

Warszawska Liga Lekkoatletyczna 2021 (III rzut)

WARSZAWA, 12.09.2021

MEŻCZYŹNI/MEN

100 metrów M U16

| | | | | | |
|-----------------------|------------|----------------------|-------|-------|----|
| FINAŁ | +0.0 | | 17:11 | | |
| 1 WIŚNIEWSKI Ignacy | 05.03.2007 | KS Orzeł Warszawa | MZ | 12.00 | |
| 2 SZRAJNERT Błażej | 21.05.2006 | AZS-AWF Warszawa | MZ | 13.17 | |
| 3 KOZAKIEWICZ Mikołaj | 08.08.2007 | AKL Ursynów Warszawa | MZ | 13.97 | PB |
| 4 JANKOWSKI Stanisław | 28.05.2007 | AKL Ursynów Warszawa | MZ | 14.11 | |
| GAŚIŃSKI Jan | 14.04.2006 | UKS Melo Błonie | MZ | DNS | |
| GAŚIŃSKI Wiktor | 14.04.2006 | UKS Melo Błonie | MZ | DNS | |
| URBAŃSKI Jakub | 04.04.2006 | UKS Melo Błonie | MZ | DNS | |

100 metrów M U16

| | | | | | |
|-----------------------|------------|----------------------|-------|-------|-------|
| Bieg 1/ 1 | +0.1 | | 16:22 | | |
| 1 WIŚNIEWSKI Ignacy | 05.03.2007 | KS Orzeł Warszawa | MZ | 11.92 | q |
| 2 SZRAJNERT Błażej | 21.05.2006 | AZS-AWF Warszawa | MZ | 12.83 | q |
| 3 GAŚIŃSKI Jan | 14.04.2006 | UKS Melo Błonie | MZ | 12.94 | q PB |
| 4 GAŚIŃSKI Wiktor | 14.04.2006 | UKS Melo Błonie | MZ | 13.02 | q PB |
| 5 URBAŃSKI Jakub | 04.04.2006 | UKS Melo Błonie | MZ | 13.16 | q PB |
| 6 JANKOWSKI Stanisław | 28.05.2007 | AKL Ursynów Warszawa | MZ | 13.95 | q PB |
| 7 KOZAKIEWICZ Mikołaj | 08.08.2007 | AKL Ursynów Warszawa | MZ | 14.02 | q =PB |

100 metrów mężczyzn

| | | | | |
|-----------------------|------------|--------------------------|-------|-------|
| FINAŁ | +0.0 | | 17:07 | |
| 1 KWIATKOWSKI Mateusz | 03.06.1999 | MKS Juwenia Białystok | PD | 11.20 |
| 2 MALANOWSKI Łukasz | 08.10.1996 | KS Sprinterzy.com Kraków | MA | 11.92 |
| JAROSZEWICZ Ernest | 04.12.1999 | MKS Juwenia Białystok | PD | DNS |
| SZRAJNER Gustaw | 23.06.2003 | UKS LA Basket Warszawa | MZ | DNS |
| UŚCIŃSKI Kacper | 22.01.2004 | OKS Skra Warszawa | MZ | DNS |
| WAŚKIEWICZ Norbert | 05.05.2000 | KS Sprinterzy.com Kraków | MA | DNS |
| SUCHOROWSKI Jan | 21.10.2001 | AKL Ursynów Warszawa | MZ | DNS |
| MOLSKI Paweł | 12.12.2002 | OKS Skra Warszawa | MZ | DNS |

100 metrów mężczyzn

| | | | | | |
|-----------------------|------------|--------------------------|-------|-------|------|
| Bieg 1/ 4 | -0.2 | | 16:07 | | |
| 1 SUCHOROWSKI Jan | 21.10.2001 | AKL Ursynów Warszawa | MZ | 11.04 | q |
| 2 KWIATKOWSKI Mateusz | 03.06.1999 | MKS Juwenia Białystok | PD | 11.05 | q |
| 3 MOLSKI Paweł | 12.12.2002 | OKS Skra Warszawa | MZ | 11.23 | q PB |
| 4 JAROSZEWICZ Ernest | 04.12.1999 | MKS Juwenia Białystok | PD | 11.25 | q |
| 5 WAŚKIEWICZ Norbert | 05.05.2000 | KS Sprinterzy.com Kraków | MA | 11.40 | q |
| 6 SZRAJNER Gustaw | 23.06.2003 | UKS LA Basket Warszawa | MZ | 11.65 | q |
| 7 UŚCIŃSKI Kacper | 22.01.2004 | OKS Skra Warszawa | MZ | 11.72 | q |
| 8 MAŁYCHA Szymon | 11.02.2005 | AZS-AWF Warszawa | MZ | 11.84 | |

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|---------------------|------------|--------------------------|-------|-------|---|
| Bieg 2/ 4 | -0.7 | | 16:12 | | |
| 1 MALANOWSKI Łukasz | 08.10.1996 | KS Sprinterzy.com Kraków | MA | 11.72 | q |
| 2 PAŁAC Maciej | 01.08.2003 | UKS Gepard Warszawa | MZ | 11.77 | |
| 3 CZECHOSKI Adam | 23.02.1999 | KS Sprinterzy.com Kraków | MA | 11.79 | |
| 4 PAWŁOWSKI Łukasz | 13.03.1982 | KS Sprinterzy.com Kraków | MA | 11.84 | |
| 5 KRYSZPIN Maciej | 03.08.2005 | MUKL Brodnica | KP | 11.86 | |
| 6 TYLAK Łukasz | 28.02.1990 | UKS Dąb Suchy Las | WP | 11.97 | |
| 7 ODOLIŃSKI Szymon | 23.02.2005 | UKS Kresy Otwock | MZ | 12.27 | |

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|----------------------|------------|------------------------|-------|-------|----|
| Bieg 3/ 4 | -0.3 | | 16:15 | | |
| 1 KARAPEICHYK Artem | 25.04.2004 | UKS Gepard Warszawa | MZ | 11.90 | PB |
| 2 DOBROWOLSKI Marcel | 06.01.2005 | UKS Gepard Warszawa | MZ | 12.08 | |
| 3 STAŃCZUK Jan | 02.08.2005 | UKS Młodzik Warszawa | MZ | 12.19 | |
| 4 TREBICKI Szymon | 22.01.2004 | OKS Skra Warszawa | MZ | 12.21 | |
| 5 FRYC Krzysztof | 12.05.1999 | OKS Skra Warszawa | MZ | 12.22 | |
| 6 ORDYŁOWSKI Gustaw | 02.04.2003 | AZS-AWF Warszawa | MZ | 12.24 | |
| 7 RUCKI Filip | 01.05.2005 | MKS Pilica Białobrzegi | MZ | 12.33 | |

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|------------------------|------------|----------------------|-------|-------|----|
| Bieg 4/ 4 | -0.3 | | 16:19 | | |
| 1 PERZAK Piotr | 02.08.2004 | AZS-AWF Warszawa | MZ | 12.12 | |
| 2 SZYMAŃSKI Filip | 18.03.2005 | MKS Pułtusk | MZ | 12.41 | |
| 3 BABBAR Eashu | 11.08.1993 | AKL Ursynów Warszawa | MZ | 12.66 | PB |
| 4 ŻACZKIEWICZ Wojciech | 23.04.2004 | UKS Vis Skierniewice | LD | 13.23 | |
| 5 Cygler Daniel | 09.06.2000 | AZS-AWF Warszawa | MZ | 13.50 | |
| 6 FIDELUS Tymoteusz | 03.04.2003 | AZS-AWF Warszawa | MZ | 13.62 | |
| GROTKOWSKI Krzysztof | 26.07.1963 | UKS Herkules Sulejów | MZ | DNF | |

200 metrów mężczyzn

| | | | | | |
|-----------------------|------------|-----------------------|-------|-------|----|
| Bieg 1/ 6 | +0.2 | | 18:00 | | |
| 1 KWIATKOWSKI Mateusz | 03.06.1999 | MKS Juwenia Białystok | PD | 22.13 | |
| 2 DUDEK Bartosz | 25.02.1992 | MKS Juwenia Białystok | PD | 22.19 | SB |
| 3 CHYŁA Dawid | 24.09.2001 | LKS Osuchów | MZ | 22.43 | PB |

