FINAŁ | | | | | | | | 19:00 | | | |
|-------|-----------------------|------------|-------|---------|-----------|-------|-------|-------|--|--|--|
| 1 | PŁYWACZEWSKA Weronika | 20.08.2009 | KM | Aktywni | Sochaczew | MZ | 21.62 | | | | |
| 2 | KOPYT Amelia | 30.07.2010 | KM | Aktywni | Sochaczew | MZ | 19.68 | PB | | | |
| | | | I | II | III | IV | V | VI | | | |
| | PŁYWACZEWSKA Weronika | | 21.62 | 21.27 | 19.74 | 20.24 | 20.82 | 19.08 | | | |
| | KOPYT Amelia | | 19.68 | 17.30 | x | 15.66 | x | x | | | |

Skok w dal K U18

| FINAŁ | | | | | | | | 17:42 | | | |
|-------|----------------------|------------|-----|------------------------|-----------------|----|------|-------|-----|--|---|
| 1 | CZAJKA Agata | 29.05.2008 | KS | AZS | AWF Warszawa | MZ | 5.58 | PB | 0.5 | | 9 |
| 2 | JAKUBIAK Paulina | 21.06.2007 | UKS | LA | Basket Warszawa | MZ | 5.28 | | 0.6 | | 7 |
| 3 | MIŚTA Małgorzata | 16.01.2007 | KKL | Kielce | | SK | 5.22 | PB | 1.7 | | |
| 4 | MARKS Julia | 25.01.2009 | KKL | Kielce | | SK | 5.13 | PB | 0.5 | | |
| 5 | PERZANOWSKA Lena | 17.12.2008 | UKS | LA | Basket Warszawa | MZ | 4.81 | | 1.9 | | 6 |
| 6 | MILEWSKA Klara | 06.02.2007 | KKL | Kielce | | SK | 4.74 | | 1.9 | | |
| 7 | STAWIECKA Aleksandra | 16.08.2008 | LA | Dla Dzieci i Młodzieży | Kamil | MZ | 4.45 | | 1.0 | | 5 |
| 8 | SZUKIEŁOWICZ Maja | 17.06.2008 | UKS | Flop | Wilkasy | WN | 4.26 | PB | 1.9 | | |
| | WACHOL Julia | 15.08.2007 | MKS | Bank BS | Płońsk | MZ | NM | | | | |
| | PAWŁOWSKA Helena | 21.03.2007 | KS | AZS | AWF Warszawa | MZ | NM | | | | |

| | I | II | III | IV | V | VI |
|----------------------|------|------|------|------|------|------|
| CZAJKA Agata | 5.34 | 5.55 | 5.37 | 5.58 | x | 5.28 |
| | 0.8 | 1.0 | 1.7 | 0.5 | 0.8 | 1.8 |
| JAKUBIAK Paulina | 5.15 | x | 5.28 | 5.01 | x | x |
| | 0.6 | 2.9 | 0.6 | 0.9 | 2.7 | 1.7 |
| MIŚTA Małgorzata | 4.95 | 5.13 | 5.18 | 5.22 | 5.11 | x |
| | 0.7 | 0.5 | 1.7 | 1.7 | 0.9 | 1.5 |
| MARKS Julia | x | 5.13 | x | 4.93 | x | x |
| | 1.3 | 0.5 | 2.1 | 0.5 | 0.3 | 2.2 |
| PERZANOWSKA Lena | 4.50 | 4.81 | 4.69 | 4.62 | 4.70 | x |
| | 2.2 | 1.9 | 1.2 | 0.7 | 0.8 | 3.2 |
| MILEWSKA Klara | 4.74 | x | 4.64 | 4.30 | 4.73 | 4.56 |
| | 1.9 | 1.3 | 1.6 | 0.9 | 0.8 | 2.5 |
| STAWIECKA Aleksandra | 4.36 | 4.09 | 4.45 | x | x | 4.40 |
| | 1.0 | 1.2 | 1.0 | 2.0 | 2.1 | 0.7 |
| SZUKIEŁOWICZ Maja | 3.86 | 4.26 | 4.11 | 4.08 | 4.15 | 4.16 |
| | 1.6 | 1.9 | 0.2 | 1.5 | 1.6 | 1.0 |
| WACHOL Julia | x | x | x | | | |
| | 0.5 | 0.4 | 1.4 | | | |
| PAWŁOWSKA Helena | x | x | x | | | |
| | 2.7 | 0.3 | 0.8 | | | |

Skok w dal K

| FINAŁ | | 17:40 | | | | | |
|-------|----------------------|-----------------------------------|----|------|----|-----|----|
| 1 | ADAMCZYK Julia | 28.07.2005 RLTL GGG Radom | MZ | 6.07 | SB | 0.8 | |
| 2 | JANIK Emilia | 12.12.2000 KS Komunalni Sanok | PK | 5.37 | SB | 0.8 | |
| 3 | TRAWIŃSKA Maria | 31.10.2006 UKS LA Basket Warszawa | MZ | 4.80 | SB | 1.1 | 12 |
| 4 | SZOSTAK Nikola | 14.02.2006 UKS LA Basket Warszawa | MZ | 4.75 | | 2.1 | 10 |
| 5 | KWIATKOWSKA Dominika | 10.11.2005 UKS LA Basket Warszawa | MZ | 4.62 | | 2.1 | 8 |

| | I | II | III | IV | V | VI |
|----------------------|------|------|------|------|------|------|
| ADAMCZYK Julia | x | 2.75 | 4.76 | 6.07 | x | 5.87 |
| | 3.0 | 2.2 | 1.1 | 0.8 | 1.1 | 1.7 |
| JANIK Emilia | x | x | 5.37 | x | 5.15 | 5.05 |
| | 2.6 | 0.6 | 0.8 | 1.7 | 1.2 | 1.1 |
| TRAWIŃSKA Maria | 4.58 | 4.59 | x | 4.74 | x | 4.80 |
| | -0.1 | -0.3 | 1.5 | 2.1 | 1.8 | 1.1 |
| SZOSTAK Nikola | 4.43 | 4.72 | 4.55 | 4.75 | 4.56 | 4.57 |
| | 1.7 | 2.5 | 0.2 | 2.1 | 1.0 | 2.1 |
| KWIATKOWSKA Dominika | 4.62 | x | x | x | x | x |
| | 2.1 | 1.0 | 0.3 | 1.5 | 1.8 | 2.4 |

MEŻCZYŹNI/MEN

Wieloskok M U16

| FINAŁ | | 17:55 | | | | |
|-------|-----------------|---------------------------------|----|-------|----|-----|
| 1 | BANASZEK Marcel | 10.05.2009 UKS Orzełki Warszawa | MZ | 10.61 | PB | 0.1 |
| 2 | ZALEWSKI Wiktor | 02.06.2010 OKS Skra Warszawa | MZ | 9.95 | | 1.8 |
| 3 | GÓRKO Maciej | 24.11.2010 OKS Skra Warszawa | MZ | 9.55 | | 2.7 |

| | I | II | III | IV | V | VI |
|-----------------|------|------|-------|-------|-------|------|
| BANASZEK Marcel | x | x | 10.61 | 10.31 | 10.19 | 8.81 |
| | 0.4 | 0.9 | 0.1 | 0.2 | 2.1 | 1.0 |
| ZALEWSKI Wiktor | 9.75 | 9.92 | 9.82 | 9.95 | 9.73 | x |
| | 0.5 | 0.3 | 1.3 | 1.8 | 1.2 | 1.4 |
| GÓRKO Maciej | 9.53 | 9.46 | 9.11 | 9.29 | 9.55 | 8.72 |
| | -0.5 | 0.2 | 1.1 | 0.9 | 2.7 | 0.8 |

1000 metrów M U14

| Bieg 1/ 1 | | 17:22 | | | | |
|-----------|-----------------|--|----|---------|--|----|
| 1 | PUSZCZ Mateusz | 23.02.2010 RK Athletics Warszawa | MZ | 3:01.78 | | PK |
| 2 | MUNDZIK Ksawery | 15.05.2012 LA Dla Dzieci i Młodzieży Kamil | MZ | 3:39.63 | | |
| 3 | DRABIK Ignacy | 29.09.2012 UKS LA Basket Warszawa | MZ | 3:43.68 | | |

300 m ppł M U16

| Bieg 1/ 1 | | 16:06 | | | | |
|-----------|-------------------|----------------------------------|----|-------|--|--|
| 1 | CHRAPEK Krzysztof | 16.02.2009 KS AZS AWF Warszawa | MZ | 43.27 | | |
| 2 | RASZYK Patryk | 23.11.2010 RK Athletics Warszawa | MZ | 47.44 | | |
| 3 | GAJDA Piotr | 07.04.2010 UKS MTE Milanówek | MZ | 48.84 | | |