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|---------------------|-------------------------|------------|---------------------------------|-------|---------|-----|
| 4 | SUCHOROWSKI Jan | 21.10.2001 | AKL Ursynów Warszawa | MZ | 22.56 | |
| 5 | GLAZA Mateusz | 16.08.2004 | UKS Czapla Białe Błota | KP | 22.63 | PB |
| 6 | JAROSZEWICZ Ernest | 04.12.1999 | MKS Juwenia Białystok | PD | 23.15 | |
| 7 | SZRAJNER Gustaw | 23.06.2003 | UKS LA Basket Warszawa | MZ | 23.25 | |
| Bieg 2/ 6 | | -0.3 | | 18:02 | | |
| 1 | MOLSKI Paweł | 12.12.2002 | OKS Skra Warszawa | MZ | 23.01 | =PB |
| 2 | WAŚKIEWICZ Norbert | 05.05.2000 | KS Sprinterzy.com Kraków | MA | 23.24 | |
| 3 | UŚCIŃSKI Kacper | 22.01.2004 | OKS Skra Warszawa | MZ | 23.48 | |
| 4 | MAZUR Jakub | 01.08.2004 | AZS-AWF Warszawa | MZ | 23.67 | |
| 5 | KRYSZPIN Maciej | 03.08.2005 | MUKL Brodnica | KP | 23.73 | |
| 6 | TYLAK Łukasz | 28.02.1990 | UKS Dąb Suchy Las | WP | 23.97 | |
| 7 | PAŁAC Maciej | 01.08.2003 | UKS Gepard Warszawa | MZ | 24.03 | |
| 8 | BOGUSZEWSKI Michał | 24.11.2004 | AKL Ursynów Warszawa | MZ | 24.61 | |
| Bieg 3/ 6 | | -1.1 | | 18:05 | | |
| 1 | CYDEJKO Szymon | 30.12.2003 | MKS Pogoń Siedlce | MZ | 23.63 | PB |
| 2 | ROŚLONIEC Piotr | 25.09.2005 | Akademia Sportu Otwock | MZ | 23.86 | PB |
| 3 | PAWŁOWSKI Łukasz | 13.03.1982 | KS Sprinterzy.com Kraków | MA | 24.29 | |
| 4 | SŁAWIŃSKI Mikołaj | 05.10.2005 | Akademia Sportu Otwock | MZ | 24.37 | |
| 5 | STAŃCZUK Jan | 02.08.2005 | UKS Młodzik Warszawa | MZ | 24.39 | |
| 6 | BABIK Jan | 28.01.2004 | AZS-AWF Warszawa | MZ | 24.48 | PB |
| 7 | BYCUL Jakub | 02.05.2004 | AZS-AWF Warszawa | MZ | 24.72 | |
| 8 | FRYC Krzysztof | 12.05.1999 | OKS Skra Warszawa | MZ | 25.06 | |
| Bieg 4/ 6 | | -0.2 | | 18:09 | | |
| 1 | ZWOLSKI Maciej | 24.06.2004 | UKS LA Basket Warszawa | MZ | 24.53 | PB |
| 2 | BABBAR Eashu | 11.08.1993 | AKL Ursynów Warszawa | MZ | 24.71 | PB |
| 3 | KARNAS Kacper | 03.10.2004 | UKS Czapla Białe Błota | KP | 24.91 | PB |
| 4 | TREBICKI Szymon | 22.01.2004 | OKS Skra Warszawa | MZ | 25.08 | PB |
| 5 | WOJCIECHOWSKI Gaurahari | 05.02.2005 | UKS LA Basket Warszawa | MZ | 25.15 | PB |
| 6 | BADENSKI Bernard | 28.10.2001 | AKL Ursynów Warszawa | MZ | 25.51 | |
| 7 | SALCZYŃSKI Patryk | 19.03.2008 | MKS Pilica Białobrzegi | MZ | 26.46 | |
| 8 | ŻACZKIEWICZ Wojciech | 23.04.2004 | UKS Vis Skierniewice | LD | 26.52 | |
| Bieg 5/ 6 | | +0.4 | | 18:12 | | |
| 1 | MAKOWSKI Mateusz | 05.08.2004 | MKS Pułtusk | MZ | 23.70 | |
| 2 | PERZAK Piotr | 02.08.2004 | AZS-AWF Warszawa | MZ | 24.12 | |
| 3 | SZYMAŃSKI Filip | 18.03.2005 | MKS Pułtusk | MZ | 24.55 | |
| 4 | GAŚIŃSKI Wiktor | 14.04.2006 | UKS Melo Błonie | MZ | 25.97 | |
| 5 | URBAŃSKI Jakub | 04.04.2006 | UKS Melo Błonie | MZ | 26.31 | |
| Bieg 6/ 6 | | +0.1 M/S | | 18:16 | | |
| 1 | GAŚIŃSKI Jan | 14.04.2006 | UKS Melo Błonie | MZ | 26.14 | |
| 2 | URBAN Kamil | 15.05.2005 | SSON START Siedlce | MZ | 28.82 | |
| 3 | JARECKI Bartosz | 26.07.2008 | UKS 48 Warszawa | MZ | 31.33 | |
| 400 metrów mężczyzn | | | | | | |
| Bieg 1/ 3 | | | | 15:34 | | |
| 1 | DUDEK Bartosz | 25.02.1992 | MKS Juwenia Białystok | PD | 48.69 | SB |
| 2 | MAKOWSKI Mateusz | 05.08.2004 | MKS Pułtusk | MZ | 49.85 | |
| 3 | ROMANIUK Daniel | 10.10.2001 | MKS Polonia Warszawa | MZ | 50.32 | |
| 4 | PAŁKOWSKI Dawid | 18.09.2004 | MUKL Brodnica | KP | 50.52 | |
| 5 | POULAIN Kamil | 27.02.1998 | MKS Polonia Warszawa | MZ | 52.23 | |
| Bieg 2/ 3 | | | | 15:36 | | |
| 1 | KAROW Damian | 12.02.2004 | UKS Czapla Białe Błota | KP | 51.41 | PB |
| 2 | WYSZYŃSKI Paweł | 05.11.2003 | MKS Juwenia Białystok | PD | 52.06 | |
| 3 | WRÓBEL Adam | 24.10.2001 | UKS Herkules Sulejówek | MZ | 52.48 | PB |
| 4 | KRAKOWIAK Tymoteusz | 09.06.2004 | MKS Polonia Warszawa | MZ | 55.81 | |
| 5 | PIOTROWSKI Filip | 26.03.2001 | BKS Wataha Warszawa | MZ | 56.48 | |
| Bieg 3/ 3 | | | | 15:43 | | |
| 1 | MOUKETOU-TARAZEWICZ | 09.02.2005 | OKS Start Otwock | MZ | 51.73 | |
| 2 | WRÓBLEWSKI Błażej | 10.03.2005 | AKL Ursynów Warszawa | MZ | 54.71 | PB |
| 3 | KOZAKIEWICZ Jeremi | 21.09.2005 | AKL Ursynów Warszawa | MZ | 56.79 | PB |
| 4 | GOŁĘBIEWSKI Jan | 04.11.2005 | UKS Vis Skierniewice | LD | 57.29 | PB |
| 5 | ŻACZKIEWICZ Michał | 13.03.2007 | LA dla dzieci i młodzieży Kamil | MZ | 1:04.46 | |
| 800 metrów mężczyzn | | | | | | |
| Bieg 1/ 2 | | | | 17:30 | | |
| 1 | ANDZIAK Stanisław | 05.12.2004 | OKS Skra Warszawa | MZ | 1:57.53 | PB |
| 2 | MŁKOWSKI Wiktor | 15.04.2005 | UKS 48 Warszawa | MZ | 2:01.44 | |
| 3 | DZIADCZYK Antoni | 24.04.2004 | AZS-AWF Warszawa | MZ | 2:01.53 | |
| 4 | KLONOWSKI Andrzej | 23.05.2005 | KS Lider Grodzisk Mazowiecki | MZ | 2:02.69 | |
| 5 | GRYZ Kamil | 12.08.2005 | UKS Herkules Sulejówek | MZ | 2:08.00 | PB |
| 6 | ANTONOWICZ Jan | 26.05.2005 | SRS Kondycja Piaseczno | MZ | 2:08.44 | |
| 7 | DĄBROWSKI Aleksander | 17.11.2000 | MKS Polonia Warszawa | MZ | 2:09.85 | SB |
| 8 | MAŁECKI Mateusz | 20.01.2005 | KS Lider Grodzisk Mazowiecki | MZ | 2:11.75 | |
| 9 | DOMŻAŁ Tadeusz | 25.06.2002 | Akademia Sportu Otwock | MZ | 2:12.17 | |