200 metrów M

| | | | | | | |
|-----------|----------------------|------------|---------------------------------|----|-------|-----|
| Bieg 1/ 9 | | +0.1 M/S | 18:36 | | | |
| 1 | BAJRASZEWSKI Tomasz | 20.12.2006 | LKS Vectra Włocławek | KP | 21.54 | PB |
| 2 | BUCZYŃSKI Kacper | 07.04.2006 | MKS Bank BS Płońsk | MZ | 21.60 | PB |
| 3 | KEPIŃSKI Bartłomiej | 01.08.2003 | OKS Start Otwock | MZ | 21.77 | PB |
| 4 | SAMULAK Aleksander | 10.06.2002 | OKS Skra Warszawa | MZ | 21.97 | |
| 5 | DĄBROWSKI Piotr | 08.06.2003 | KS Prefbet-Sonarol | PD | 22.10 | |
| 6 | KARAPEICHYK Artem | 25.04.2004 | UKS Gepard Warszawa | MZ | 22.18 | SB |
| 7 | DOBEK Paweł | 12.12.1987 | KS Sprintwarsaw | MZ | 23.65 | SB |
| Bieg 2/ 9 | | -0.4 M/S | 18:40 | | | |
| 1 | PRACHNIO Patryk | 31.07.2007 | WLKS Nowe Iganie | MZ | 22.23 | PB |
| 2 | STRINGER Mateusz | 30.01.2006 | RK Athletics Warszawa | MZ | 22.37 | |
| 3 | WIECZOREK Bartosz | 07.02.2006 | UKS Herkules Sulejówek | MZ | 22.50 | PB |
| 4 | DONDZIŁO Oliwier | 30.08.2008 | KS Podlasie Białystok | PD | 22.51 | |
| 5 | ZALEWSKI Igor | 28.09.2007 | OKS Skra Warszawa | MZ | 22.75 | PB |
| 6 | STAŃCZUK Jan | 02.08.2005 | UKS Młodzik Warszawa | MZ | 22.87 | =SB |
| 7 | ADAMCZEWSKI Dominik | 10.05.2001 | KS AZS AWF Warszawa | MZ | 23.17 | =SB |
| Bieg 3/ 9 | | -0.9 M/S | 18:43 | | | |
| 1 | ŻUCHOWSKI Tomasz | 23.06.2008 | OKS Start Otwock | MZ | 22.91 | PB |
| 2 | ROMANIUK Klaudiusz | 08.07.2005 | OKS Start Otwock | MZ | 23.17 | PB |
| 3 | BIENIECKI Stefan | 11.04.2007 | KS AZS AWF Warszawa | MZ | 23.47 | |
| 4 | ZIUŁKOWSKI Piotr | 20.02.2006 | AKL Ursynów Warszawa | MZ | 23.53 | |
| 5 | MAKOWSKI Mateusz | 05.08.2004 | KS AZS AWF Warszawa | MZ | 23.59 | |
| 6 | DOŁĘGOWSKI Sebastian | 02.01.2008 | KS AZS AWF Warszawa | MZ | 23.63 | PB |
| 7 | ŁĘCKI Mateusz | 11.08.2006 | OKS Skra Warszawa | MZ | 23.81 | |
| Bieg 4/ 9 | | -1.7 M/S | 18:48 | | | |
| 1 | DONICA Patryk | 15.06.2006 | Akademia Sportu Otwock | MZ | 23.38 | PB |
| 2 | KOWALCZYK Wojciech | 09.09.2005 | UKS Orzełki Warszawa | MZ | 23.91 | SB |
| 3 | BREJTFUS Maksymilian | 30.08.2008 | OKS Skra Warszawa | MZ | 23.96 | PB |
| 4 | ZARĘBA Stanisław | 25.07.2008 | KS AZS AWF Warszawa | MZ | 24.29 | PB |
| 5 | LEWICKI Witold | 07.10.2008 | UKS Melo Błonie | MZ | 24.37 | PB |
| 6 | SKRZYŃSKI Piotr | 08.10.1967 | W-MKLAM Olsztyn | WN | 24.97 | SB |
| 7 | ŁACIAK Antoni | 29.01.2006 | AKL Ursynów Warszawa | MZ | 25.05 | |
| Bieg 5/ 9 | | -0.6 M/S | 18:52 | | | |
| 1 | BASAJ Kazimierz | 21.01.2009 | Akademia Sportu Otwock | MZ | 23.47 | PB |
| 2 | GÓRKA Maciej | 08.04.2006 | OKS Start Otwock | MZ | 23.55 | PB |
| 3 | ANDRZEJAK Aleksander | 18.02.2008 | UKS Młodzik Warszawa | MZ | 24.15 | PB |
| 4 | KUŚMIERCZYK Filip | 16.06.2009 | PUKS Jedyńka Łosice | MZ | 24.20 | PB |
| 5 | TURKOT Stach | 11.02.2008 | KS AZS AWF Warszawa | MZ | 24.59 | PB |
| 6 | FELIKSIAK Jan | 29.10.2007 | RK Athletics Warszawa | MZ | 24.95 | |
| 7 | SZYDŁOWSKI Michał | 07.10.2009 | KS Atak Agrykola Warszawa | MZ | 25.19 | |
| Bieg 6/ 9 | | -1.0 M/S | 18:54 | | | |
| 1 | ZEMBRZUSKI Antoni | 22.09.2008 | UKS LA Basket Warszawa | MZ | 23.67 | |
| 2 | DWORCZYK Antoni | 11.03.2009 | Akademia Sportu Otwock | MZ | 24.01 | PB |
| 3 | JANKOWSKI Stanisław | 28.05.2007 | AKL Ursynów Warszawa | MZ | 24.70 | PB |
| 4 | KALISZ Bartłomiej | 07.10.2008 | KS AZS AWF Warszawa | MZ | 24.98 | PB |
| 5 | MACKIEWICZ Wiktor | 15.12.2007 | AKL Ursynów Warszawa | MZ | 25.11 | PB |
| 6 | MUSIATOWICZ Wojciech | 14.09.1980 | UKS Herkules Sulejówek | MZ | 26.31 | |
| 7 | KOZIKOWSKI Jan | 09.03.2006 | KS Czempion Warszawa | MZ | 26.41 | |
| Bieg 7/ 9 | | -0.6 M/S | 18:57 | | | |
| 1 | ANDRZEJEWSKI Jan | 08.03.2010 | RK Athletics Warszawa | MZ | 24.21 | PB |
| 2 | ŚLUSARSKI Tadeusz | 13.09.2009 | Akademia Sportu Otwock | MZ | 25.17 | PB |
| 3 | KUCEWICZ Jakub | 18.08.2009 | PUKS Jedyńka Łosice | MZ | 26.35 | PB |
| 4 | DĄBROWSKI Hubert | 25.05.2010 | UKS Herkules Sulejówek | MZ | 27.01 | PB |
| 5 | LEWANDOWSKI Norbert | 19.12.2008 | RK Athletics Warszawa | MZ | 27.80 | PB |
| 6 | DUDZIAK Maks | 21.11.2009 | OKS Skra Warszawa | MZ | 29.02 | PB |
| 7 | STĘPIEŃ Aleksander | 26.03.2009 | LA Dla Dzieci i Młodzieży Kamil | MZ | 43.72 | |
| Bieg 8/ 9 | | -0.5 M/S | 19:00 | | | |
| 1 | KOWALSKI Bartłomiej | 17.07.2007 | MKS Bank BS Płońsk | MZ | 23.52 | |
| 2 | LIS Mateusz | 09.10.2009 | OKS Start Otwock | MZ | 24.86 | |

| | | | | | | | | |
|---------------------|------------------------|------------|---------------------------|-------|---------|----|--|----|
| 3 | OSTROWSKI Jerzy | 05.01.2008 | OKS Skra Warszawa | MZ | 25.76 | | | 3 |
| 4 | CIEŚLAK Aleksander | 05.03.2010 | KS AZS AWF Warszawa | MZ | 26.66 | | | |
| 5 | WRÓBEL Piotr | 02.05.2009 | MKS Bank BS Płońsk | MZ | 26.97 | | | |
| 6 | KULIŃSKI Oskar | 05.06.2010 | OKS Skra Warszawa | MZ | 28.11 | | | |
| 7 | ROKITA Bruno | 18.03.2010 | RK Athletics Warszawa | MZ | 28.37 | | | |
| Bieg 9/ 9 | | -1.0 M/S | | 19:04 | | | | |
| 1 | ALEKSIŃSKI Krzysztof | 29.04.2008 | AKL Ursynów Warszawa | MZ | 24.50 | | | 3 |
| 2 | NOSARZEWSKI Franciszek | 29.06.2010 | OKS Skra Warszawa | MZ | 25.67 | | | |
| 3 | BRUDZIŃSKI Miłosz | 05.11.2010 | UKS Herkules Sulejówek | MZ | 26.18 | | | |
| 4 | MALALE Charles | 20.07.2009 | UKS Młodzik Warszawa | MZ | 26.44 | | | |
| 5 | TRZASKOWSKI Nikodem | 07.11.2010 | Akademia Sportu Otwock | MZ | 28.05 | | | |
| 800 metrów mężczyzn | | | | | | | | |
| Bieg 1/ 3 | | | | 19:23 | | | | |
| 1 | URBANOWICZ Iwo | 13.04.2008 | KS AZS UWM Olsztyn | WN | 1:55.68 | | | |
| 2 | ŁADA Marek | 17.06.2008 | KS Czempion Warszawa | MZ | 1:56.82 | PB | | 9 |
| 3 | JARMOSZEWICZ Jan | 06.05.2008 | MKS Żak Biała Podlaska | LU | 1:57.16 | PB | | |
| 4 | SZEWCZYK Szymon | 03.03.2006 | KS AZS AWF Warszawa | MZ | 1:57.32 | | | |
| 5 | NAGÓREK Marcin | 05.10.1980 | KS Agros Zamość | LU | 1:58.17 | SB | | |
| 6 | WALICKI Adam | 12.07.2006 | KS Podlasie Białystok | PD | 1:58.45 | PB | | |
| 7 | DUDA Bruno | 28.05.2008 | KS Czempion Warszawa | MZ | 2:00.22 | PB | | 7 |
| 8 | PILICHOWSKI Szymon | 14.05.2007 | KM Aktywni Sochaczew | MZ | 2:00.39 | PB | | |
| 9 | GOSK Dominik | 09.11.1992 | UKS 48 Warszawa | MZ | 2:01.76 | SB | | |
| 10 | MARCZAK Mateusz | 09.11.2006 | KS Czempion Warszawa | MZ | 2:02.46 | | | 12 |
| 11 | WRÓBLEWSKI Błażej | 10.03.2005 | KS Czempion Warszawa | MZ | 2:06.21 | | | 8 |
| Bieg 2/ 3 | | 19:28 | | | | | | |
| 1 | ZAWICKI Arkadiusz | 25.11.2006 | UKS Czwórka Ostrowiec Św. | SK | 1:57.23 | PB | | |
| 2 | NOWAKOWSKI Igor | 21.04.2005 | LKS Osuchów | MZ | 1:58.63 | PB | | |
| 3 | GŁOWACKI Szymon | 31.08.2007 | KS AZS UWM Olsztyn | WN | 2:00.47 | PB | | |
| 4 | PIOTROWSKI Franciszek | 21.05.2008 | MKS Polonia Warszawa | MZ | 2:00.53 | PB | | 6 |
| 5 | KNYCH Kamil | 27.01.2007 | KS AZS AWF Warszawa | MZ | 2:01.70 | PB | | 5 |
| 6 | JAKUBIEC Krzysztof | 12.07.2008 | UKS Orzełki Warszawa | MZ | 2:02.07 | PB | | 5 |
| 7 | KĄCKI Konstanty | 23.10.2008 | RK Athletics Warszawa | MZ | 2:03.06 | PB | | 4 |
| 8 | ORACZKO Denis | 10.09.2003 | RLTL GGG Radom | MZ | 2:03.47 | | | |
| 9 | ROGOŹNICKI Sebastian | 30.07.2007 | MKS Żak Biała Podlaska | LU | 2:05.91 | PB | | |
| 10 | STEFAŃSKI Michał | 02.03.2009 | RK Athletics Warszawa | MZ | 2:07.52 | PB | | |
| 11 | CHACHURSKI Mieszko | 29.12.2007 | AKL Ursynów Warszawa | MZ | 2:10.80 | PB | | 3 |
| Bieg 3/ 3 | | 19:32 | | | | | | |
| 1 | WÓJCIK Cezary | 14.08.2005 | OKS Start Otwock | MZ | 2:03.44 | PB | | |
| 2 | ZIORKIEWICZ Błażej | 27.06.2006 | RK Athletics Warszawa | MZ | 2:05.31 | | | 10 |
| 3 | KOWALCZYK Igor | 15.03.2007 | KS Czempion Warszawa | MZ | 2:06.95 | | | 4 |
| 4 | WITOWSKI Jan | 22.06.2008 | RK Athletics Warszawa | MZ | 2:07.40 | PB | | 4 |
| 5 | RYMARZ Adam | 31.05.2007 | KS Czempion Warszawa | MZ | 2:09.61 | PB | | 3 |
| 6 | BORZYM Stanisław | 25.01.2009 | UKS Herkules Sulejówek | MZ | 2:10.08 | | | |
| 7 | OZIMEK Jan | 30.07.2009 | UKS Technik Radom | MZ | 2:13.08 | | | |
| 8 | ROLEWICZ Jakub | 20.12.2006 | KS Lemiesz Team Warszawa | MZ | 2:14.45 | PB | | 6 |
| 9 | PRACHNIO Franciszek | 30.01.2009 | UKS Herkules Sulejówek | MZ | 2:15.42 | | | |
| 10 | MAŁECKI Piotr | 29.06.1981 | KS Lemiesz Team Warszawa | MZ | 2:20.43 | | | |
| 11 | WAŁKUSKI Stanisław | 23.07.2010 | AKL Ursynów Warszawa | MZ | 2:23.54 | | | |

2000 m przeszkody M U18

Bieg 1/ 1

20:22

| | | | | | | | |
|---|-----------------|------------|-----------------------|----|---------|----|---|
| 1 | JARECKI Bartosz | 26.07.2008 | UKS 48 Warszawa | MZ | 6:18.28 | | 9 |
| 2 | RULKA Igor | 21.12.2008 | MKS Polonia Warszawa | MZ | 6:30.38 | PB | 7 |
| 3 | KOSNO Olaf | 12.03.2008 | RK Athletics Warszawa | MZ | 6:59.45 | PB | 6 |
| 4 | NIEDBAŁA Julian | 05.05.2008 | AKL Ursynów Warszawa | MZ | 7:26.17 | | 5 |

3000 metrów mężczyzn

Bieg 1/ 1

19:54

| | | | | | | | |
|---|----------------------|------------|-----------------------|----|---------|----|---|
| 1 | KILIAN Piotr | 18.11.2005 | KS AZS AWF Kraków | MA | 8:47.73 | PB | |
| 2 | PIMPICKI Ignacy | 20.07.2008 | KS Czempion Warszawa | MZ | 8:55.32 | PB | 9 |
| 3 | ABRAMCZYK Piotr | 27.06.2006 | RLTL GGG Radom | MZ | 8:58.53 | | |
| 4 | PODBIELSKI Paweł | 07.07.2008 | AKL Ursynów Warszawa | MZ | 9:00.44 | PB | 7 |
| 5 | GRZEGRZÓŁKA Wojciech | 22.07.2007 | GKS Wilga Garwolin | MZ | 9:00.60 | PB | |
| 6 | KURDEJ Jakub | 15.11.2007 | OKS Start Otwock | MZ | 9:27.27 | PB | |
| 7 | ARRAS Francesco | 09.10.2007 | RK Athletics Warszawa | MZ | 9:44.12 | PB | 6 |
| 8 | HOLAK Przemysław | 02.12.2008 | KS AZS UWM Olsztyn | WN | 9:51.79 | PB | |

3000 m przeszkody mężczyzn

Bieg 1/ 1

20:46

| | | | | | | | |
|---|---------------------|------------|----------------------|----|----------|----|--|
| 1 | BAJORSKI Adam | 11.09.2004 | RLTL GGG Radom | MZ | 8:50.30 | PB | |
| 2 | ABRAMCZYK Jakub | 21.01.2006 | RLTL GGG Radom | MZ | 8:51.49 | | |
| 3 | JANDUŁA Wiktor | 22.01.2005 | RLTL GGG Radom | MZ | 9:01.52 | PB | |
| 4 | SZYMANIAK Kamil | 20.07.1990 | MKL Toruń | KP | 9:11.00 | | |
| 5 | PEMPUŚ Adrian | 18.11.2005 | UKS Tempo 5 Przemyśl | PK | 9:49.36 | | |
| 6 | SZYMCZAK Bartłomiej | 08.08.2006 | AKL Ursynów Warszawa | MZ | 10:44.35 | | |

400 metrów pł M U18 (84.0)

Bieg 1/ 1

16:32

| | | | | | | | |
|---|--------------------|------------|---------------------------|----|-------|----|---|
| 1 | SIEKACZYŃSKI | 15.07.2007 | OKS Start Otwock | MZ | 54.97 | PB | |
| 2 | BIELECKI Jakub | 03.10.2007 | RLTL GGG Radom | MZ | 56.21 | | |
| 3 | SAMUL Jan | 22.02.2008 | UKS LA Basket Warszawa | MZ | 56.45 | PB | 9 |
| 4 | MALESZA Aleksander | 08.04.2008 | UKS Kresy Otwock | MZ | 57.30 | PB | |
| 5 | DĄBROWSKI Karol | 30.11.2008 | UKS Czwórka Ostrowiec Św. | SK | 58.31 | | |
| 6 | SAŁCZYŃSKI Patryk | 19.03.2008 | MKS Pilica Białobrzegi | MZ | 59.65 | | |

400 m ppł mężczyzn

Bieg 1/ 1

16:38

| | | | | | | | |
|---|---------------------|------------|------------------------|----|---------|--|----|
| 1 | KRAKOWIAK Tymoteusz | 09.06.2004 | MKS Polonia Warszawa | MZ | 57.33 | | |
| 2 | KUREK Maciej | 25.07.1994 | KS Sprintwarsaw | MZ | 57.84 | | |
| 3 | WRONKA Kacper | 06.03.2006 | UKS LA Basket Warszawa | MZ | 1:03.43 | | 12 |

4x100 metrów juniorów mł

Bieg 1/ 1

17:09

| | | | | | | | |
|---|--------------------------|------------|------------------------|----|-------|--|---|
| 1 | | | UKS LA Basket Warszawa | MZ | 44.52 | | 9 |
| | 153 Jan SAMUL | 22.02.2008 | | | | | |
| | 156 Jakub WOLSKI | 14.07.2008 | | | | | |
| | 156 Rafał HOROSZKO | 07.08.2008 | | | | | |
| | 15 Antoni ZEMBRZUSKI | 22.09.2008 | | | | | |
| 2 | | | OKS Skra Warszawa | MZ | 45.77 | | 7 |
| | 759 Maksymilian BREJTFUS | 30.08.2008 | | | | | |
| | 728 Ignacy WIŚNIEWSKI | 05.03.2007 | | | | | |
| | Jerzy OSTROWSKI | 05.01.2008 | | | | | |
| | 704 Igor ZALEWSKI | 28.09.2007 | | | | | |