Bieg 2/ 2 17:35

| | | | | | | |
|---|------------------------|------------|--------------------------|----|---------|----|
| 1 | ZIELIŃSKI Stanisław | 14.10.2001 | AKL Ursynów Warszawa | MZ | 2:10.16 | |
| 2 | WIELOGÓRSKI Mikołaj | 09.09.2008 | MKS Pogoń Siedlce | | 2:11.81 | |
| 3 | WÓJCIK Cezary | 14.08.2005 | OKS Start Otwock | MZ | 2:11.84 | |
| 4 | GAJDA Szymon | 10.04.2004 | KM Aktywni Sochaczew | MZ | 2:19.67 | PB |
| 5 | MAŁECKI Piotr | 29.06.1981 | KS Lemiesz Team Warszawa | MZ | 2:20.96 | PB |
| 6 | TRELA Kacper | 18.09.2007 | UKS Olimp Kozienice | MZ | 2:27.10 | |
| 7 | BRZEZIŃSKI Maksymilian | 01.10.2007 | UKS LA Basket Warszawa | MZ | 2:27.88 | |

1500 metrów mężczyzn

Bieg 1/ 1

18:20

| | | | | | | |
|----|----------------------|------------|--------------------------|----|---------|----|
| 1 | MICHAŁSKI Jan | 23.04.2001 | MKS Polonia Warszawa | MZ | 3:51.52 | PB |
| 2 | KUCHARSKI Bartosz | 20.11.2000 | SRS Kondycja Piaseczno | MZ | 3:58.00 | PB |
| 3 | MIELEWCZYK Piotr | 08.08.1990 | Stowarzyszenie Piekielni | MZ | 3:58.22 | SB |
| 4 | KUBICKI Adam | 28.09.1997 | MKS Polonia Warszawa | MZ | 3:58.48 | PB |
| 5 | NAGÓREK Marcin | 05.10.1980 | KS Agros Zamość | LU | 3:59.10 | |
| 6 | KUJAWA Wiktor | 03.08.1993 | KS AZS UWM Olsztyn | WN | 3:59.64 | PB |
| 7 | MISIEWICZ Michał | 31.12.1995 | AZS-AWF Warszawa | MZ | 4:00.22 | |
| 8 | ŻUK Bartosz | 09.01.2003 | MKS Polonia Warszawa | MZ | 4:04.86 | PB |
| 9 | BARTOŚ Krzysztof | 17.12.2003 | AZS-AWF Warszawa | MZ | 4:12.71 | |
| 10 | ASTRACHANCEW Konrad | 11.07.2005 | AZS-AWF Warszawa | MZ | 4:14.47 | PB |
| 11 | CENTKOWSKI Łukasz | 26.05.2003 | LKS Osuchów | MZ | 4:15.05 | PB |
| 12 | SKIERKOWSKI Paweł | 13.05.2002 | AZS-AWF Warszawa | MZ | 4:20.43 | |
| 13 | SZYMAŃSKI Przemysław | 28.08.2000 | AZS-AWF Warszawa | MZ | 4:28.93 | |
| 14 | ROSZKOWSKI Łukasz | 20.06.1988 | KS Podlasie Białystok | PD | 4:55.79 | |
| | BABIK Filip | 02.11.1996 | Stowarzyszenie Piekielni | MZ | DNF | |
| | RYBAKOWSKI Michał | 30.08.2000 | MKS Polonia Warszawa | MZ | DNF | |
| | ROMANIUK Daniel | 10.10.2001 | MKS Polonia Warszawa | MZ | DNF | |

110 metrów pł M U18 (91.4)

Bieg 1/ 1

+0.8

16:48

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|---|--------------------|------------|------------------------|----|-------|----|
| 1 | DOBROWOLSKI Marcel | 06.01.2005 | UKS Gepard Warszawa | MZ | 15.40 | |
| 2 | KARAPEICHYK Artem | 25.04.2004 | UKS Gepard Warszawa | MZ | 15.97 | |
| 3 | SYTA Mikołaj | 20.04.2005 | MKS Pilica Białobrzegi | MZ | 16.25 | PB |

5000 metrów chód M

Bieg 1/ 1

15:16

| | | | | | | |
|---|-----------------------|------------|-----------------------|----|----------|--|
| 1 | CZERSKI Krzysztof | 25.05.1980 | KS Ultra Team Łódź | LD | 26:01.26 | |
| 2 | DROBIK Kacper | 05.04.2006 | RK Athletics Warszawa | MZ | 26:11.48 | |
| 3 | GOŁAWSKI Janusz | 26.03.1966 | WLKS Nowe Iganie | MZ | 31:34.45 | |
| 4 | HARASIŃSKI Ryszard | 19.07.1956 | KS Ultra Team Łódź | LD | 31:39.39 | |
| 5 | STUPNOWICZ Przemysław | 15.10.1995 | KS Ultra Team Łódź | LD | 32:58.45 | |

Pchnięcie kulą M U18 (5kg)

FINAŁ

16:00

| | | | | | | |
|---|----------------|------------|--------------------|----|-------|--|
| 1 | SKOCZYŁAS Adam | 17.09.2004 | GKS Wilga Garwolin | MZ | 13.60 | |
| 2 | SIKORA Wiktor | 24.07.2005 | GKS Wilga Garwolin | MZ | 12.09 | |

Rzut oszczepem M U18 (700)

FINAŁ

17:05

| | | | | | | |
|---|-------------------------|------------|------------------------|----|-------|----|
| 1 | JANCIK Gustaw | 28.01.2005 | UKS Gepard Warszawa | MZ | 51.19 | |
| 2 | MICHAŁEK Jakub | 16.06.2005 | UKS LA Basket Warszawa | MZ | 46.54 | |
| 3 | KAMIONEK Patryk | 20.12.2004 | UKS LA Basket Warszawa | MZ | 42.21 | |
| 4 | RESIAK Paweł | 16.11.2005 | AKL Ursynów Warszawa | MZ | 38.77 | |
| 5 | GAŁAZIN Michał | 20.12.2005 | UKS Gepard Warszawa | MZ | 33.39 | |
| 6 | ZWOLSKI Maciej | 24.06.2004 | UKS LA Basket Warszawa | MZ | 33.02 | SB |
| 7 | WOJCIECHOWSKI Gaurahari | 05.02.2005 | UKS LA Basket Warszawa | MZ | 29.63 | PB |

Rzut oszczepem M U16 (600)

FINAŁ

17:05

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|---|----------------|------------|------------------------|----|-------|----|
| 1 | WOŹNIAK Łukasz | 13.05.2006 | UKS LA Basket Warszawa | MZ | 33.24 | PB |
| 2 | SAMUL Jan | 22.02.2008 | UKS LA Basket Warszawa | MZ | 25.44 | |

Rzut oszczepem mężczyzn (800)

FINAŁ

17:05

| | | | | | | |
|---|-------------------|------------|----------------------|----|-------|--|
| 1 | SUMIŃSKI Wojciech | 14.01.1994 | AZS-AWF Warszawa | MZ | 63.31 | |
| 2 | MURIAS Mateusz | 18.01.2002 | KS Warszawianka W-wa | MZ | 50.98 | |

Rzut dyskiem M U20 (1.75kg)

FINAŁ

14:00

| | | | | | | |
|---|----------------------|------------|----------------------|----|-------|--|
| 1 | ANDRZEJCZAK Jarosław | 23.04.2002 | MLKS Echo Twardogóra | DS | 52.90 | |
|---|----------------------|------------|----------------------|----|-------|--|

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|----------------------|---|-------|-----|----|---|-------|
| | I | II | III | IV | V | VI |
| ANDRZEJCZAK Jarosław | x | 52.90 | x | x | x | 51.97 |

Rzut dyskiem M U18 (1.5kg)

| | | | | | | | | |
|------------------|------------|--------------------|-------|-------|----|-------|--|--|
| FINAŁ | | | | | | 14:00 | | |
| 1 SKOCZYŁAS Adam | 17.09.2004 | GKS Wilga Garwolin | MZ | 37.10 | SB | | | |
| 2 SIKORA Wiktor | 24.07.2005 | GKS Wilga Garwolin | MZ | 34.20 | | | | |
| | I | II | III | IV | V | VI | | |
| SKOCZYŁAS Adam | 36.90 | 36.19 | 33.73 | x | x | 37.10 | | |
| SIKORA Wiktor | x | x | 34.20 | x | x | x | | |

Skok wzwyż mężczyzn

| | | | | | | | | |
|--------------------|------------|------------------------------|----|------|--|-------|--|--|
| FINAŁ | | | | | | 16:35 | | |
| 1 DĄBROWSKI Karol | 08.05.1995 | KS Lider Grodzisk Mazowiecki | MZ | 1.80 | | | | |
| 2 ODOLIŃSKI Szymon | 23.02.2005 | UKS Kresy Otwock | MZ | 1.65 | | | | |
| 3 UHERA Grzegorz | 14.02.2005 | KS Orzeł Warszawa | MZ | 1.40 | | | | |
| ORDYŁOWSKI Gustaw | 02.04.2003 | AZS-AWF Warszawa | MZ | NM | | | | |

Rzut młotem M U18 (5kg)

| | | | | | | | | |
|------------------|------------|------------------|-------|-------|----|-------|--|--|
| FINAŁ | | | | | | 13:15 | | |
| 1 ZAORSKI Cezary | 23.04.2005 | AZS-AWF Warszawa | MZ | 40.81 | PB | | | |
| | I | II | III | IV | V | VI | | |
| ZAORSKI Cezary | 40.81 | x | 35.67 | 39.29 | x | x | | |

Rzut młotem mężczyzn (7.26kg)

| | | | | | | | | |
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| FINAŁ | | | | | | 13:15 | | |
| 1 PIĄCZKOWSKI Andrzej | 02.04.1950 | RKS Skra Warszawa | MZ | 45.13 | 4kg | | | |
| | I | II | III | IV | V | VI | | |
| PIĄCZKOWSKI Andrzej | 45.13 | x | 40.63 | 43.31 | x | 43.92 | | |

Skok o tyczce mężczyzn

| | | | | | | | | |
|--------------------------|------------|------------------------|----|------|----|-------|--|--|
| FINAŁ | | | | | | 17:35 | | |
| 1 CZARNOCKI Piotr | 22.03.2005 | SKS Feniks Siedlce | MZ | 3.50 | | | | |
| 2 STRELCZUK Jakub | 14.08.2007 | SKS Feniks Siedlce | MZ | 3.20 | PB | | | |
| 3 WOŹNIAK Łukasz | 13.05.2006 | UKS LA Basket Warszawa | MZ | 2.30 | | | | |
| 4 STRZYŻEWSKI Filip | 21.10.2011 | SKS Feniks Siedlce | MZ | 2.30 | PB | | | |
| 5 PROKOPIAK Szymon | 04.10.2006 | SKS Feniks Siedlce | MZ | 2.10 | | | | |
| 6 BRZEZIŃSKI Maksymilian | 01.10.2007 | UKS LA Basket Warszawa | MZ | 2.10 | | | | |

Skok w dal M U16

| | | | | | | | | |
|---------------------------|------------|------------------------|----|------|-----|-------|--|--|
| FINAŁ | | | | | | 15:50 | | |
| 1 ZWOLSKI Maciej | 24.06.2004 | UKS LA Basket Warszawa | MZ | 5.93 | 0.3 | | | |
| 2 WOJCIECHOWSKI Gaurahari | 05.02.2005 | UKS LA Basket Warszawa | MZ | 5.75 | 0.1 | | | |
| 3 BRZEZIŃSKI Maksymilian | 01.10.2007 | UKS LA Basket Warszawa | MZ | 4.57 | PB | 0.1 | | |
| 4 KOZAKIEWICZ Mikołaj | 08.08.2007 | AKL Ursynów Warszawa | MZ | 4.37 | PB | -0.1 | | |
| 5 JANKOWSKI Stanisław | 28.05.2007 | AKL Ursynów Warszawa | MZ | 3.86 | | 0.2 | | |

Trójskok mężczyzn

| | | | | | | | | |
|------------------|------------|--------------------------|----|-------|-----|-------|--|--|
| FINAŁ | | | | | | 17:50 | | |
| 1 SOBORA Łukasz | 23.11.1978 | KS Lemiesz Team Warszawa | MZ | 13.40 | 0.3 | | | |
| 2 UHERA Grzegorz | 14.02.2005 | KS Orzeł Warszawa | MZ | 9.80 | PB | 0.1 | | |

100 metrów M U14

| | | | | | | | | |
|---------------------|------------|------------------------|----|-------|--|-------|--|--|
| FINAŁ | +0.2 M/S | | | | | 17:13 | | |
| 1 SAŁCZYŃSKI Patryk | 19.03.2008 | MKS Pilica Białobrzegi | MZ | 12.96 | | | | |
| 2 MUSIELAK Szymon | 16.02.2008 | MKS Pilica Białobrzegi | MZ | 13.11 | | | | |
| 3 SAMUL Jan | 22.02.2008 | UKS LA Basket Warszawa | MZ | 14.02 | | | | |
| 4 BILCZEWSKI Adam | 21.06.2008 | UKS Orzełki Warszawa | MZ | 15.06 | | | | |
| JARECKI Bartosz | 26.07.2008 | UKS 48 Warszawa | MZ | DNS | | | | |
| BŁACHNIO Borys | 12.02.2008 | UKS 48 Warszawa | MZ | DNS | | | | |
| ŻUCHOWSKI Tomasz | 23.06.2008 | OKS Start Otwock | MZ | DNS | | | | |

100 metrów M U14

| | | | | | | | | |
|---------------------|------------|------------------------|----|-------|------|-------|--|--|
| Bieg 1/ 1 | +0.0 | | | | | 16:24 | | |
| 1 SAŁCZYŃSKI Patryk | 19.03.2008 | MKS Pilica Białobrzegi | MZ | 12.94 | q PB | | | |
| 2 MUSIELAK Szymon | 16.02.2008 | MKS Pilica Białobrzegi | MZ | 12.94 | q | | | |
| 3 ŻUCHOWSKI Tomasz | 23.06.2008 | OKS Start Otwock | MZ | 13.77 | q | | | |
| 4 SAMUL Jan | 22.02.2008 | UKS LA Basket Warszawa | MZ | 13.89 | q PB | | | |
| 5 BILCZEWSKI Adam | 21.06.2008 | UKS Orzełki Warszawa | MZ | 14.80 | q PB | | | |
| 6 JARECKI Bartosz | 26.07.2008 | UKS 48 Warszawa | MZ | 15.46 | q | | | |
| 7 BŁACHNIO Borys | 12.02.2008 | UKS 48 Warszawa | MZ | 16.23 | q | | | |

5000 m chód M U16

| | | | | | | | | |
|---------------------|------------|------------------|----|----------|--|-------|--|--|
| Bieg 1/ 1 | | | | | | 15:20 | | |
| 1 WOŁOSIEWICZ Piotr | 07.02.2007 | WLKS Nowe Iganie | MZ | 31:22.75 | | | | |
| 2 PARAPURA Daniel | 15.11.2006 | WLKS Nowe Iganie | MZ | 38:23.77 | | | | |
| 3 SOSZYŃSKI Tomasz | 31.07.2006 | WLKS Nowe Iganie | MZ | 38:31.39 | | | | |