4x100 metrów M U16

Bieg 1/ 1

17:09

| FINAŁ | | | | | | | | 19:07 | | | | |
|-------------------------|----------------------|------------|----------------------------|-------|-------|-------|-------|-------|--|--|----|-----|
| 1 | WALCZAK Mariusz | 27.02.1971 | KS AZS AWF Warszawa | MZ | 64.22 | | | | | | PK | |
| 1 | PRACHARCZYK Jakub | 19.07.2005 | OKS Skra Warszawa | MZ | 66.84 | | | | | | | 12 |
| 2 | SIDOROWICZ Maciej | 06.03.2006 | OKS Skra Warszawa | MZ | 41.14 | PB | | | | | | 10 |
| 3 | MICHAŁEK Jakub | 16.06.2005 | UKS LA Basket Warszawa | MZ | 21.68 | PB | | | | | | 8 |
| | | I | II | III | IV | V | VI | | | | | |
| | PRACHARCZYK Jakub | 66.12 | 66.84 | x | 66.79 | x | x | | | | | |
| | WALCZAK Mariusz | x | x | x | 60.78 | 64.22 | 61.88 | | | | | |
| | SIDOROWICZ Maciej | 38.64 | 38.24 | 41.14 | x | 38.72 | 40.07 | | | | | |
| | MICHAŁEK Jakub | 21.15 | 21.68 | r | | | | | | | | |
| Rzut młotem M U18 (5kg) | | | | | | | | | | | | |
| FINAŁ | | | | | | | | 18:19 | | | | |
| 1 | PRACHARCZYK Jan | 23.07.2007 | OKS Skra Warszawa | MZ | 66.87 | | | | | | | 9 |
| 2 | SOBIECKI Aleksander | 31.07.2007 | LKS Vectra Włocławek | KP | 64.43 | PB | | | | | | |
| 3 | KOŁAKOWSKI Karol | 17.01.2007 | KS AZS AWF Warszawa | MZ | 58.96 | | | | | | | 7 |
| 4 | MICHALSKI Bartłomiej | 12.05.2007 | LKS Vectra Włocławek | KP | 58.44 | PB | | | | | | |
| 5 | KRYGIER Patryk | 31.01.2007 | LKS Vectra Włocławek | KP | 54.81 | | | | | | | |
| 6 | WNUKOWSKI Paweł | 27.06.2007 | LKS Vectra Włocławek | KP | 53.29 | | | | | | | |
| 7 | MIKICIUK Aleksander | 18.08.2008 | PUKS Jedyńka Łosice | MZ | 41.77 | PB | | | | | | |
| 9 | MARCINIUK Franciszek | 02.10.2008 | PUKS Jedyńka Łosice | MZ | 40.19 | | | | | | | |
| 9 | WIETESKA Piotr | 13.08.2009 | UKS Błyskawica Domaniewice | LD | 34.88 | | | | | | | |
| 10 | LEVI Charles | 30.01.1957 | OKS Skra Warszawa | MZ | 33.14 | | | | | | | PK |
| | | I | II | III | IV | V | VI | | | | | |
| | PRACHARCZYK Jan | 66.87 | x | x | 65.95 | x | 63.91 | | | | | |
| | SOBIECKI Aleksander | 61.83 | x | x | 64.43 | 63.75 | x | | | | | |
| | KOŁAKOWSKI Karol | 57.18 | 55.56 | 58.96 | 57.23 | x | 54.96 | | | | | |
| | MICHALSKI Bartłomiej | 58.44 | x | x | x | x | x | | | | | |
| | KRYGIER Patryk | 54.81 | x | x | x | x | x | | | | | |
| | WNUKOWSKI Paweł | x | x | 51.12 | 52.19 | 53.29 | 52.82 | | | | | |
| | MIKICIUK Aleksander | 38.60 | x | 41.77 | 41.37 | 40.38 | x | | | | | |
| | MARCINIUK Franciszek | 39.61 | 38.98 | 36.97 | 37.20 | 38.49 | 40.19 | | | | | |
| | WIETESKA Piotr | 34.88 | 31.05 | 32.70 | | | | | | | | |
| | LEVI Charles | x | 28.34 | x | 33.14 | x | 31.96 | | | | | |
| Rzut młotem M (7.26kg) | | | | | | | | | | | | |
| FINAŁ | | | | | | | | 19:07 | | | | |
| 1 | ROGOWSKI Arkadiusz | 30.03.1993 | KS Agros Zamość | LU | 66.78 | | | | | | | |
| 2 | BRYK Michał | 07.08.2002 | UKS Błyskawica Domaniewice | LD | 44.21 | PB | | | | | | |
| | | I | II | III | IV | V | VI | | | | | |
| | ROGOWSKI Arkadiusz | 65.20 | 65.39 | 64.89 | 64.36 | 66.78 | 66.05 | | | | | |
| | BRYK Michał | 44.21 | x | 40.78 | 42.44 | x | x | | | | | |
| Trójskok M | | | | | | | | | | | | |
| FINAŁ | | | | | | | | 16:45 | | | | |
| 1 | JEDYNAK Kacper | 08.10.2004 | RLTL GGG Radom | MZ | 13.58 | | | | | | | 2.6 |
| | | I | II | III | IV | V | VI | | | | | |
| | JEDYNAK Kacper | 13.52 | 13.58 | 13.01 | - | x | r | | | | | |
| | | 2.2 | 2.6 | 1.3 | | 1.7 | | | | | | |
| Rzut młotem M U14 (4kg) | | | | | | | | | | | | |
| FINAŁ | | | | | | | | 17:05 | | | | |