KOBIECY/WOMEN

100 metrów kobiet

| FINAŁ | +0.3 | | 16:57 | | |
|------------------------|------------|-----------------------|-------|-------|--|
| 1 SOBCZYK Kamila | 27.04.2002 | OKS Skra Warszawa | MZ | 12.47 | |
| 2 KWIATKOWSKA Angelika | 19.06.1998 | MKS Juwenia Białystok | PD | 12.61 | |
| 3 KOWALSKA Aleksandra | 18.05.1993 | UKS Gepard Warszawa | MZ | 12.93 | |
| 4 LITWINIEC Karolina | 11.04.2004 | UKS Orzełki Warszawa | MZ | 13.11 | |
| 5 SIENKIEWICZ Marianna | 23.08.2003 | AKL Ursynów Warszawa | MZ | 13.22 | |
| 6 SIEWIERSKA Pola | 08.12.2004 | AZS-AWF Warszawa | MZ | 13.30 | |
| NARODZONEK Weronika | 15.08.2005 | MUKL Brodnica | KP | DNS | |
| SUCHENEK Aleksandra | 17.12.2005 | OKS Skra Warszawa | MZ | DNS | |

100 metrów K U16

| FINAŁ | +0.4 | | 17:00 | | |
|-----------------------|------------|----------------------|-------|-------|--|
| 1 PRZYBYŁOWSKA Blanka | 22.06.2007 | AKL Ursynów Warszawa | MZ | 14.19 | |
| 2 PAVILLET Zoé | 19.07.2006 | AKL Ursynów Warszawa | MZ | 14.31 | |
| 3 MATUSZEWSKA Amelia | 20.09.2007 | AKL Ursynów Warszawa | MZ | 14.87 | |
| TWARDOWSKA Lena | 08.01.2007 | UKS Melo Błonie | MZ | DNS | |
| NASALSKA Zuzanna | 24.11.2007 | AZS-AWF Warszawa | MZ | DNS | |

100 metrów kobiet

| Bieg 1/ 3 | +0.2 | | 15:44 | | |
|------------------------|------------|-----------------------|-------|-------|------|
| 1 SUCHENEK Aleksandra | 17.12.2005 | OKS Skra Warszawa | MZ | 12.35 | q PB |
| 2 SOBCZYK Kamila | 27.04.2002 | OKS Skra Warszawa | MZ | 12.50 | q |
| 3 KWIATKOWSKA Angelika | 19.06.1998 | MKS Juwenia Białystok | PD | 12.65 | q |
| 4 KOWALSKA Aleksandra | 18.05.1993 | UKS Gepard Warszawa | MZ | 12.93 | q |
| 5 NARODZONEK Weronika | 15.08.2005 | MUKL Brodnica | KP | 13.08 | q |
| 6 LITWINIEC Karolina | 11.04.2004 | UKS Orzełki Warszawa | MZ | 13.15 | q |
| 7 SIENKIEWICZ Marianna | 23.08.2003 | AKL Ursynów Warszawa | MZ | 13.19 | q |
| 8 RUDNIK Anita | 11.03.2002 | UKS Kusy Warszawa | MZ | 13.75 | |

| Bieg 2/ 3 | +0.4 | | 15:47 | | |
|--------------------------|------------|------------------------|-------|-------|----|
| 1 JACKOWICZ Marta | 26.07.2005 | AZS-AWF Warszawa | MZ | 13.23 | |
| 2 SUSKA Eliza | 12.07.2005 | AZS-AWF Warszawa | MZ | 13.44 | |
| 3 OSIPIUK Klaudia | 09.08.2005 | MKS Żak Biała Podlaska | LU | 13.49 | |
| 4 POLANOWSKA Nina | 25.11.2003 | AKL Ursynów Warszawa | MZ | 13.58 | |
| 5 BURLEWICZ Antonina | 25.01.2005 | OKS Skra Warszawa | MZ | 13.66 | SB |
| 6 GÓRECKA Maria Antonina | 04.03.2005 | UKS Melo Błonie | MZ | 13.72 | |
| 7 SPURTACZ Daniela | 19.01.2005 | KS Czempion Warszawa | MZ | 13.99 | |

| Bieg 3/ 3 | +0.3 | | 15:49 | | |
|--------------------|------------|---------------------------|-------|-------|------|
| 1 SIEWIERSKA Pola | 08.12.2004 | AZS-AWF Warszawa | MZ | 13.12 | q PB |
| 2 REK Kinga | 20.01.2005 | AKL Ursynów Warszawa | MZ | 13.64 | PB |
| 3 ZARYCKA Patrycja | 11.04.2005 | AZS-AWF Warszawa | MZ | 14.08 | |
| 4 MUCHA Patrycja | 09.02.2005 | UKS Czwórka Ostrowiec Św. | SK | 14.17 | SB |
| 5 WILCZYŃSKA Julia | 26.04.2004 | MKS Pułtusk | MZ | 14.87 | |
| 6 GAPYS Wiktoria | 05.01.2004 | KM Aktywni Sochaczew | MZ | 15.02 | |
| 7 MRÓZ Natalia | 21.10.2004 | AZS-AWF Warszawa | MZ | 15.17 | |

100 metrów K U16

| Bieg 1/ 1 | +0.7 | | 16:00 | | |
|------------------------|------------|----------------------|-------|-------|------|
| 1 PRZYBYŁOWSKA Blanka | 22.06.2007 | AKL Ursynów Warszawa | MZ | 14.19 | q |
| 2 PAVILLET Zoé | 19.07.2006 | AKL Ursynów Warszawa | MZ | 14.24 | q |
| 3 TWARDOWSKA Lena | 08.01.2007 | UKS Melo Błonie | MZ | 14.26 | q PB |
| 4 MATUSZEWSKA Amelia | 20.09.2007 | AKL Ursynów Warszawa | MZ | 14.77 | q |
| 5 NASALSKA Zuzanna | 24.11.2007 | AZS-AWF Warszawa | MZ | 14.93 | q |
| DZIEWICKA Lidia | 19.05.2006 | UKS Orzełki Warszawa | MZ | DNS | |
| JASKULSKA Oliwia Maria | 24.10.2006 | UKS Orzełki Warszawa | MZ | DNS | |

200 metrów kobiet

| Bieg 1/ 5 | +0.0 | | 17:46 | | |
|------------------------|------------|-----------------------|-------|-------|----|
| 1 SUCHENEK Aleksandra | 17.12.2005 | OKS Skra Warszawa | MZ | 25.19 | PB |
| 2 KWIATKOWSKA Angelika | 19.06.1998 | MKS Juwenia Białystok | PD | 26.00 | |
| 3 KOWALSKA Aleksandra | 18.05.1993 | UKS Gepard Warszawa | MZ | 26.31 | |
| 4 WIESZTORT Laura | 20.08.2008 | AZS-AWF Warszawa | MZ | 26.49 | |
| 5 MISIAK Michalina | 01.09.2004 | OKS Start Otwock | MZ | 26.84 | |
| 6 JACKOWICZ Marta | 26.07.2005 | AZS-AWF Warszawa | MZ | 26.89 | PB |
| 7 NARODZONEK Weronika | 15.08.2005 | MUKL Brodnica | KP | 26.98 | PB |

| Bieg 2/ 5 | +0.0 | | 17:49 | | |
|--------------------|------------|------------------------|-------|-------|----|
| 1 SUSKA Eliza | 12.07.2005 | AZS-AWF Warszawa | MZ | 27.42 | PB |
| 2 OSIPIUK Klaudia | 09.08.2005 | MKS Żak Biała Podlaska | LU | 27.44 | SB |
| 3 KĘDZIOR Ewelina | 18.07.2000 | OKS Skra Warszawa | MZ | 27.83 | |
| 4 ŁUKOWSKA Zuzanna | 21.10.2007 | Ducla Academy Warszawa | MZ | 28.01 | |
| 5 BUCZEK Weronika | 09.03.2000 | AZS-AWF Warszawa | MZ | 28.30 | |
| 6 BUCZEK Kinga | 09.01.2003 | UKS LA Basket Warszawa | MZ | 28.37 | |
| 7 WITKOWSKA Maria | 17.08.2003 | KS Czempion Warszawa | MZ | 28.46 | |
| 8 KRUPA Karolina | 02.04.2005 | AZS-AWF Warszawa | MZ | 28.83 | |