| | | | | | | | | | |
|---------------------------|------------|------------------------|-------|-------|-------|------|-------|----|-----|
| 1 KONDRATOWICZ Franciszek | 26.01.2012 | OKS Skra Warszawa | MZ | 39.47 | | | | | |
| KONDRATOWICZ Franciszek | x | 33.32 | 39.47 | x | 49.46 | x | | | |
| KOBIECY/WOMEN | | | | | | | | | |
| Skok wzwyż K U14 | | | | | | | | | |
| FINAŁ | | | | | | | | | |
| | | | | | | | 16:35 | | |
| 1 SAŁEK Alicja | 06.01.2012 | RLTL GGG Radom | MZ | 1.45 | | | | PB | |
| 1 FIGARSKA Magdalena | 26.10.2011 | RLTL GGG Radom | MZ | 1.45 | | | | PB | |
| 3 FILIPIAK Anna | 21.06.2012 | UKS MTE Milanówek | MZ | 1.40 | | | | PB | |
| 4 KUŚMIERCZYK Oliwia | 07.01.2012 | UKS Herkules Sulejówek | MZ | 1.30 | | | | PB | |
| Wieloskok K U16 | | | | | | | | | |
| FINAŁ | | | | | | | | | |
| | | | | | | | 17:55 | | |
| 1 GOŁOFIT Idalia | 22.08.2010 | OKS Skra Warszawa | MZ | 9.63 | | | | PB | 1.1 |
| 2 GRZELAK Patrycja | 17.10.2010 | MKS Bank BS Płońsk | MZ | 9.40 | | | | | 0.8 |
| 3 KRZYWKOWSKA Alicja | 17.04.2010 | MKS Bank BS Płońsk | MZ | 8.99 | | | | | 0.5 |
| | I | II | III | IV | V | VI | | | |
| GOŁOFIT Idalia | 9.48 | 9.39 | 9.50 | 9.34 | 9.48 | 9.63 | | | |
| | -0.6 | 0.9 | 1.2 | 0.9 | 2.3 | 1.1 | | | |
| GRZELAK Patrycja | 9.00 | 8.75 | 9.35 | 9.40 | 9.22 | 9.13 | | | |
| | 0.8 | 0.8 | 0.5 | 0.8 | 0.9 | 0.4 | | | |
| KRZYWKOWSKA Alicja | x | 8.90 | 8.99 | 8.61 | x | 7.57 | | | |
| | 0.7 | 0.3 | 0.5 | 0.6 | 0.2 | 1.4 | | | |
| 300 m ppł K U16 | | | | | | | | | |
| Bieg 1/ 1 | | | | | | | | | |
| | | | | | | | 15:58 | | |
| 1 SOCHACKA Aleksandra | 19.05.2009 | UKS LA Basket Warszawa | MZ | 45.11 | | | | PB | |
| 2 DURAJ Lena | 31.07.2010 | KS AZS AWF Warszawa | MZ | 47.81 | | | | PB | |
| 3 STAŃCZAK Urszula | 10.02.2010 | MKS Polonia Warszawa | MZ | 49.01 | | | | PB | |
| 4 LUTOMIRSKA Joanna | 17.12.2010 | UKS Orzełki Warszawa | MZ | 51.60 | | | | | |
| 5 GAS Liliana | 08.05.2010 | UKS Orzełki Warszawa | MZ | 52.22 | | | | PB | |
| 200 metrów K | | | | | | | | | |
| Bieg 1/ 12 | | | | | | | | | |
| | | | | | | | 17:56 | | |
| 1 WOŹNIAK Maja | 25.10.2007 | LKS Vectra Włocławek | KP | 24.51 | | | | | |
| 2 JAROSIŃSKA Maria | 25.11.2006 | MKL Toruń | KP | 24.64 | | | | | |
| 3 OSIPIUK Klaudia | 09.08.2005 | MKS Agros Chełm | LU | 25.03 | | | | | |
| 4 CZAJKA Agata | 29.05.2008 | KS AZS AWF Warszawa | MZ | 25.26 | | | | | 9 |
| 5 WROTEK Hanna | 12.01.2008 | OKS Skra Warszawa | MZ | 25.60 | | | | | 7 |
| 6 PAWLAK Adrianna | 16.07.2008 | UKS LA Basket Warszawa | MZ | 25.71 | | | | | 6 |
| 7 ANGLART Julianna | 09.12.2006 | UKS Młodzik Warszawa | MZ | 25.88 | | | | | 12 |
| Bieg 2/ 12 | | | | | | | | | |
| | | | | | | | 17:59 | | |
| 1 TOPOLEWSKA Gabriela | 18.01.1996 | KS Czempion Warszawa | MZ | 26.24 | | | | | |
| 2 MALESZKA Patrycja | 29.09.2008 | KS AZS UWM Olsztyn | WN | 26.37 | | | | | |
| 3 KOWALCZYK Natalia | 14.04.2010 | UKS Orzełki Warszawa | MZ | 26.58 | | | | | |
| 4 CHODKOWSKA Julia | 14.11.2005 | KS Ciechan Ciechanów | MZ | 26.66 | | | | | |
| 5 DEFRATYKA Małgorzata | 21.06.1999 | KS Sprintwarsaw | MZ | 27.02 | | | | | |
| 6 HYLLUS Julia | 10.08.2006 | RK Athletics Warszawa | MZ | 27.05 | | | | | 8 |
| 7 MISZTAL Justyna | 08.08.2006 | RLTL GGG Radom | MZ | 27.91 | | | | | |
| Bieg 3/ 12 | | | | | | | | | |
| | | | | | | | 18:02 | | |
| 1 JAWORSKA Wiktoria | 03.02.2006 | OKS Skra Warszawa | MZ | 26.24 | | | | | 10 |
| 2 DZIĘCIOŁOWSKA Eliza | 25.01.2009 | KS AZS AWF Warszawa | MZ | 26.54 | | | | | |
| 3 WOJTUNIK Maja | 14.03.2007 | RLTL GGG Radom | MZ | 26.80 | | | | | |
| 4 BŁUŚ Hanna | 27.06.2008 | KS AZS AWF Warszawa | MZ | 26.87 | | | | | 5 |
| 5 WIĘCEK Zofia | 04.02.2007 | OKS Skra Warszawa | MZ | 27.12 | | | | | 4 |
| 6 ROŚIAK Zuzanna | 11.03.2007 | KS AZS AWF Warszawa | MZ | 27.47 | | | | | 4 |
| 7 GAŁAJ Matylda | 11.06.2008 | AKL Ursynów Warszawa | MZ | 27.90 | | | | | 3 |
| Bieg 4/ 12 | | | | | | | | | |
| | | | | | | | 18:05 | | |
| 1 BŁAŻEJAK Lena | 22.06.2008 | AKL Ursynów Warszawa | MZ | 27.48 | | | | | 3 |
| 2 DZIEWICKA Lidia | 19.05.2006 | UKS Orzełki Warszawa | MZ | 27.84 | | | | | 6 |
| 3 CHALABA Julia | 24.07.2006 | UKS Orzełki Warszawa | MZ | 28.09 | | | | | 4 |

| | | | | | | |
|-------------|-----------------------|------------|---------------------------------|-------|-------|----|
| 4 | PAWŁOWSKA Helena | 21.03.2007 | KS AZS AWF Warszawa | MZ | 28.17 | 3 |
| 5 | KRUSZEWSKA Barbara | 18.06.2007 | OKS Skra Warszawa | MZ | 28.57 | 2 |
| 6 | MATUSZEWSKA Amelia | 20.09.2007 | UKS Młodzik Warszawa | MZ | 28.67 | 2 |
| Bieg 5/ 12 | | -1.2 M/S | | 18:08 | | |
| 1 | BOLCZAK Hanna | 09.01.2012 | OKS Skra Warszawa | MZ | 27.10 | |
| 2 | WIŚNIEWSKA Maja | 30.05.2011 | OKS Skra Warszawa | MZ | 27.57 | |
| 3 | KACZOR Maja | 16.08.2007 | OKS Skra Warszawa | MZ | 28.20 | 3 |
| 4 | ORZOŁEK Maria | 23.09.2007 | KS AZS AWF Warszawa | MZ | 28.24 | 2 |
| 5 | ROZWADOWSKA Wiktoria | 09.04.2010 | OKS Start Otwock | MZ | 28.52 | |
| 6 | LIŚKIEWICZ Weronika | 06.08.2008 | UKS Młodzik Warszawa | MZ | 29.19 | 1 |
| 7 | PIASECKA Aleksandra | 21.06.2009 | KS Podlasie Białystok | PD | 29.20 | |
| Bieg 6/ 12 | | +0.5 M/S | | 18:11 | | |
| 1 | FAŁECKA Pola | 18.12.2007 | KS AZS UWM Olsztyn | WN | 27.80 | |
| 2 | GURBSKA Edyta | 10.02.2006 | LKS Osuchów | MZ | 28.01 | |
| 3 | KORLIŃSKA Klara | 16.02.2011 | UKS Orzełki Warszawa | MZ | 28.70 | |
| 4 | TARAS Kalina | 08.05.2009 | UKS LA Basket Warszawa | MZ | 28.71 | |
| 5 | MAJ Magdalena Anna | 13.10.2010 | UKS Orzełki Warszawa | MZ | 28.84 | |
| 6 | NUÑEZ-KRAJEWSKA | 23.10.2008 | KS AZS AWF Warszawa | MZ | 29.03 | 1 |
| 7 | WACHOL Julia | 15.08.2007 | MKS Bank BS Płońsk | MZ | 29.54 | |
| Bieg 7/ 12 | | +0.2 M/S | | 18:14 | | |
| 1 | KARYŚ Hanna | 23.06.2010 | UKS LA Basket Warszawa | MZ | 27.64 | |
| 2 | TROJANOWSKA Maja | 06.04.2010 | UKS Gimnazjon Płońsk | MZ | 28.77 | |
| 3 | SZUKIEŁOWICZ Maja | 17.06.2008 | UKS Flop Wilkasy | WN | 28.87 | |
| 4 | LISTOPADZKA Anna | 04.06.2008 | LA Dla Dzieci i Młodzieży Kamil | MZ | 29.92 | 1 |
| 5 | STEMPEL Aleksandra | 19.01.2006 | UKS Herkules Sulejówek | MZ | 30.00 | |
| 6 | ALBERSKA Viktoria | 13.03.2007 | LA Dla Dzieci i Młodzieży Kamil | MZ | 30.31 | 1 |
| 7 | MICHALCZYK-ZGLIŃSKA | 27.10.1974 | UKS Herkules Sulejówek | MZ | 30.48 | |
| Bieg 8/ 12 | | +0.9 M/S | | 18:16 | | |
| 1 | DĄBROWSKA Lena | 10.12.2009 | KS Atak Agrykola Warszawa | MZ | 29.10 | |
| 2 | STRUŻYŃSKA Aleksandra | 15.06.2006 | Akademia Sportu Otwock | MZ | 29.15 | |
| 3 | GAS Liliana | 08.05.2010 | UKS Orzełki Warszawa | MZ | 29.43 | |
| 4 | KOZIKOWSKA Nikola | 06.04.2007 | KS Czempion Sulejówek | MZ | 29.60 | |
| 5 | ULBRYCH Helena | 28.12.2007 | UKS Herkules Sulejówek | MZ | 30.44 | |
| 6 | DRABIK Julia | 30.01.2010 | UKS LA Basket Warszawa | MZ | 30.52 | |
| 7 | SUCHARSKA-CZAPSKA | 06.03.1974 | KS Lemiesz Team Warszawa | MZ | 30.85 | |
| Bieg 9/ 12 | | +0.2 M/S | | 18:18 | | |
| 1 | WYSZKOWSKA Karolina | 10.09.2010 | UKS Herkules Sulejówek | MZ | 28.24 | |
| 2 | DĄBROWSKA Julia | 18.04.2010 | RLTL GGG Radom | MZ | 28.34 | |
| 3 | KONIECZNY Zuzanna | 30.01.2009 | OKS Skra Warszawa | MZ | 28.53 | |
| 4 | MARCINKOWSKA Antonina | 29.08.2007 | LA Dla Dzieci i Młodzieży Kamil | MZ | 28.82 | |
| 5 | GOSZCZYCKA Marta | 02.06.2007 | MKS Bank BS Płońsk | MZ | 29.81 | |
| 6 | MOROZ Aleksandra | 21.11.2008 | LA Dla Dzieci i Młodzieży Kamil | MZ | 31.87 | |
| 7 | STACHYRA Gabriela | 03.02.2010 | UKS Herkules Sulejówek | MZ | 36.59 | |
| Bieg 10/ 12 | | +0.2 M/S | | 18:21 | | |
| 1 | GROCHECKA Karolina | 22.08.2007 | CWZS Zawisza Bydgoszcz SL | KP | 25.60 | |
| 2 | JÓŻWICKA Hanna | 01.04.2008 | OKS Skra Warszawa | MZ | 26.77 | 5 |
| 3 | BARTNIK Karina | 16.06.2007 | RLTL GGG Radom | MZ | 27.20 | |
| 4 | LAO Maja | 26.10.2010 | RLTL GGG Radom | MZ | 27.79 | |
| 5 | CHODZEŃ Zuzanna | 14.02.2009 | UKS Młodzik Warszawa | MZ | 29.54 | |
| 6 | KAMIŃSKA Natalia | 05.03.2008 | LA Dla Dzieci i Młodzieży Kamil | MZ | 30.44 | |
| | BRODOWSKA Zuzanna | 02.07.2010 | UKS LA Basket Warszawa | MZ | DQ | TR |
| Bieg 11/ 12 | | +0.3 M/S | | 18:24 | | |
| 1 | DUSIEWICZ Hanna | 02.07.2008 | KS AZS AWF Warszawa | MZ | 27.07 | 4 |
| 2 | PILECKA Barbara | 25.01.2010 | UKS Herkules Sulejówek | MZ | 27.54 | |
| 3 | ANTONIAK Alicja | 31.10.2010 | UKS Herkules Sulejówek | MZ | 28.98 | |
| 4 | WOJTYLAK Wiktoria | 21.06.2010 | UKS Herkules Sulejówek | MZ | 29.12 | |
| 5 | JANASZEK Alicja | 25.03.2010 | KS AZS AWF Warszawa | MZ | 29.57 | |
| 6 | TOBOŁA-PERTKIEWICZ | 16.06.2010 | MKS Polonia Warszawa | MZ | 29.92 | |
| 7 | JAKUBOWSKA Julia | 19.05.2009 | OKS Skra Warszawa | MZ | 33.39 | |

| | | | | | |
|--------------------------|-------------------------|------------|---------------------------|----|----------|
| Bieg 12/ 12 | | -0.1 M/S | 18:26 | | |
| 1 | PŁOUCHA Maja | 25.02.2010 | KS AZS AWF Warszawa | MZ | 28.00 |
| 2 | KAŻMIERCZAK Beata | 16.01.2007 | UKS Młodzik Warszawa | MZ | 28.18 |
| 3 | KOPER Zuzanna | 04.12.2009 | Akademia Sportu Otwock | MZ | 28.19 |
| 4 | ROGUSKA Pola | 13.05.2008 | KS AZS AWF Warszawa | MZ | 28.75 |
| 5 | TRZASKOWSKA Hanna | 03.05.2009 | Akademia Sportu Otwock | MZ | 29.33 |
| 6 | ZAMBROWSKA Lena | 18.01.2010 | KS AZS AWF Warszawa | MZ | 30.02 |
| 2 | | | | | |
| 800 metrów K | | | | | |
| Bieg 1/ 1 | | | 19:16 | | |
| 1 | BŁACHNIO Natasza | 28.06.2009 | UKS 48 Warszawa | MZ | 2:15.42 |
| 2 | STĘPKOWSKA Matylda | 21.02.2006 | KS Czempion Warszawa | MZ | 2:17.10 |
| 3 | DAWIDZIUK-GOSK Diana | 24.11.1994 | UKS 48 Warszawa | MZ | 2:17.30 |
| 4 | SZYMAŃSKA Maja | 11.07.2008 | KS AZS AWF Warszawa | MZ | 2:24.35 |
| 5 | STOŻEK Julia | 10.11.2009 | UKS Herkules Sulejówek | MZ | 2:27.09 |
| 6 | CHMIELEWSKA Roksana | 30.05.2006 | KS AZS AWF Warszawa | MZ | 2:27.65 |
| 7 | ROMANÓW Iga | 05.10.2007 | KS Atak Agrykola Warszawa | MZ | 2:28.34 |
| 8 | JADACHOWSKA Liliana | 30.07.2009 | KS AZS AWF Warszawa | MZ | 2:30.04 |
| 9 | SIEŃCZYK Zofia | 21.04.2008 | KS AZS AWF Warszawa | MZ | 2:30.39 |
| 10 | ZAJĄC Aleksandra | 24.10.2007 | OKS Skra Warszawa | MZ | 2:30.73 |
| 11 | MILIŃSKA-TYMENDORF Anna | 28.02.1970 | KS Lemiesz Team Warszawa | MZ | 2:35.24 |
| 12 | MAŁECKA Dominika | 27.02.2008 | LKS Osuchów | MZ | 2:35.84 |
| 12 | | | | | |
| 9 | | | | | |
| 10 | | | | | |
| 7 | | | | | |
| 6 | | | | | |
| 5 | | | | | |
| 2000 m przeszkody K U18 | | | | | |
| Bieg 1/ 1 | | | 20:11 | | |
| 1 | KAROLAK Amelia | 25.06.2007 | RLTL GGG Radom | MZ | 7:33.40 |
| 2 | RACHWAŁSKA Zofia | 14.01.2008 | KS Atak Agrykola Warszawa | MZ | 7:57.60 |
| PB | | | | | |
| 9 | | | | | |
| 3000 m przeszkody kobiet | | | | | |
| Bieg 1/ 1 | | | 20:31 | | |
| 1 | KUŹNIAR Monika | 20.08.2003 | CWKS Resovia Rzeszów | PK | 10:47.65 |
| 2 | ŚWIĄTKOWSKA Zofia | 26.01.1998 | RLTL GGG Radom | MZ | 11:56.53 |
| 3 | WALCZAK Julia | 06.10.2006 | RLTL GGG Radom | MZ | 12:59.21 |
| 3000 metrów K | | | | | |
| Bieg 1/ 1 | | | 19:40 | | |
| 1 | JANAS Marianna | 26.06.2008 | KS Czempion Warszawa | MZ | 10:53.47 |
| 2 | SZYMANOWSKA Maria | 15.02.2006 | UKS Herkules Sulejówek | MZ | 10:56.00 |
| 3 | PRZEŹDZIECKA Weronika | 22.04.2008 | OKS Skra Warszawa | MZ | 10:59.15 |
| | ŁAKOMSKA Magdalena | 21.09.2008 | KS Czempion Warszawa | MZ | DNF |
| | KOPEĆ Oliwia | 29.03.2006 | KS AZS AWF Warszawa | MZ | DNF |
| PB | | | | | |
| PB | | | | | |
| PB | | | | | |
| 7 | | | | | |
| 400 m pł kobiet | | | | | |
| Bieg 1/ 2 | | | 16:20 | | |
| 1 | GADAJSKA Wiktoria | 08.01.2006 | RLTL GGG Radom | MZ | 57.07 |
| 2 | KOWALCZUK Amelia | 27.12.2007 | RLTL GGG Radom | MZ | 1:02.55 |
| 3 | BIEDRZYCKA Zuzanna | 22.08.2007 | KS Czempion Warszawa | MZ | 1:05.89 |
| 4 | BIELAWSKA Natalia | 31.03.2008 | MKS Polonia Warszawa | MZ | 1:08.14 |
| 5 | KORYCKA Anna | 19.03.2007 | UKS MTE Milanówek | MZ | 1:08.75 |
| 6 | SUGIER Laura | 16.06.2007 | KS AZS UWM Olsztyn | WN | 1:12.97 |
| PB | | | | | |
| Bieg 2/ 2 | | | 16:20 | | |
| 1 | ZEGAN Julia | 25.01.2005 | OKS Skra Warszawa | MZ | 59.57 |
| 2 | PERZANOWSKA Lena | 17.12.2008 | UKS LA Basket Warszawa | MZ | 1:10.18 |
| 3 | DZIEWICKA Lidia | 19.05.2006 | UKS Orzełki Warszawa | MZ | 1:10.86 |
| 4 | PLIATSIKA Xenia | 22.09.2006 | RK Athletics Warszawa | MZ | 1:12.69 |
| 5 | GOTOWIEC Barbara | 21.02.2008 | UKS Orzełki Warszawa | MZ | 1:13.64 |
| 12 | | | | | |
| 6 | | | | | |
| 10 | | | | | |
| 8 | | | | | |
| 5 | | | | | |
| 4x100 metrów juniorek mł | | | | | |