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|--------------------------|------------|------------------------|-------|-------|-------|
| Bieg 3/ 5 | -0.4 | | 17:52 | | |
| 1 LISOWSKA Zuzanna | 10.03.2005 | UKS LA Basket Warszawa | MZ | 27.94 | PB |
| 3 REK Kinga | 20.01.2005 | AKL Ursynów Warszawa | MZ | 28.15 | PB |
| 4 SZRAJNER Łucja | 19.02.2005 | UKS LA Basket Warszawa | MZ | 28.85 | |
| 5 MARCINIAK Julia | 22.11.2002 | OKS Skra Warszawa | MZ | 28.87 | |
| 6 GÓRECKA Maria Antonina | 04.03.2005 | UKS Melo Błonie | MZ | 28.92 | |
| 7 ZARYCKA Patrycja | 11.04.2005 | AZS-AWF Warszawa | MZ | 29.17 | |
| 8 LITEWSKA Karolina | 03.10.2004 | AKL Ursynów Warszawa | MZ | 29.74 | |
| GOŁOTA Zuzanna | 25.09.2004 | KS AZS UWM Olsztyn | WN | DQ | PB TR |

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|---------------------|------------|--------------------------|-------|-------|----|
| Bieg 4/ 5 | +0.3 | | 17:56 | | |
| 1 WOŹNIAK Paulina | 31.03.2004 | UKS LA Basket Warszawa | MZ | 30.11 | |
| 2 BAGIŃSKA Maja | 07.05.2004 | Ducla Academy Warszawa | MZ | 30.30 | |
| 3 WILCZYŃSKA Julia | 26.04.2004 | MKS Pułtusk | MZ | 30.44 | PB |
| 4 NIEBUDEK Wiktoria | 12.06.2004 | AKL Ursynów Warszawa | MZ | 30.83 | |
| 5 GAPYS Wiktoria | 05.01.2004 | KM Aktywni Sochaczew | MZ | 31.46 | |
| 6 BRAUZE Antonina | 28.06.2005 | UKS Sprint 2020 Warszawa | MZ | 31.64 | PB |

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|----------------------|------------|------------------------|-------|-------|--|
| Bieg 5/ 5 | -0.4 | | 17:58 | | |
| 1 CZĘCZEK Michalina | 13.12.2004 | KS AZS UWM Olsztyn | WN | 26.71 | |
| 2 CYBULSKA Wiktoria | 12.08.2004 | KS AZS UWM Olsztyn | WN | 27.06 | |
| 3 PIOTROWSKA Klaudia | 29.09.2004 | UKS LA Basket Warszawa | MZ | 28.43 | |
| 4 MICHALAK Olga | 09.09.2005 | AZS-AWF Warszawa | MZ | 28.75 | |
| 5 TWARDOWSKA Lena | 08.01.2007 | UKS Melo Błonie | MZ | 29.09 | |
| 6 MELCAREK Paulina | 21.02.2004 | OKS Skra Warszawa | MZ | 30.10 | |
| GOTOWIEC Barbara | 21.02.2008 | UKS Orzełki Warszawa | MZ | DNF | |

400 metrów kobiet

| | | | | | |
|----------------------|------------|------------------------|-------|---------|----|
| Bieg 1/ 3 | | | 15:27 | | |
| 1 CYBULSKA Wiktoria | 12.08.2004 | KS AZS UWM Olsztyn | WN | 57.82 | PB |
| 2 GAJKOWSKA Martyna | 11.04.2003 | MKS Pułtusk | MZ | 58.75 | |
| 3 PARADOWSKA Oliwia | 20.07.2001 | SRS Kondycja Piaseczno | MZ | 59.18 | PB |
| 4 MARCIŃCZYK Izabela | 18.01.2003 | UKS Siódemka Ostrołęka | MZ | 1:01.31 | |
| 5 SZWARCZEWSKA Zofia | 04.09.2002 | OKS Start Otwock | MZ | 1:02.29 | |
| 6 MARCINIAK Julia | 22.11.2002 | OKS Skra Warszawa | MZ | 1:02.55 | |
| 7 MARKIEWICZ Hanna | 10.08.2004 | AKL Ursynów Warszawa | MZ | 1:04.16 | |

| | | | | | |
|-------------------------|------------|------------------------|-------|---------|--|
| Bieg 2/ 3 | | | 15:31 | | |
| 1 BIERNACKA Gabriela | 18.01.1996 | KS Czempion Warszawa | MZ | 1:00.61 | |
| 2 WIERZCHOWSKA Maja | 27.04.2004 | SRS Kondycja Piaseczno | MZ | 1:02.83 | |
| 3 HRYCIUK Gabriela | 08.08.2001 | OKS Start Otwock | MZ | 1:03.84 | |
| 4 KUŹMICKA Emilia | 17.04.2004 | MKS Juwenia Białystok | PD | 1:04.21 | |
| 5 CATI Lidia | 16.03.2004 | UKS 48 Warszawa | MZ | 1:04.41 | |
| 6 JAŁOSZYŃSKA Magdalena | 24.05.2003 | UKS Dąb Suchy Las | WP | 1:06.02 | |
| 7 MAREK Justyna | 01.10.2003 | AKL Ursynów Warszawa | MZ | 1:06.65 | |

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|----------------------|------------|------------------------|-------|---------|--|
| Bieg 3/ 3 | | | 15:33 | | |
| 1 GAŁUZA Marta | 19.03.2003 | AZS-AWF Warszawa | MZ | 1:03.05 | |
| 2 KARCZEWSKA Maria | 27.06.2003 | OKS Start Otwock | MZ | 1:04.75 | |
| 3 ABRAMOWICZ Róża | 09.06.2004 | UKS Herkules Sulejówek | MZ | 1:05.49 | |
| 4 PIOTROWSKA Zofia | 08.12.2005 | BKS Wataha Warszawa | MZ | 1:05.93 | |
| 5 BERENT Magdalena | 16.03.2004 | OKS Start Otwock | MZ | 1:07.71 | |
| 6 CUDNA Magdalena | 21.04.2003 | AZS-AWF Warszawa | MZ | 1:08.62 | |
| 7 WIECZOREK Krystyna | 09.11.2004 | UKS Herkules Sulejówek | MZ | 1:12.53 | |

400 metrów młodziczek

| | | | | | |
|--------------------------|------------|------------------------|-------|---------|--|
| Bieg 1/ 1 | | | 15:24 | | |
| 1 HOYER Natalia | 02.05.2008 | KM Aktywni Sochaczew | MZ | 1:02.64 | |
| 2 DZIEWOŃSKA Malwina | 19.08.2006 | SRS Kondycja Piaseczno | MZ | 1:04.76 | |
| 3 DĘBECKA Karolina | 14.03.2007 | SRS Kondycja Piaseczno | MZ | 1:06.01 | |
| 4 KARBOWIAK Dominika | 04.05.2008 | KM Aktywni Sochaczew | MZ | 1:06.14 | |
| 5 DZIEWICKA Lidia | 19.05.2006 | UKS Orzełki Warszawa | MZ | 1:08.36 | |
| 6 JASKULSKA Oliwia Maria | 24.10.2006 | UKS Orzełki Warszawa | MZ | 1:08.57 | |
| 7 RUSIŁOWICZ Kornelia | 26.07.2008 | UKS Siódemka Ostrołęka | MZ | 1:09.70 | |
| 8 BŁUŚ Hanna | 27.06.2008 | AZS-AWF Warszawa | MZ | 1:09.79 | |