Bieg 1/ 1

17:00

| | | | | | |
|---|-----|---------------------------------|------------|-------|---|
| 1 | | UKS Czempion Bełchatów | LD | 47.73 | 9 |
| | 540 | Anna OLCZYK | 09.02.2007 | | |
| | 512 | Małgorzata DOMAGAŁA | 24.03.2007 | | |
| | 511 | Amelia ZOCHNIAK | 11.11.2007 | | |
| | 50 | Roksana ZAŁĘCZNA | 25.04.2007 | | |
| 2 | | OKS Skra Warszawa | MZ | 49.81 | 7 |
| | 742 | Hanna JÓŻWICKA | 01.04.2008 | | |
| | 741 | Zofia WIĘCEK | 04.02.2007 | | |
| | 729 | Barbara KRUSZEWSKA | 18.06.2007 | | |
| | 733 | Hanna WROTEK | 12.01.2008 | | |
| 3 | | UKS LA Basket Warszawa | MZ | 50.47 | 6 |
| | 151 | Hanna DENEKA | 27.09.2008 | | |
| | 155 | Paulina JAKUBIAK | 21.06.2007 | | |
| | 154 | Adrianna PAWLAK | 16.07.2008 | | |
| | 157 | Zofia NAWROCKA | 28.11.2008 | | |
| 4 | | KS AZS AWF Warszawa | MZ | 52.02 | 5 |
| | 251 | Antonina MACIEJEWSKA | 23.04.2007 | | |
| | 265 | Lena JAMROZ | 06.01.2007 | | |
| | 202 | Martyna DRĄGOWSKA | 11.09.2007 | | |
| | 245 | Hanna DUSIEWICZ | 02.07.2008 | | |
| 5 | | UKS MTE Milanówek | MZ | 53.34 | |
| | 5 | Julia GAJDA | 20.05.2008 | | |
| | 77 | Weronika ADACH | 19.08.2008 | | |
| | 302 | Łucja CHŁOPIK | 07.09.2008 | | |
| | 266 | Anna KORYCKA | 19.03.2007 | | |
| 6 | | LA Dla Dzieci i Młodzieży Kamil | MZ | 55.16 | 5 |
| | 700 | Viktoria ALBERSKA | 13.03.2007 | | |
| | 191 | Zuzanna PAWLAK | 04.08.2008 | | |
| | 124 | Anna LISTOPADZKA | 04.06.2008 | | |
| | 159 | Antonina MARCINKOWSKA | 29.08.2007 | | |
| 7 | | UKS LA Basket Warszawa II | | 56.30 | 4 |
| | 154 | Nina BRODOWSKA | 17.01.2008 | | |
| | 154 | Zuzanna HERMANOWSKA | 20.12.2007 | | |
| | 153 | Lena PERZANOWSKA | 17.12.2008 | | |
| | 158 | Julia SZYSZKA | 14.05.2008 | | |

4x100 metrów K U16

Bieg 1/ 1

16:56

| | | | | | |
|---|-----|--------------------------|------------|-------|--|
| 1 | | RK Athletics Warszawa | MZ | 51.65 | |
| | 43 | Laura STĘPNIAK | 07.09.2011 | | |
| | 7 | Gabriela IZDEBSKA | 25.03.2011 | | |
| | 53 | Weronika CZAJA | 22.02.2011 | | |
| | 39 | Małgorzata DUDEK | 24.12.2011 | | |
| 2 | | UKS Orzełki Warszawa | MZ | 52.90 | |
| | 260 | Zofia CHALABA | 10.02.2010 | | |
| | 260 | Natalia KOWALCZYK | 14.04.2010 | | |
| | 248 | Magdalena Anna MAJ | 13.10.2010 | | |
| | 262 | Joanna LUTOMIRSKA | 17.12.2010 | | |
| 3 | | UKS LA Basket Warszawa | MZ | 53.99 | |
| | 153 | Maria TRAWIŃSKA | 31.10.2006 | | |
| | 151 | Dominika KWIATKOWSKA | 10.11.2005 | | |
| | 157 | Nikola SZOSTAK | 14.02.2006 | | |
| | 156 | Antonina BRAUZE | 28.06.2005 | | |
| 4 | | RK Athletics Warszawa II | | 55.67 | |
| | 84 | Julia WALESIAK | 16.12.2010 | | |
| | 54 | Maja POCIEJEWSKA | 02.06.2010 | | |
| | 97 | Zuzanna KOŻUCHOWSKA | 24.08.2009 | | |
| | 12 | Maryna USS | 12.04.2009 | | |

4x400 metrów junierek mł.

Bieg 1/ 1

17:36

| | | | | | |
|---|-----|------------------------|------------|---------|--|
| 1 | | UKS Czempion Bełchatów | LD | 3:54.90 | |
| | 512 | Małgorzata DOMAGAŁA | 24.03.2007 | | |
| | 540 | Anna OLCZYK | 09.02.2007 | | |
| | 50 | Roksana ZAŁĘCZNA | 25.04.2007 | | |
| | 511 | Amelia ZOCHNIAK | 11.11.2007 | | |
| 2 | | KS AZS UWM Olsztyn | WN | 4:10.82 | |
| | 92 | Pola SMOLICZ | 26.06.2007 | | |
| | 32 | Adrianna CHOJNOWSKA | 29.12.2008 | | |
| | 43 | Julia OLSZEWSKA | 31.07.2007 | | |
| | 58 | Laura SUGIER | 16.06.2007 | | |

| | | KS Prefbet-Sonarol | PD | DQ | TR | |
|------------------------------|------------|------------------------|-------|-------|-------|-------|
| 989 Oliwia MAKOWSKA | 02.08.2007 | | | | | |
| 990 Wiktoria STEFAŃSKA | 13.11.2007 | | | | | |
| 983 Oliwia BINASZEK | 24.04.2008 | | | | | |
| 998 Natalia KOBIAŁKA | 09.01.2007 | | | | | |
| Rzut dyskiem K (1kg) | | | | | | |
| FINAŁ | | | 16:31 | | | |
| 1 CIESZEWSKA Aleksandra | 09.06.2008 | MKS Bank BS Płońsk | MZ | 40.60 | PB | |
| 2 ANDRYSZCZYK Inga | 11.02.2004 | UKS Filipides Teresin | MZ | 35.46 | PB | |
| 3 LEMANOWICZ Oliwia | 21.07.2006 | KS Ciechan Ciechanów | MZ | 34.80 | | |
| 4 SZYMAŃSKA Hanna | 30.01.2007 | MKS Syrena Warszawa | MZ | 26.41 | | 9 |
| 5 JAKUBIAK Paulina | 21.06.2007 | UKS LA Basket Warszawa | MZ | 21.42 | PB | 7 |
| 6 OŁDAK Martyna | 16.02.2006 | UKS LA Basket Warszawa | MZ | 12.98 | | 12 |
| Rzut dyskiem K U16 (0.75 kg) | | | | | | |
| FINAŁ | | | 17:12 | | | |
| 1 NOWAK Natalia | 23.04.2009 | AKL Ursynów Warszawa | MZ | 33.14 | | |
| 2 LEWANDOWSKA Nikola | 12.04.2009 | MKS Bank BS Płońsk | MZ | 32.89 | | |
| 3 WIERZBICKA Lena | 07.03.2011 | RLTL GGG Radom | MZ | 28.33 | | |
| 4 PŁYWACZEWSKA Weronika | 20.08.2009 | KM Aktywni Sochaczew | MZ | 24.43 | PB | |
| 5 GAIK Julia | 12.02.2010 | KM Aktywni Sochaczew | MZ | 24.10 | PB | |
| 6 KOPTIAKOW Izabela | 09.09.2009 | AKL Ursynów Warszawa | MZ | 22.39 | PB | |
| | I | II | III | IV | V | VI |
| NOWAK Natalia | 31.39 | 33.14 | 29.62 | x | x | x |
| LEWANDOWSKA Nikola | 21.79 | 32.89 | 29.51 | 32.77 | 20.26 | x |
| WIERZBICKA Lena | x | 28.33 | x | x | 27.14 | x |
| PŁYWACZEWSKA Weronika | 20.58 | 21.67 | 20.58 | 21.29 | x | 24.43 |
| GAIK Julia | 23.19 | 21.43 | 20.71 | 21.82 | x | 24.10 |
| KOPTIAKOW Izabela | x | 21.12 | 22.39 | x | x | x |
| Skok wzwyż kobiet | | | | | | |
| FINAŁ | | | 18:15 | | | |
| 1 RYDZ Aneta | 30.03.1994 | RLTL GGG Radom | MZ | 1.75 | | |
| 2 GAJDA Julia | 20.05.2008 | UKS MTE Milanówek | MZ | 1.64 | | |
| 3 BRODOWSKA Nina | 17.01.2008 | UKS LA Basket Warszawa | MZ | 1.54 | PB | 9 |
| 4 NAWROCKA Zofia | 28.11.2008 | UKS LA Basket Warszawa | MZ | 1.48 | | 7 |
| 5 ADACH Weronika | 19.08.2008 | UKS MTE Milanówek | MZ | 1.45 | | |
| 6 BRAUZE Antonina | 28.06.2005 | UKS LA Basket Warszawa | MZ | 1.40 | | 12 |
| 7 KWIATKOWSKA Dominika | 10.11.2005 | UKS LA Basket Warszawa | MZ | 1.40 | | 10 |
| 8 TARAS Kalina | 08.05.2009 | UKS LA Basket Warszawa | MZ | 1.35 | | |
| 9 HERMANOWSKA Zuzanna | 20.12.2007 | UKS LA Basket Warszawa | MZ | 1.30 | | 6 |
| Rzut młotem K (4kg) | | | | | | |
| FINAŁ | | | 17:05 | | | |
| 1 ŚMIECH Aleksandra | 02.10.1997 | KS Agros Zamość | LU | 66.01 | | |
| 2 NOWACZEWSKA Aleksandra | 31.10.2002 | LUKS Start Nakło | KP | 63.46 | | |
| 3 DUDA Izabela | 19.04.2004 | LKS Vectra Włocławek | KP | 49.41 | SB | |
| 4 WALCZAK Alicja | 22.05.2003 | KS AZS AWF Warszawa | MZ | 49.17 | | |
| 5 BRZEZIŃSKA Maja | 03.02.2006 | LKS Vectra Włocławek | KP | 37.55 | PB | |
| | I | II | III | IV | V | VI |
| ŚMIECH Aleksandra | 65.42 | 65.69 | 65.66 | 63.78 | 65.94 | 66.01 |
| NOWACZEWSKA Aleksandra | 62.91 | 63.46 | 62.76 | 61.48 | 62.46 | 54.54 |
| DUDA Izabela | 48.19 | 47.85 | 49.41 | x | 47.51 | 48.57 |
| WALCZAK Alicja | x | 49.17 | x | x | 41.57 | 48.66 |
| BRZEZIŃSKA Maja | 35.31 | 37.34 | 35.59 | 37.55 | x | 35.69 |