800 metrów kobiet

| | | | | | |
|--------------------------|------------|------------------------|-------|---------|----|
| Bieg 1/ 1 | | | 17:24 | | |
| 1 BUDZIŁEK Martyna | 07.01.1996 | UKS Siódemka Ostrołęka | MZ | 2:15.60 | |
| 2 CIEPAŁ Natasza | 12.06.2003 | MKS Polonia Warszawa | MZ | 2:18.47 | PB |
| 3 WOSZCZEK Danuta | 20.02.1978 | UKS Olimp Koziernice | MZ | 2:20.29 | SB |
| 4 SOT Aleksandra | 05.04.2004 | UKS Olimp Koziernice | MZ | 2:21.91 | |
| 5 KRUŻEWSKA Nina | 21.09.2005 | Ducla Academy Warszawa | MZ | 2:23.19 | |
| 6 MARCIŃCZYK Izabela | 18.01.2003 | UKS Siódemka Ostrołęka | MZ | 2:27.07 | |
| 7 WIERZBOWSKA Małgorzata | 06.05.2005 | UKS Siódemka Ostrołęka | MZ | 2:28.25 | PB |
| 8 LIPIŃSKA Anna | 01.03.2005 | AKL Ursynów Warszawa | MZ | 2:31.77 | |
| 9 JANECZKO Maja | 06.12.2003 | AZS-AWF Warszawa | MZ | 2:38.93 | |
| 10 KULPA Natalia | 14.01.2003 | Akademia Sportu Otwock | MZ | 3:00.17 | |
| GAJKOWSKA Martyna | 11.04.2003 | MKS Pułtusk | MZ | DNF | |

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|------------------------------|-----------------------|------------|------------------------------|-------|----------|-------|-------|
| 100 m pł K U18 (76,2) | | | | | | | |
| Bieg 1/ 1 | | +1.3 | | | 16:37 | | |
| 1 | LISOWSKA Zuzanna | 10.03.2005 | UKS LA Basket Warszawa | MZ | 16.05 | | |
| 2 | MUCHA Patrycja | 09.02.2005 | UKS Czwórka Ostrowiec Św. | SK | 16.60 | | |
| 5000 m chód kobiet | | | | | | | |
| Bieg 1/ 1 | | | | | 14:33 | | |
| 1 | ZADRAĞ Małgorzata | 05.01.2005 | OKS Skra Warszawa | MZ | 28:03.04 | | |
| Pchnięcie kulą K U18 (3kg) | | | | | | | |
| FINAŁ | | | | | 15:50 | | |
| 1 | PRZYBYSZ Maja | 14.03.2005 | GKS Wilga Garwolin | MZ | 11.06 | | |
| 2 | BRAUZE Antonina | 28.06.2005 | UKS Sprint 2020 Warszawa | MZ | 7.29 | PB | |
| Pchnięcie kulą K U16 (3kg) | | | | | | | |
| FINAŁ | | | | | 15:50 | | |
| 1 | CIESZEWSKA Aleksandra | 09.06.2008 | MKS Bank BS Płońsk | MZ | 9.83 | | |
| Rzut oszczepem K U18 (500) | | | | | | | |
| FINAŁ | | | | | 15:35 | | |
| 1 | BIELAK Amelia | 05.11.2005 | MUKS Płock | MZ | 33.43 | PB | |
| 2 | PRZYBYSZ Maja | 14.03.2005 | GKS Wilga Garwolin | MZ | 32.07 | | |
| Rzut oszczepem kobiet (600) | | | | | | | |
| FINAŁ | | | | | 15:35 | | |
| 1 | BARTOSIAK Zuzanna | 03.01.2003 | MUKS Płock | MZ | 34.89 | | |
| 2 | RĄCZKA Julia | 21.06.2002 | UKS Gepard Warszawa | MZ | 20.22 | | |
| Rzut oszczepem K U16 (500) | | | | | | | |
| FINAŁ | | | | | 15:35 | | |
| 1 | WILCZEWSKA Kinga | 14.02.2009 | UKS Siódemka Ostrołęka | MZ | 22.89 | PB | |
| 2 | TUCHARZ Weronika | 09.07.2008 | KS Lider Grodzisk Mazowiecki | MZ | 19.40 | PB | |
| 3 | ADAMCZYK Małgorzata | 03.01.2008 | KM Aktywni Sochaczew | MZ | 13.71 | | |
| Rzut dyskiem kobiet (1kg) | | | | | | | |
| FINAŁ | | | | | 14:00 | | |
| 1 | URBAN Karolina | 20.10.1998 | AZS-AWFiS Gdańsk | PM | 53.81 | | |
| 2 | DOBROWOLSKA Martyna | 11.07.2003 | AZS-AWFiS Gdańsk | PM | 42.41 | | |
| URBAN Karolina | | I | II | III | IV | V | VI |
| | | 51.63 | x | 53.32 | 53.81 | 52.55 | 52.68 |
| DOBROWOLSKA Martyna | | x | 41.15 | 42.41 | x | x | x |
| Rzut dyskiem K U16 (0.75 kg) | | | | | | | |
| FINAŁ | | | | | 14:00 | | |
| 1 | CIESZEWSKA Aleksandra | 09.06.2008 | MKS Bank BS Płońsk | MZ | 27.10 | | |
| CIESZEWSKA Aleksandra | | I | II | III | IV | V | VI |
| | | x | 27.10 | x | x | x | x |
| Skok wzwyż kobiet | | | | | | | |
| FINAŁ | | | | | 16:10 | | |
| 1 | KARLIŃSKA Natalia | 29.11.2001 | UMLKS Pegaz Opoczno | LD | 1.60 | | |
| 2 | BUCZEK Kinga | 09.01.2003 | UKS LA Basket Warszawa | MZ | 1.60 | | |
| 3 | LODKOWSKA Amelia | 20.09.2005 | UKS Sprint 2020 Warszawa | MZ | 1.50 | | |
| 4 | SKORUPA Natalia | 30.03.2006 | KS Lider Grodzisk Mazowiecki | MZ | 1.40 | | |
| Rzut młotem kobiet (4kg) | | | | | | | |
| FINAŁ | | | | | 16:15 | | |
| 1 | BOMBA Karolina | 11.01.2002 | OKS Skra Warszawa | MZ | 56.66 | | |
| 2 | JAWORSKA Ksymena | 26.11.2003 | OKS Skra Warszawa | MZ | 43.96 | | |
| 3 | WALCZAK Alicja | 22.05.2003 | AZS-AWF Warszawa | MZ | 43.89 | | |
| BOMBA Karolina | | I | II | III | IV | V | VI |
| | | x | x | 55.12 | x | 56.66 | 54.85 |
| JAWORSKA Ksymena | | 43.96 | 43.77 | x | x | 36.80 | x |
| WALCZAK Alicja | | 42.21 | x | 43.89 | 42.13 | x | 42.22 |
| Rzut młotem K U18 (3kg) | | | | | | | |
| FINAŁ | | | | | 13:15 | | |
| 1 | KRZEMIŃSKA Weronika | 13.09.2004 | KM Aktywni Sochaczew | MZ | 30.49 | | |
| KRZEMIŃSKA Weronika | | I | II | III | IV | V | VI |
| | | x | 29.88 | x | 30.02 | x | 30.49 |

Skok o tyczce kobiet

FINAŁ

16:10

| | | | | | | | |
|---|--------------------|------------|-------------------|----|------|--|--|
| 1 | OLSZEWSKA Natalia | 15.12.2004 | OKS Skra Warszawa | MZ | 3.40 | | |
| 2 | KAMIENŃ Monika | 06.06.2003 | AZS-AWF Warszawa | MZ | 3.00 | | |
| 3 | PAWLAK Aleksandra | 22.06.2004 | AZS-AWF Warszawa | MZ | 3.00 | | |
| 4 | KAWKA Julia | 15.09.2006 | AZS-AWF Warszawa | MZ | 2.80 | | |
| 5 | KISLING Aleksandra | 26.05.2004 | AZS-AWF Warszawa | MZ | 2.80 | | |
| | ŚLIWKA Maria | 11.06.2005 | AZS-AWF Warszawa | MZ | NM | | |
| | EKES Katarzyna | 14.01.2004 | AZS-AWF Warszawa | MZ | NM | | |

Skok w dal kobiet

FINAŁ

16:50

| | | | | | | | |
|----|---------------------|------------|------------------------|----|------|----|------|
| 1 | JÓZWICKA Małgorzata | 03.06.2002 | AZS-AWF Warszawa | MZ | 5.71 | | 0.3 |
| 2 | TRZECIAK Kinga | 27.06.2001 | LKS Orkan Ostrzeszów | WP | 5.38 | | -0.9 |
| 3 | SIEWIERSKA Pola | 08.12.2004 | AZS-AWF Warszawa | MZ | 5.28 | PB | -1.0 |
| 4 | PIOTROWSKA Klaudia | 29.09.2004 | UKS LA Basket Warszawa | MZ | 4.97 | | -0.1 |
| 5 | KRUPA Karolina | 02.04.2005 | AZS-AWF Warszawa | MZ | 4.96 | | -0.2 |
| 6 | ZAWODNIK Maja | 25.01.2004 | AZS-AWF Warszawa | MZ | 4.79 | | 0.0 |
| 7 | WOŹNIAK Paulina | 31.03.2004 | UKS LA Basket Warszawa | MZ | 4.78 | | -0.5 |
| 8 | SZRAJNER Łucja | 19.02.2005 | UKS LA Basket Warszawa | MZ | 4.66 | PB | -0.5 |
| 9 | MICHALAK Olga | 09.09.2005 | AZS-AWF Warszawa | MZ | 4.28 | | -0.5 |
| 10 | MRÓZ Natalia | 21.10.2004 | AZS-AWF Warszawa | MZ | 3.94 | | -0.4 |

Skok w dal K U16

FINAŁ

15:50

| | | | | | | | |
|---|------------------------|------------|------------------------|----|------|--|------|
| 1 | WIESZTORT Laura | 20.08.2008 | AZS-AWF Warszawa | MZ | 5.06 | | -0.1 |
| 2 | RUTOWICZ Monika | 05.03.2006 | UMLKS Pegaz Opoczno | LD | 4.61 | | 0.5 |
| 3 | PRZYBYŁOWSKA Blanka | 22.06.2007 | AKL Ursynów Warszawa | MZ | 4.04 | | 0.7 |
| 4 | MATUSZEWSKA Amelia | 20.09.2007 | AKL Ursynów Warszawa | MZ | 3.85 | | -0.3 |
| 5 | PYSKŁO Julia | 22.01.2008 | UKS Siódemka Ostrołęka | MZ | 3.73 | | -0.1 |
| 6 | MIERZEJEWSKA Michalina | 26.11.2008 | UKS Siódemka Ostrołęka | MZ | 3.63 | | -0.3 |

100 metrów K U14

FINAŁ

-0.2

17:03

| | | | | | | | |
|---|----------------------|------------|------------------------|----|-------|----|--|
| 1 | WROTEK Hanna | 12.01.2008 | OKS Skra Warszawa | MZ | 13.32 | | |
| 2 | GARBACZEWSKA Urszula | 17.02.2008 | MKS Pogoń Siedlce | MZ | 13.76 | | |
| 3 | PTASZYŃSKA Patrycja | 15.10.2008 | KM Aktywni Sochaczew | MZ | 14.18 | PB | |
| 4 | ZGLIŃSKA Marta | 28.09.2009 | UKS Herkules Sulejówek | MZ | 14.33 | | |
| 5 | SZYMAŃSKA Maja | 11.07.2008 | UKS Orzełki Warszawa | MZ | 14.63 | PB | |
| 6 | BŁACHNIO Natasza | 28.06.2009 | UKS 48 Warszawa | MZ | 14.77 | PB | |
| 7 | BEREDA Weronika | 19.12.2008 | UKS Herkules Sulejówek | MZ | 14.90 | | |
| 8 | BŁUŚ Hanna | 27.06.2008 | AZS-AWF Warszawa | MZ | 15.07 | | |

100 metrów K U14

Bieg 1/2

+0.6

15:53

| | | | | | | | |
|---|----------------------|------------|------------------------|----|-------|------|--|
| 1 | WROTEK Hanna | 12.01.2008 | OKS Skra Warszawa | MZ | 13.31 | q | |
| 2 | GARBACZEWSKA Urszula | 17.02.2008 | MKS Pogoń Siedlce | MZ | 13.79 | q | |
| 3 | PTASZYŃSKA Patrycja | 15.10.2008 | KM Aktywni Sochaczew | MZ | 14.37 | q PB | |
| 4 | SZYMAŃSKA Maja | 11.07.2008 | UKS Orzełki Warszawa | MZ | 14.72 | q PB | |
| 5 | BEREDA Weronika | 19.12.2008 | UKS Herkules Sulejówek | MZ | 14.88 | q PB | |
| 6 | BŁUŚ Hanna | 27.06.2008 | AZS-AWF Warszawa | MZ | 15.19 | q | |

Bieg 2/2

+0.1

15:59

| | | | | | | | |
|---|------------------------|------------|------------------------|----|-------|---|--|
| 1 | ZGLIŃSKA Marta | 28.09.2009 | UKS Herkules Sulejówek | MZ | 14.19 | q | |
| 2 | BŁACHNIO Natasza | 28.06.2009 | UKS 48 Warszawa | MZ | 14.84 | q | |
| 3 | GOTOWIEC Barbara | 21.02.2008 | UKS Orzełki Warszawa | MZ | 15.47 | | |
| 4 | PYSKŁO Julia | 22.01.2008 | UKS Siódemka Ostrołęka | MZ | 16.10 | | |
| 5 | MIERZEJEWSKA Michalina | 26.11.2008 | UKS Siódemka Ostrołęka | MZ | 16.67 | | |

3000 m chód K U16

Bieg 1/1

14:02

| | | | | | | | |
|---|----------------------|------------|------------------------|----|----------|----|--|
| 1 | MACIEJEWSKA Hanna | 12.06.2007 | UKS Herkules Sulejówek | MZ | 19:01.32 | PB | |
| 2 | KAMIŃSKA Laura | 24.09.2006 | UKS Herkules Sulejówek | MZ | 19:20.20 | PB | |
| 3 | MADANOWSKA Maja | 31.10.2007 | KM Aktywni Sochaczew | MZ | 19:28.82 | PB | |
| 4 | RYBAK Oliwia | 23.09.2007 | KM Aktywni Sochaczew | MZ | 21:53.64 | | |
| 5 | WRZESIŃSKA Katarzyna | 12.08.1975 | KS Ultra Team Łódź | LD | 23:57.05 | | |
| 6 | JASTRZĘBSKA Sylwia | 09.03.2007 | WLKS Nowe Iganie | MZ | 25:24.32 | | |

Międzywojewódzkie Mistrzostwa Młodzików

Rzut młotem K U16 (3kg)

FINAŁ

13:15

| | | | | | | | |
|---|---------------------|------------|----------------------|----|-------|----|---|
| 1 | CZUBATKA Amelia | 17.08.2007 | KM Aktywni Sochaczew | MZ | 26.51 | PB | 3 |
| 2 | ANDRZEJCZUK Natasza | 25.06.2007 | PUKS Jedyńka Łosice | MZ | 26.43 | PB | 2 |
| 3 | CHMIELNICKA Amelia | 21.04.2006 | PUKS Jedyńka Łosice | MZ | 22.14 | PB | 2 |
| 4 | SZUMIEC Alicja | 22.05.2007 | PUKS Jedyńka Łosice | MZ | 21.28 | PB | 1 |

| | 24.02.2006 PUKS Jedynka Łosice | | | | | | MZ | 18.56 | PB | 1 |
|---------------------|--------------------------------|-------|-------|-------|-------|-------|----|-------|----|---|
| | 16.10.2007 PUKS Jedynka Łosice | | | | | | MZ | 12.17 | | 1 |
| | I | II | III | IV | V | VI | | | | |
| CZUBATKA Amelia | 20.48 | 26.51 | x | 24.24 | x | 21.98 | | | | |
| ANDRZEJCZUK Natasza | 26.51 | 25.16 | 25.22 | 26.43 | 25.62 | 24.85 | | | | |
| CHMIELNICKA Amelia | x | 20.65 | 21.98 | 22.14 | 21.86 | 21.57 | | | | |
| SZUMIEC Alicja | 19.87 | 19.89 | 19.03 | 19.93 | 19.79 | 21.28 | | | | |
| WASILUK Zuzanna | 17.05 | 17.18 | x | 16.63 | 18.27 | 18.56 | | | | |
| DENISIUK Amelia | x | 11.27 | 11.88 | 11.43 | 12.07 | 12.17 | | | | |