Rzut młotem K U18 (3kg)

FINAŁ

16:10

| | | | | | | | | |
|----|-----------------------|------------|------------------------|----|-------|----|--|---|
| 1 | PRACHARCZYK Maria | 23.07.2007 | OKS Skra Warszawa | MZ | 58.27 | | | 9 |
| 2 | SKALSKA Gabriela | 15.10.2008 | MUKS Park Zduńska Wola | LD | 54.28 | PB | | |
| 3 | ŚMIGLEWSKA Zuzanna | 28.09.2007 | MUKS Park Zduńska Wola | LD | 53.27 | | | |
| 4 | CHMIELEWSKA Maja | 28.03.2008 | OKS Skra Warszawa | MZ | 47.14 | SB | | 7 |
| 5 | GOLAS Anita | 28.08.2007 | LKS Vectra Włocławek | KP | 46.62 | PB | | |
| 6 | DENISIUK Amelia | 16.10.2007 | PUKS Jedyńka Łosice | MZ | 46.05 | PB | | |
| 7 | ANDRZEJCZUK Natasza | 25.06.2007 | PUKS Jedyńka Łosice | MZ | 37.28 | PB | | |
| 8 | CIEŚLAK Amelia | 12.04.2009 | MUKS Park Zduńska Wola | LD | 36.74 | PB | | |
| 9 | SZUMIEC Alicja | 22.05.2007 | PUKS Jedyńka Łosice | MZ | 34.05 | | | |
| 10 | KWAŚNIEWSKA Julia | 13.05.2010 | LKS Vectra Włocławek | KP | 32.08 | PB | | |
| 11 | KRUKOWSKA Sonia | 19.11.2009 | KS Warszawianka W-wa | MZ | 31.78 | | | |
| 12 | PAWŁOWSKA Kamila | 06.04.2009 | PUKS Jedyńka Łosice | MZ | 30.50 | PB | | |
| 13 | PŁYWACZEWSKA Weronika | 20.08.2009 | KM Aktywni Sochaczew | MZ | 28.88 | PB | | |
| 14 | GAIK Julia | 12.02.2010 | KM Aktywni Sochaczew | MZ | 28.44 | | | |
| 15 | ZGLIŃSKA Marta | 28.09.2009 | UKS Herkules Sulejówek | MZ | 28.18 | | | |
| 16 | ŚMIGIELSKA Zuzanna | 29.08.2007 | UKS Herkules Sulejówek | MZ | 28.04 | PB | | |
| 17 | KOPYT Amelia | 30.07.2010 | KM Aktywni Sochaczew | MZ | 26.24 | | | |
| 18 | DENISIUK Lena | 09.01.2010 | PUKS Jedyńka Łosice | MZ | 17.17 | | | |

| | | | | | | |
|-----------------------|-------|-------|-------|-------|-------|-------|
| PRACHARCZYK Maria | I | II | III | IV | V | VI |
| | x | 54.35 | x | x | 57.17 | 58.27 |
| SKALSKA Gabriela | 49.96 | 47.56 | 53.28 | 52.69 | 54.28 | 53.60 |
| ŚMIGLEWSKA Zuzanna | 50.25 | x | x | x | 53.27 | x |
| CHMIELEWSKA Maja | 38.53 | 43.75 | 47.17 | x | 43.74 | 46.20 |
| GOLAS Anita | 46.62 | 44.77 | x | x | 44.66 | 38.98 |
| DENISIUK Amelia | 41.24 | 42.13 | x | 44.35 | 46.05 | 42.65 |
| ANDRZEJCZUK Natasza | 33.83 | 34.10 | 34.16 | 34.92 | 37.28 | 36.07 |
| CIEŚLAK Amelia | 34.03 | 36.74 | 26.81 | 35.81 | x | 35.52 |
| SZUMIEC Alicja | 34.05 | 33.22 | x | | | |
| KWAŚNIEWSKA Julia | 29.81 | x | 32.08 | | | |
| KRUKOWSKA Sonia | x | 31.78 | x | | | |
| PAWŁOWSKA Kamila | 29.66 | 30.03 | 30.50 | | | |
| PŁYWACZEWSKA Weronika | 28.88 | 27.04 | 25.52 | | | |
| GAIK Julia | 28.44 | 24.48 | x | | | |
| ZGLIŃSKA Marta | 26.53 | 28.18 | 24.90 | | | |
| ŚMIGIELSKA Zuzanna | 23.45 | 28.04 | x | | | |
| KOPYT Amelia | 26.24 | 24.75 | 24.12 | | | |
| DENISIUK Lena | x | x | 17.17 | | | |

Skok o tyczce K

FINAŁ

17:00

| | | | | | | |
|---|------------------|------------|---------------------|----|------|----|
| 1 | SMOLARCZYK Pola | 06.03.2009 | KS AZS AWF Warszawa | MZ | 3.35 | PB |
| 2 | TRZCIŃSKA Joanna | 04.10.1999 | KS AZS AWF Warszawa | MZ | 2.55 | |
| 3 | VAJO Wiktoria | 10.01.2010 | KS AZS AWF Warszawa | MZ | 2.25 | |

Trójskok K

FINAŁ

16:45

| | | | | | | |
|---|----------------------|------------|---------------------|----|-------|-----|
| 1 | SUSZCZYŃSKA Karolina | 02.04.2007 | PUKS Jedyńka Łosice | MZ | 10.56 | 1.7 |
|---|----------------------|------------|---------------------|----|-------|-----|

| | | | | | | | |
|-------------------|----------------------|------------|------------------------|-------|---------|-------|-------|
| 2 | ORZOŁEK Maria | 23.09.2007 | KS AZS AWF Warszawa | MZ | 10.46 | | 1.5 |
| 3 | BOBRYK Julita | 26.07.2008 | PUKS Jedyńka Łosice | MZ | 10.35 | PB | 1.6 |
| 4 | WOJTCZUK Amelia | 11.06.2008 | PUKS Jedyńka Łosice | MZ | 9.80 | | 1.3 |
| 5 | PYSKŁO Julia | 22.01.2008 | UKS Siódemka Ostrołęka | MZ | 9.17 | PB | 2.0 |
| 6 | ZALEWSKA Weronika | 30.05.2008 | UKS Filipides Teresin | MZ | 8.96 | | 1.9 |
| | | I | II | III | IV | V | VI |
| | SUSZCZYŃSKA Karolina | x | x | x | x | x | 10.56 |
| | | 1.4 | 1.4 | 1.6 | 2.0 | 1.2 | 1.7 |
| | ORZOŁEK Maria | 10.08 | x | x | 10.46 | 10.46 | x |
| | | 0.9 | 1.4 | 0.9 | 1.5 | 1.4 | 1.6 |
| | BOBRYK Julita | 10.35 | 10.14 | 8.67 | 9.91 | 10.20 | 10.06 |
| | | 1.6 | 1.8 | 1.5 | 0.9 | 1.3 | 1.1 |
| | WOJTCZUK Amelia | x | 9.80 | x | 9.73 | 9.80 | 9.71 |
| | | 0.8 | 1.3 | 1.3 | 2.2 | 0.1 | 1.7 |
| | PYSKŁO Julia | 9.04 | 9.17 | 8.82 | 8.80 | 8.53 | 9.09 |
| | | 1.8 | 2.0 | 1.0 | 1.5 | 1.5 | 1.7 |
| | ZALEWSKA Weronika | x | 8.77 | 8.96 | x | 8.83 | 8.53 |
| | | 0.6 | 1.7 | 1.9 | 1.5 | 1.3 | 1.4 |
| 1000 metrów K U14 | | | | | | | |
| Bieg 1/ 1 | | | | 17:17 | | | |
| 1 | STANISZEWSKA Nadia | 19.05.2010 | Ducla Academy Warszawa | MZ | 3:00.76 | | PK |
| 2 | MARYL Łucja | 30.08.2010 | Ducla Academy Warszawa | MZ | 3:14.09 | | PK |
| 3 | ZIMOŃ Aleksandra | 01.12.2010 | Ducla Academy Warszawa | MZ | 3:16.08 | | PK |
| 4 | BEŃKOWSKA Maja | 21.04.2010 | RK Athletics Warszawa | MZ | 3:19.30 | | PK |
| 5 | SKROK Julia | 22.05.2010 | UKS LA Basket Warszawa | MZ | 3:22.39 | | |
| 6 | O'NEILL Kiera | 12.05.2011 | MKS Polonia Warszawa | MZ | 3:30.35 | | |
| | PAŁYSA Alicja | 17.03.2011 | Ducla Academy Warszawa | MZ | DNF | | |